# REEDLEY COLLEGE DEPARTMENT OF PHYSICAL EDUCATION BADMINTON P.E. 4

<b>Instructor:</b>	Kathy O'Connor-Kuball

**Office:** P.E. 312

Phone: 638-0387 (<u>kathy.kuball@reedleycollege.edu</u>)

Office hours: Posted on office door\_\_\_\_\_

Course Description: Fundamental techniques of badminton. Basic rules and strategy

used within singles and doubles play.

# **Course Objectives:**

- 1. Learn basic rules and strategy of badminton.
- 2. Improve over-all conditioning.
- 3. Display good sportsmanship and team play within a competitive environment.

## **Course Requirements:**

1. <u>Attendance/Participation</u>: Attendance and participation are very important. Obviously you have to be in attendance to participate. One half (50%) of your grade is based on participation during each class.

Your participation grade will be determined by the number of times you attend class, divided by the total number of class meeting times in the semester. A standard (90%+=A etc.) percentage scale will be used.

Excessive absences will affect your grade and may result in being dropped from class. For each unexcused absence (no dress or no participation) you will not earn credit for that class session.

2. Examinations: There will be two written exams which will test knowledge of Basic rules and strategy (mid term and final) and two skill evaluations, one of Which is performance in the class. These exams will combine for half (50%) of your final grade. (25% written and 25% skills). A standard (90% +=A etc.) scale will be used.

# **Final Grade Determination:**

Participation:	50%	100-90% = A	69-60% = D
Tests:	<b>50%</b>	89-80% = B	59% below = $F$
<b>Total</b> :	100%	79-70% = C	

It is the students'	responsibility to understand the drop policy written in the
Class schedule.	Last day to drop class and receive a refund.
	Last day to drop a class.

### **BADMINTON**

# **Course Expectations**

- 1. Class will begin 5 minutes (dress) <u>after</u> the scheduled <u>start</u> time and end 10 minutes (shower/dress) before the scheduled <u>leave</u> time of class. Please be prompt. If tardiness becomes a problem it could affect your grade. Let me know in advance whenever possible.
- 2. Enter gym via the bleachers door and wipe feet off. Please leave all food and drinks (except water) outside gym.
- 3. Proper athletic shoes are required. No black soled street or running shoes. Discrepancies are up to the instructor's judgment.
- 4. Please take all jewelry off for your own safety.
- 5. Please wear T-shirts (no tank tops), shorts or sweat pants, White/athletic socks and proper shoes. No torn or frayed clothing. Discrepancies are up to the instructor's judgment.
- 6. No profanity or unsportsperson like conduct will be tolerated.
- 7. Report all injuries immediately. If you have any physical disabilities that may limit you; you must report them in writing to the instructor. Otherwise, full participation is expected.
- 8. Lockers are available in the P.E. locker room. Please bring your own lock if you wish to secure your things.
- 9. A positive attitude is always encouraged. Enjoy-have fun!

### RC PHYSICAL EDUCATION SYLLABUS

<u>Department Philosophy</u>: Our department will use a "concepts" approach to health and physical education, answering three (3) questions: <u>Why</u> is health and physical education important to every person? <u>How</u> to practice healthful activities given individual abilities and interests? <u>What</u> are the individual's real needs for lifetime fitness?

**Department Chair:** Marcy Davidson **Dept. Office** ext 3127

<u>Course #</u>: PE 4 <u>Course Title</u>: Badminton

<u>Course Description</u>: Instructions in the fundamentals and techniques of badminton. Students may take any activity course at all levels (a or b) in any combination a total of 4 times.

<u>Instructor</u>: Kathy O'Connor – Kuball <u>Office #</u> 312 / Ext 3387

<u>Course Objectives</u>: To learn the basic rules and strategies of Badminton. Improve over all conditioning and display good sportsmanship.

**Required material(s)**: Locks and lockers are <u>not</u> required, but recommended. Return locks/locker at end of semester to avoid a \$5.00 service fee. Appropriate attire and footwear must be worn for each activity class.

<u>Injury/Disclosure</u>: Report all pre-existing medical conditions to the instructor before exercising. Report all injuries to the instructor.

Attendance Policy: You must participate and apply the knowledge/skills each class meeting, making "mastery attempts." 90% participation = A, 80% participation = B, 70% participation = C, 60% participation = D, 50% participation = F. (% of total possible student contact hours per semester.)

**Written Tests**: There will be a minimum of two (2) written tests.

**Skills Tests**: There will be a minimum of two (2) skills tests.

**How Your Final Grade Will Be Calculated**: Participation.....50%

Written Tests....25%

Skills Tests.....25% =100%

**Drop Policy**: 18-week courses have a drop deadline of the 9<sup>th</sup> week. Short-term classes have a drop deadline of 4.5 weeks. However, the instructor may drop you at any time after four (4) consecutive unexcused absences, within the first 9 weeks of instruction.