

**Reedley College**  
**ECE 6: Health, Safety, and Nutrition for the Young Child**  
**Course Syllabus**

**Course Information**

Section 55026  
Unit Load: 3  
Class Meets:  
Room: CECE 104

**Instructor Information**

Nancy Marsh  
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nancy.marsh@reedleycollege.edu  
Office: CECE 143

*Is this the **syllabus**?*

This syllabus has been designed to match questions students have about the course. It contains all of the important course information as a traditional syllabus. Please contact the instructor if you have any questions about its content or format.

*How do I **Contact** the instructor?*

If you have questions, then you can contact me through a variety of methods:

- Email me at [nancy.marsh@reedleycollege.edu](mailto:nancy.marsh@reedleycollege.edu)
- Voice message at 559-494-0300 x3249
- Message me through Canvas Inbox located on the left of the screen on Canvas
- In-person communication before and after class, and during office hours.

*When are the instructor's **office hours**?*

- Mondays and Wednesday from 11:00 – 11:50 am
- Tuesdays from 12:00 – 12:50 pm
- Thursdays from 10:00 – 10:50
- Fridays from 9:30 – 10:20 in the ECE HUB, CECE 135
- Before and after class
- By appointment

*What if I **can't come to campus** for office hours?*

- You can call me during my office hours.
- You can email me during my office hours and I will send you a Zoom link so that we can discuss your questions in real-time.

*What is the **course description** for this class?*

This course covers an introduction to the laws, regulations, standards, policies and procedures and early childhood curriculum related to child health, safety and nutrition. Topics include prevention, detection, and management of communicable disease; medical issues associated with disabilities and chronic illness; physical health; mental health and safety for both children and adults; collaboration with families and health professionals. Integration of the concepts discussed into planning and program development for children ages 0 to 5 will be emphasized.

*What is **Competency-Based or Skill-Based Education**?*

Skill-based learning is a type of education based on students demonstrating that they have learned the skills required for course completion. You will be mastering the skills taught in this

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class by practicing them, and applying them when completing homework assignments. Your focus is to develop mastery of the skills associated with the three Student Learning Outcomes.

***What are the Student Learning Outcomes (SLO) and Mastery Skills?***

Student Learning Outcomes have been determined for every college course you take. Our course has three of them. To make them easier to master, I've broken them down into skills you need to acquire to show you've mastered the course. These are the SLOs and mastery skills:

SLO 1: Describe strategies used to promote health, safety, and nutrition of children and adults in early childhood settings.

- Skill 1.1: Identify why health and well-being in early childhood is so important.
- Skill 1.2: Illustrate active supervision.
- Skill 1.3: Analyze risks and the value of risky play.
- Skill 1.4: Analyze the function of behaviors in regards to keeping children safe.
- Skill 1.5: Describe the importance of having an emergency plan.
- Skill 1.6: Identify the process and purpose of daily health checks.
- Skill 1.7: Explain how immunizations prevent illness.
- Skill 1.8: Identify the importance of understanding communicable illnesses.
- Skill 1.9: Identify inclusion and its benefits.
- Skill 1.10: Analyze the ways programs support young children's mental health.
- Skill 1.11: Identify and compare the function of macronutrients and micronutrients.
- Skill 1.12: Identify and explain the different parts of food labels.
- Skill 1.13: Analyze the connection between good nutrition and physical wellness.
- Skill 1.14: Identify key factors when feeding infants and toddlers.
- Skill 1.15: Identify key factors when feeding preschoolers.
- Skill 1.16: Explain strategies to promote food safety.

SLO 2: Evaluate environments for both positive and negative impacts on children's health and safety.

- Skill 2.1: Analyze toy and material safety.
- Skill 2.2: Describe elements of safe outdoor learning spaces.

SLO 3: Identify regulations, standards, policies, and procedures related to health, safety, and nutrition in early childhood settings.

- Skill 3.1: Define licensing and its role in keeping children safe.
- Skill 3.2: Explain mandated reporting.

***What are Skill Scores?***

Each time you attempt to show you've mastered the skills (through completing homework assignments) you will each a score for that skill. You will receive a score for each skill to help determine your grade in the course. There are 20 skills you need to master, each worth up to 4 points.

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***How are skill scores determined?***

Each homework attempt will be assigned a score that corresponds to the skill practiced in the assignment. Each step in the progression of mastery is scored on a 4-point scale.

<b>Mastery Steps</b>	Step 4	Step 3	Step 2	Step 1	Step 0
<b>Mastery points</b>	4 points	3 points	2 points	1 point	0 points
<b>Letter Grade</b>	A	B	C	D	F
<b>Mastery Title</b>	Exceeds Mastery	Skill Mastered	Approaching Mastery	Beginning Understanding	No Evidence
<b>Mastery Definition</b>	<b>In-depth understanding,</b> demonstration or application of the skill.	<b>Basic understanding,</b> demonstration or application of the skill.	<b>Progression towards understanding,</b> demonstration or application of the skill.	<b>Understanding concepts and ideas necessary for building the skill.</b>	<b>No evidence of understanding,</b> demonstration or application of the skill.

***How is my final grade determined?***

Skill Scores are totaled to earn you a Mastery Score for the course. There are a total of 80 Mastery Score points possible in this course. Your Final Grade for the course is based on mastery-based grading percentages as outlined below.

***What is the Grading Scale for this class?***

<b>Mastery Step</b>	<b>Grade</b>	<b>Mastery Score Total</b>	<b>Percentage</b>
Exceeds Mastery	A	70 – 80	87.5 – 100
Skill Mastered	B	55 – 69	68.75 – 86
Approaching Mastery	C	40 – 54	50 – 67
Beginning Understanding	D	25 – 39	31.25 – 49
No Evidence of Understanding	F	0 – 24	0 – 30

***Do I have Homework (HW)?***

Homework is optional but necessary! You will choose which homework assignments you want to complete. Completed assignments will be graded and will earn you a score for each skill associated with the assignment. Some assignments cover just one skill, while others cover multiple skills. You get to pick and choose which assignments to complete. The only way to get a grade in this class is by completing homework. Homework is clearly marked with HW at the beginning of the title.

***Why did I receive a 0 (zero) for my assignment?***

Even after a HW assignment is graded, it will be marked as 0 (zero) points. Remember that your goal is to complete HW to show mastery of the SLO Skills. Although the grade page on Canvas will show all of the skills and HW assignments, your grade is determined by your skill scores.

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Therefore, HW assignments will always be recorded as 0 and DO NOT count toward your final grade.

***How should the work be completed?***

I want to work with your academic style and abilities. Some people are better at writing, some are better at talking, some are better at taking quizzes, and some are more creative in getting their thoughts across. You get to choose how you show mastery of the SLO skills.

**Submission Formats:** Essays, term papers, typed work, classroom presentations, discussions, conversations with me, observations and assessments, quizzes, exams, posters, videos, just about anything! The rubric provided for each assignment will be used for grading regardless of the submission type.

**You choose how to present your work!**

I know that for many of you, skill-based learning and open-style completion requirements are a new thing. Don't worry. We will discuss it many times during this term. Just give it a try. You may be surprised at how freeing this style can be!

***Can I resubmit an assignment for a higher score?***

As you are building an understanding of the SLO skills, you will naturally progress through the mastery steps (0 – 4). There are things that we can do to help you move from a lower step to a higher step that shows higher level mastery.

**What I will do:** In addition to providing you with learning materials and guidance, I will thoroughly assess your work and give you feedback for improving your mastery of the skills.

**What you should do:** You need to read the feedback I give you, review the learning materials, and either resubmit your activity or complete another activity associated with those mastery skills. This is the beauty of Skill-Based Learning!

***When is homework due?***

For my own sanity and your learning progress, we need to have due dates. You should be working on mastering the SLO skills at your pace, within this semester.

**First Submissions:** Each activity has a due date that you must meet.

**Late Submissions:** You can submit assignments late with a possible deduction of 1 point. This means that you cannot earn an A grade on a late assignment.

**Resubmissions:** You can resubmit an assignment at any time without penalty.

***Do I have a textbook for this class?***

This is an Zero Textbook Cost (ZTC) course and the textbook will be provided to you as a file that you download and view from your device. It is provided to you for free!

You also have the option of viewing the textbook online. For more information see the Textbook page on Canvas.

***How long is this term?***

This is a full-term 18-week semester beginning on January 8 and ending on May 17, 2024.

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*How much **time** should I spend working on mastering this class?*

Everyone works at their own pace according to their own personal obligations and schedules. It's a good idea to work on each skill and its associated assignments on the same day we discuss it in class. The Course Schedule (available on Canvas) outlines when each skills/topic is discussed. The HW due dates are set to help you stay on track.

*Do I need a **computer** to complete the work for this class?*

There is a difference between Canvas using a browser and the Canvas App used on a phone or tablet. Instructors must use a browser to access Canvas and set up the course. When you access Canvas using the app, many pages are structured differently than how the instructor intended. You could be missing important links, instructions, videos, photos, and other information for mastering the skills. In addition, the app doesn't always provide spell check or may auto-correct what you're typing. Once your work is submitted it is considered a complete and final draft. Points will be deducted for incorrect spelling, improper grammar and text-writing. If you struggle with these areas, then please use a computer to access Canvas. You also should spell-check and proofread your work before submitting it.

If you do not have a home computer or device for accessing Canvas, you need to contact the technology department at 559-637-2555. The College has a limited number of laptops and accessories available to loan to students.

*Does the instructor take **attendance**?*

Attendance is taken in class at the beginning of every class meeting. Your attendance record is submitted as part of your final grade. You must be in the classroom when roll is taken to be counted as present. If you miss class or arrive late, you will be marked as absent. Attendance is not counted into your grade.

*Is there a **schedule** for me to follow?*

We will use the calendar on Canvas for assignment due dates. You can also print a copy of the reading and due date schedules on Canvas.

*What if I'm having problems with this class?*

If at any time you find that you are having trouble succeeding in this course, whether because of a change in your life circumstances or because of something you don't understand about the materials, please see the instructor. There are a number of services available to assist Reedley College students in succeeding in their coursework.

*Is there a **tutor** for this class?*

The RC Tutoring Center is very good at matching you with a tutor who has taken the class before you. As soon as a tutor has been assigned for our class, it will be posted on Canvas.

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***When will my assignment be graded?***

Assignments take time to be created, and they take time to be graded. I will work on grading assignments Monday through Friday. It is important to your understanding of the skills for you to receive detailed feedback. That takes time. Please be patient.

***Is there any extra credit for this class? OR Why can't she remember my name?***

It's true! I am terrible at remembering names. For the past 25 years my students have been annoyed at my inability to remember their names. So, this semester I'm trying something new. If you help me to learn your name by the end of the semester I will award you 4 extra points to be used to cover your lowest skill score or a missing skill score. But you have to help me learn your name!

***What should I know about cheating?***

Cheating and/or plagiarism will not be tolerated. Check the RC college catalog for a definition of plagiarism. If I suspect that you have cheated/plagiarized, the following actions will be taken:

1. First instance: You will receive 0 points and I will inform you of my suspicions of cheating.
2. Second instance: You will receive 0 points and the dean will be notified.
3. Third instance: you will receive an F for the course.

***Can I work together with a classmate to finish my work?***

You can work together with others to complete assignments. However, you **MUST** submit your own work **IN YOUR OWN WORDS**. If your work matches too closely to other students' work, then **ALL** matching students will receive scores of zero (0) and it will count as a first instance of cheating.

***What grade will I get if I stop coming to class?***

You will receive an F for the class if you miss more than 2 days of class.

***Can the instructor drop me from the class?***

You can miss 1 week in this class without penalty. If you fail to log into Canvas for two or more weeks, then you will be subject to the following:

1. Weeks 1 – 9: You can be dropped from the class.
2. Weeks 10 – 18: You will receive an “F” grade for the course.

It is **YOUR** responsibility for dropping the course if you choose. You must drop using the proper procedures through Reedley College Admissions and Records office. If you choose to stop attending class, make sure that you do an official drop, otherwise you might end up with an “F” grade for the course.

***How will I know if a class meeting gets canceled by the instructor?***

From time to time a class meeting may need to be canceled. Notification of canceled class will appear in several forms: 1—Official cancel notification from Office of Instruction posted on the door, 2—Notification posted on Canvas site for the class, 3—Notification emailed to students

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using email addresses from Canvas. If possible, the canceled class notification will also appear on the Reedley College Web page.

***What if I have a verified disability?***

**Accommodations for Students with Disabilities:** If you have a verified need for an academic accommodation or materials in alternate media (i.e., Braille, large print, electronic text, etc.) per the Americans with Disabilities Act (ADA) or Section 504 of the Rehabilitation Act, please contact me as soon as possible.

\*\*I sometimes use Red or Green pens/writing to grade your assignments or highlight important information on Canvas. Please tell me IMMEDIATELY if you have difficulties seeing these colors. I will use alternate colors if you let me know of your color distinguishing difficulties.

***Are there any important dates I should know?***

1. **January 8, 2024:** Semester begins
2. **January 15, 2024:** Holiday—no classes held, campus closed
3. **January 18, 2024:** Last day to add a short-term 1<sup>st</sup> 9-week class
4. **January 26, 2024:** Last day to add a full-term class
5. **February 1, 2024:** Last day to drop a short-term 1<sup>st</sup> 9-week class
6. **February 16, 2024:** Holiday—no classes held, campus closed
7. **February 19, 2024:** Holiday—no classes held, campus closed
8. **March 9, 2024:** Last day to drop a full-term class (letter grade assigned after date)
9. **March 13, 2024:** Short-term 2<sup>nd</sup> 9-week begins
10. **March 23, 2024:** Last day to add short-term 2<sup>nd</sup> 9-week class
11. **March 25 – 29, 2024:** Spring recess—no classes held, campus open
12. **April 13, 2024:** Last day to drop a short-term 2<sup>nd</sup> 9-week class
13. **May 13 – 17, 2024:** Final's Week
14. **May 17, 2024:** Grades submitted to Admissions and Records
15. **May 17, 2024:** Spring term ends

***Will this syllabus change?***

This course syllabus is equivalent to a contract between the instructor and the student. However, the information in this syllabus is subject to change at any time during the term. All changes will be stated in class and students are responsible for noting such changes. In the event that you are absent on the day changes are made, it is your responsibility to find out the changes and adhere to them.

The student's decision to attend the class denotes acceptance of:

1. This syllabus as a contract outlining the student's responsibilities to complete all required assignments by the due dates
2. The policy that late assignments will have some or all of the points deducted
3. The changing syllabus statement
4. The expectations of this course as outlined in this syllabus
5. That final grades are determined on the basis of accumulated points from required assignments
6. That grades will be submitted on the date and time indicated in the course calendar and

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discrepancies need to be addressed before this time, preferably during the final class meeting

7. Calendar due dates do not change.

Students disagreeing with the above statements should withdrawal from this course section and enroll in a section of this course taught by another instructor.