

RC PHYSICAL EDUCATION SYLLABUS

Department Philosophy: Our department will use a “concepts” approach to health and physical education, answering three (3) questions: Why is health and physical education important to every person? How to practice healthful activities given individual abilities and interests? What are the individual’s real needs for lifetime fitness?

Department Chair: TJ Jennings

Dept. Office – NA (559.217.9689 cell)

Course #: PE 37A

Course Title: Softball Theory

Course Description: Instruction in the theory, strategy and fundamentals of collegiate softball competitive play. Students may take any activity course at all levels (a or b) in any combination a total of 4 times.

Instructor: Amy (Pohl) Bailey **Office #** (559.217.9689 cell)

Course Objectives: To learn the basic rules and strategies of Softball and how they apply to performance on the field. Apply video analysis of skill to improve performance.

Required material(s): Appropriate softball attire and footwear must be worn for each activity class when applicable.

Injury/Disclosure: Report all pre-existing medical conditions to the instructor before exercising. Report all injuries to the instructor.

Attendance Policy: You must participate and apply the knowledge/skills each class meeting, making “mastery attempts.” 90% participation = A, 80% participation = B, 70% participation = C, 60% participation = D, 50% participation = F. (% of total possible student contact hours per semester.)

NOTE: If a student athlete quits the Reedley College Competitive Softball Team after the drop date, the instructor reserves the right to assign an “F” grade to the student.

Written Tests: There will be a minimum of two (2) written tests.

Skills Tests: There will be a minimum of two (2) skills tests (analysis)

How Your Final Grade Will Be Calculated:

Participation.....	50%
Written Tests....	25%
Skills Tests.....	25% =100%

Drop Policy: 18-week courses have a drop deadline of the 9th week. Short-term classes have a drop deadline of 4.5 weeks. However, the instructor may drop you at any time after four (4) consecutive unexcused absences, within the first 9 weeks of instruction.

Student Learning Outcomes:

Students will:

Develop an understanding of basic rules and strategy as it relates to performance

Utilize video analysis to critique fundamental skills and apply towards improving performance

Demonstrate a working knowledge of softball strategies in game situations