

**ECE 6 Health, Safety and Nutrition in Early Childhood Education    Fall 2021**

**Course #:** 54666

**Instructor:** Cecil Trinidad

**Class Meets:** RC Web

**E-Mail:** [cecil.trinidad@reedleycollege.edu](mailto:cecil.trinidad@reedleycollege.edu)  
Or Canvas InBox

**Course Description:** Introduction to the laws, regulations, standards, policies and procedures and early childhood curriculum related to child health, safety and nutrition. Prevention, detection, and management of communicable disease; medical issues associated with disabilities and chronic illness; physical health; mental health and safety for both children and adults; collaboration with families and health professionals will be discussed. Integration of the concepts discussed into planning and program development for children ages 0 to 5 will be emphasized.

**Student Learning Outcomes:** Upon “successful” completion of this course, students will be able to:

- A. Assess strategies to maximize the mental and physical health of children and adults in group care and early intervention settings in accordance with culturally, linguistically and developmentally appropriate practice

Expected SLO Performance: 70%    Exams/Quizzes, Written Responses/Essays, Course Assignments and Activities

- B. Identify health, safety, and environmental risks in early care and education settings.

Expected SLO Performance: 70%    Exams/Quizzes, Written Responses/Essays, Course Assignments and Activities

- C. Analyze the nutritional needs of children at various ages and evaluate the relationship between healthy development and nutrition.

Expected SLO Performance: 70%    Exams/Quizzes, Written Responses/Essays, Course Assignments and Activities

- D. Demonstrate knowledge of health and safety standards for infants and young children in group care and early intervention settings.

Expected SLO Performance: 70%    Exams/Quizzes, Written Responses/Essays, Course Assignments and Activities

- E. Identify characteristics of high quality early care and education settings as related to health, safety and nutrition for children ages 0-5.

Expected SLO Performance: 70%    Exams/Quizzes, Written Responses/Essays, Course Assignments and Activities

**Text: Outside Educational Resources**

Week 1	08/09/21	Course Outline/Course Syllabus/Expectations Children's Wellness
Week 2	08/16/21	Optimal Nutrition
Week 3	08/23/21	Nutrition
Week 4	08/30/21	Feeding Infants
Week 5	09/06/21	Feeding Toddlers, Preschoolers and School-Age Children
Week 6	09/13/21	Menu Planning Exam # 1
Week 7	09/20/21	Food Safety
Week 8	09/27/21	Health and Wellness
Week 9	10/04/21	Health Screening /Assessment
Week 10	10/11/21	Infections Disease
Week 11	10/18/21	Children with Special Needs Exam # 2
Week 12	10/25/21	Children with Special Needs (Continued) Mental Health
Week 13	11/01/21	Mental Health (Continued)
Week 14	11/08/21	Enhancing Safety
Week 15	11/15/21	Classroom Management
Week 16	11/22/21	Emergency Responsiveness
Week 17	11/29/21	Child Abuse and Neglect
Week 18	12/06/21	Exam # 3

## Grading Policy:

Course Activities/Assignments: 135 points

Three Examinations: Exam # 1 65 points

Exam # 2 62 points

Exam # 3 66 points

Total: **328 points**

Total: points

A = 295 points and above

B = 262-294 points

C = 229-261 points

D = 196-228 points

F = 195 points and below

## Class Policies and Procedures:

### Attendance:

The first week of class I will post an introductory Powerpoint outlining the course information and materials.

Submitting weekly assignments by 11:59 pm on the day the assignment is due will also be the way that “attendance” is taken.

## Assignments/Requirements:

**Text:** Outside Educational Resources

### Assignments/Requirements:

A few notes....

Please use **Word** program in your **Writing** assignments. Other programs such as google docs...do not always come through canvas applications and are unable to be read (no points will be entered unless I am able to read your submitted assignment). Students need to double space, use 12 point font, 1" margins covers, check spelling, check clarity for understanding.

1. Writing Assignments/Responses/Analyzations: You will be required to demonstrate understanding and application of course content through completing writing assignments/responses/analyzations. These assignments will require the student to use responsive and critical thinking skills in describing and understanding the child's physical, cognitive, social, and emotional development. The use of academic directive word prompts such as analyze, assess, criticize/critique, compare/contrast, define, describe, define, discuss, enumerate, evaluate, explain, interpret, identify, justify, outline, respond, state, summarize, synthesize will be implemented and required in writing assignments.

2. Exams: There will be a total of 3 exams. Exams will be made up of multiple-choice questions related to the materials/resources covered in class. Exams and their start and completion dates will be scheduled and **no make-up exams will be given** (see Course Outline and Schedule for exact dates).
3. Class Assignments/Activities: We will have many opportunities for class participation and interaction during the semester through on-line instruction and course design.
4. Assignments will be submitted through canvas
5. Submitted and completed assignments will indicate your attendance for the week.

### Communication Policy

Let me know immediately if you are struggling with something or have any questions or concerns.

You can email me (cecil.trinidad@reedleycollege.edu) or text me through the canvas inbox. I will respond to you within 48 hours.

A Zoom conference can also be set up by texting or emailing me to schedule a zoom meeting:

Assignments will be posted every Monday through canvas announcements or as a Discussion Board post.

Assignments are usually due the Friday of that week.

I will give you regular feedback on assignments through the comments box as relative to assignments turned in

### Personal Diversity Statement

Through professional and personal experience, I recognize the need for exposure of cultural and ethnic groups. In our pluralistic society, diversity fosters cultural literacy, broadens the view of the real world, encourages an appreciation and sensitivity to others and the development of skills for communicating effectively with people from different backgrounds in a multicultural world. I am committed to the issue of human rights and human opportunities. The culture, language and learning styles of all must be respected and valued if we are to provide equal opportunities and accessibility for all students.

### Dropping the Course

There is nothing wrong with dropping a course if you are overwhelmed or you realize early on the course was not what you expected and you need to make an adjustment to your schedule or take the course at a later date. It is very important for you to officially drop this course through WebAdvisor Not doing so can negatively affect your Financial Aid and transfer considerations. The statements below are taken directly from the Reedley College Catalog

### Academic Dishonesty

Students at Reedley College are entitled to the best education that the college can make available to them, and they, their instructors, and their fellow students share the responsibility to ensure that this education is honestly attained. Because cheating, plagiarism, and collusion in dishonest activities erode the integrity of the college, each student is expected to exert an entirely honest effort in all academic endeavors. Academic dishonesty in any form is a very serious offense and will incur serious

### Cheating

Cheating is the act or attempted act of taking an examination or performing an assigned, evaluated task in a fraudulent or deceptive manner, such as having improper access to answers, in an attempt to gain an unearned academic advantage. Cheating may include, but is not limited to, copying from another's work, supplying one's work to another, giving or receiving copies of examinations without an instructor's permission, using or displaying notes or devices inappropriate to the conditions of the examination, allowing someone other than the officially enrolled student to represent the student, or failing to disclose research results completely.

### Plagiarism

Plagiarism is a specific form of cheating: the use of another's words or ideas without identifying them as such or giving credit to the source. Plagiarism may include, but is not limited to, failing to provide complete citations and references for all work that draws on the ideas, words, or work of others, failing to identify the contributors to work done in collaboration, submitting duplicate work to be evaluated in different courses without the knowledge and consent of the instructors involved, or failing to observe computer security systems and software copyrights. Incidents of cheating and plagiarism may result in any of a variety of sanctions and penalties, which may range from a failing grade on the particular examination, paper, project, or assignment in question to a failing grade in the course, at the discretion of the instructor.

### Cheating/Plagiarism:

Cheating and/or plagiarism will not be tolerated. A student will receive no credit for the assignment if in the opinion of the instructor the individual has cheated.

**Accommodations for Students with Disabilities:** If you have a verified need for an academic accommodation or materials in alternate media (i.e., Braille, large print, electronic text, etc.) per the Americans with Disabilities Act (ADA) or Section 504 of the Rehabilitation Act, please contact me as soon as possible.

### Changing Syllabus Statement:

This course syllabus is equivalent to a contract between the instructor and the student. However, the information in this syllabus is subject to change at any time during the semester. All changes will be stated in class and students are responsible for noting such changes. In the event that you are absent on the day changes are made, it is your responsibility to find out the changes and adhere to them.

The student's decision to attend the class denotes acceptance of: This syllabus as a contract outlining the student's responsibilities to complete all required assignments by the due dates The

policy that late assignments will not be accepted The changing syllabus statements The expectations of this course as outlined in this syllabus That final grades are determined based on accumulated points from required assignments The policy that students are responsible for supplying evidence of any discrepancy in grades as determined by returned/graded assignments. Students disagreeing with the above statements should withdrawal from this course section and enroll in a section of this course taught by another instructor.

**THE INSTRUCTOR RESERVES THE RIGHT TO MODIFY THE SCHEDULE AND DATES OF LECTURE MATERIAL, READING, AND ASSIGNMENTS. STUDENTS WILL BE GIVEN REASONABLE NOTICE OF ALL CHANGES**

**Dates of Interest – Reedley College**

August 6	(F)	Last day to add a full-term Fall 2021 class in person or online through WebAdvisor 5:00 p.m.
August 9	(M)	Start of Fall 2021 semester
Aug 9 - Oct 8	(M-F)	Short-term classes, first nine weeks
August 20	(F)	Last day to drop a Fall 2021 full-term class for full refund
August 27	(F)	Last day to register for a Fall 2021 full-term class in person
August 27	(F)	Last day to drop a Fall 2021 full-term class to avoid a “W” in person
August 29	(Su)	Last day to drop a Fall 2021 full-term class to avoid a “W” on WebAdvisor
August 29	(Su)	Last day to add a Fall 2021 full-term class with an authorization code on WebAdvisor
September 6	(M)	Labor Day Holiday (no classes held, campus closed)

September 10	(F)	Last day to change a Fall 2021 class to/from Pass/No-Pass grading basis
October 1	(F)	Deadline to apply for graduation for Fall 2021 completion
October 8	(F)	Last Day to drop a full-term class (letter grades assigned after this date)
Oct 11 - Dec 10	(M-F)	Short-Term classes, second nine weeks
November 11	(TH)	Veterans Day observed (no classes held, campus closed)
November 25-26	(Th-F)	Thanksgiving holiday (no classes held, campus closed)
December 6-10	(M-F)	Fall 2021 final exams week
December 10	(F)	End of Fall 2021 semester
Dec 13 – 31	(M-F)	Winter Recess (campus is open December 13-24; campus closed December 25-January 2)
January 3	(M)	Campus re-opens after Winter Break
January 7	(F)	Last day to add a full-term Spring 2022 class in person or online through WebAdvisor 5:00 p.m.
January 10	(M)	Start of Spring 2022 semester
Jan 10 - Mar 11	(M-F)	Short-term classes, first nine weeks

January 17	(M)	Martin Luther King, Jr. Day observed (no classes held, campus closed)
January 21	(F)	Last day to drop a Spring 2022 full-term class for full refund
January 28	(F)	Last day to register for a Spring 2022 full-term class in person w/ authorization code
January 28	(F)	Last day to drop a Spring 2022 full-term class to avoid a "W" in person
January 30	(Su)	Last day to drop a Spring 2022 full-term class to avoid a "W" on WebAdvisor
January 30	(Su)	Last day to add a Spring 2022 full-term class with an authorization code on WebAdvisor
February 18	(F)	Lincoln Day observance (no classes held, campus closed)
February 21	(M)	Washington Day observance (no classes held, campus closed)
February 11	(F)	Last day to change a Spring 2022 class to/from Pass/No-Pass grading basis
March 1	(T)	Deadline to apply for graduation for Spring 2022



		completion
March 11	(F)	Last Day to drop a full-term class (letter grades assigned after this date)
Mar 14 - May 20	(M-F)	Short-term classes, second nine weeks
Apr 11 – April 15	(M-Th)	Spring recess (no classes held, campus open)
April 15	(F)	Good Friday observance (no classes held, campus closed) (classes reconvene April 18)
May 16-20	(M-F)	Spring 2022 final exams week
May 20	(F)	End of Spring 2022 semester/commencement
May 30	(M)	Memorial Day holiday (campus closed)