

BASKETBALL

Course Expectations:

1. Class will begin 5 minutes (dress) after the scheduled start time and end 10 Minutes (shower/dress) before the schedule timed leave time of class. Please be Prompt. If tardiness becomes a problem it could affect your grade. Let me know In advance whenever possible.
1. Enter gym via the bleachers door and wipe feet off. Please leave all food and Drink (except water) outside of the gym.
3. Proper athletic shoes are required. No black soled street or running shoes. Discrepancies are up to the instructor's judgment.
4. Please take all jewelry off. This includes watches, belts with buckles and hooped Earrings.
5. Please wear T-shirts (no tank top), shorts or sweat pants, white/athletic socks and Proper shoes. No torn or frayed clothing. Discrepancies are up to the instructor's Judgment.
6. Do not dunk on the side baskets or bounce/throw the balls against the walls.
7. No profanity or unsportsmanlike conduct will be tolerated.
8. Report all injuries immediately. If you have any physical disabilities that may Limit you, you must report them in writing to the instructor. Otherwise, full Participation is expected.
9. Lockers are available in the P.E. locker room. Please bring your own Lock if you wish to secure your things.
10. A positive attitude is always encouraged. Enjoy, have fun!

RC PHYSICAL EDUCATION SYLLABUS

Department Philosophy: Our department will use a “concepts” approach to health and physical education, answering three (3) questions: Why is health and physical education important to every person? How to practice healthful activities given individual abilities and interests? What are the individual’s real needs for lifetime fitness?

Department Chair: T.J. Jennings

Dept. Office ext. 3

Course #: PE 5

Course Title: Tournament Basketball

Course Description: Fundamentals and techniques of basketball, involving one-on-one, three-on-three, and five-on-five basketball. Students may take any activity course at all levels in any combination a total of 4 times.

Instructor: Kim Locklin **Office #** 320 B / Ext 3353

Course Objectives: Improve overall conditioning. Learn basic rules, strategies and fundamentals of basketball. Exhibit good sportsmanship and conduct in a competitive environment.

Required material(s): Locks and lockers are not required, but recommended. Return locks/locker at end of semester to avoid a \$5.00 service fee. Appropriate attire and footwear must be worn for each activity class.

Injury/Disclosure: Report all pre-existing medical conditions to the instructor before exercising. Report all injuries to the instructor.

Attendance Policy: You must participate and apply the knowledge/skills each class meeting, making “mastery attempts.” 90% participation = A, 80% participation = B, 70% participation = C, 60% participation = D, 50% participation = F. (% of total possible student contact hours per semester.)

Written Tests: There will be a minimum of two (2) written tests.

Skills Tests: There will be a minimum of two (2) skills tests.

How Your Final Grade Will Be Calculated:

Participation.....	50%
Written Tests.....	25%
Skills Tests.....	25% = 100%

Drop Policy: 18-week courses have a drop deadline of the 9th week. Short-term classes have a drop deadline of 4.5 weeks. However, the instructor may drop you at any time after four (4) consecutive unexcused absences, within the first 9 weeks of instruction.