



RC PHYSICAL EDUCATION SYLLABUS

Department Philosophy: Our department will use a “concepts” approach to health and physical education, answering three (3) questions: Why is health and physical education important to every person? How to practice healthful activities given individual abilities and interests? What are the individual’s real needs for lifetime fitness?

Department Chair: TJ Jennings

Dept. Office ext 3127

Course #: PE 37B

Course Title: Comp Softball

Course Description: Instructions in the fundamentals and techniques of softball. Students may take any activity course at all levels (a or b) in any combination a total of 4 times.

Instructor: Stefani.nomura@reedleycollege.edu

Course Objectives:To learn the basic rules and strategies of Softball. Improve over- all conditioning and display good sportsmanship.

Required material(s): Locks and lockers are not required, but recommended. Return locks/locker at end of semester to avoid a \$5.00 service fee. Appropriate attire and footwear must be worn for each activity class.

Injury/Disclosure: Report all pre-existing medical conditions to the instructor before exercising. Report all injuries to the instructor.

Attendance Policy:You must participate and apply the knowledge/skills each class meeting, making “mastery attempts.” 90% participation = A, 80% participation = B, 70% participation = C, 60% participation = D, 50% participation = F. (% of total possible student contact hours per semester.) If you stop showing up, you will receive an F.

Written Tests: N/A

Skills Tests: Pre & Post condition test. MANDATORY TO PASS.

How Your Final Grade Will Be Calculated:

Participation.....	50%
Written Tests....	0%
Skills Tests.....	50% =100%



Drop Policy: 18-week courses have a drop deadline of the 9th week. Short-term classes have a drop deadline of 4.5 weeks. However, the instructor may drop you at any time after four (4) consecutive unexcused absences, within the first 9 weeks of instruction.