

**PE 34B – Fall 2023**

**Women's Competitive Golf**

**Section #: 54039**

**Monday/Wednesday/Friday: 6:30-7:20 AM (RC Field)**

**Tuesday/Thursday: 3:00-4:35 PM (RC Field)**

**Scott M. Stark**

**Office #: 638-0300 Ext. 3596**

**Course Objectives:**

1. To provide the student with a detailed knowledge of the fundamentals of golf.
2. To provide the student with an insight into some of the problems of teaching golf.

**Method of Instruction:**

Lecture and Demonstration/Student Participation

1. **Introduction & History of the Game of Golf**
2. **Philosophy of Golf**
3. **Teaching the Golf Swing**
  - (A) Sequence of the Grip
  - (B) Alignment
  - (C) Correct Set-Up
  - (D) Backswing and Full Take Away
  - (E) Sequence of the Forward Swing
4. **Short Game Analysis**
  - (A) Chipping and Pitching
  - (B) Bunker Play
  - (C) Art of Putting
5. **Putting the Entire Game Together**
  - (A) Playing 9 Holes
  - (B) Playing 18 Holes
6. **Mental Approach to Golf**
7. **Practicing the Game with a Purpose**

**Evaluation and Grading:**

**1. Attendance:**

Regular attendance is a must. Requirements will be mandated as prescribed by college policy. A student will be dropped at the discretion of the instructor if he feels that at any time the student is not making satisfactory progress.

**2. Testing:**

A written final covering all materials discussed in class. The student will also be expected to scout a high school tournament of her choosing and with another classmate working as a team, turn in a brief report of the tournament prior to the end of class.