

**CHDEV 6 Health, Safety and Nutrition in Early Childhood Education**  
**Course: 50027**

**Spring 2020**  
**Instructor: Cecil Trinidad**

**Class Meets:** Tue./Thurs. 12:30-1:45

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**Room:** CCI 205

**Course Description:** Introduction to the laws, regulations, standards, policies and procedures and early childhood curriculum related to child health, safety and nutrition. Prevention, detection, and management of communicable disease; medical issues associated with disabilities and chronic illness; physical health; mental health and safety for both children and adults; collaboration with families and health professionals will be discussed. Integration of the concepts discussed into planning and program development for children ages 0 to 5 will be emphasized.

**Student Learning Outcomes:** Upon “successful” completion of this course, students will be able to:

- A. assess strategies to maximize the mental and physical health of children and adults in group care and early intervention settings in accordance with culturally, linguistically and developmentally appropriate practice.
- B. identify health, safety, and environmental risks in early care and education settings.
- C. analyze the nutritional needs of children at various ages and evaluate the relationship between healthy development and nutrition.
- D. demonstrate knowledge of health and safety standards for infants and young children in group care and early intervention settings.
- E. identify characteristics of high quality early care and education settings as related to health, safety and nutrition for children ages 0-5

**Required Text: Outside Educational Resources**

**Supplies:**

- Three (3) Scantron- 882-E forms and other “Poster-making” supplies.

1/14	Course Outline/Course Syllabus/Expectations- Activity
	Children’s Wellness
1/16	Children’s Wellness-Continued
1/21	Optimal Nutrition
1/23	Optimal Nutrition-Continued
1/28	Nutrition
	Article # 1 Due
1/30	Nutrition -Continued
2/4	Feeding Infants
2/6	Feeding Infants - Continued
2/11	Feeding Toddlers, Preschoolers and School-Age Children
2/13	Feeding Toddlers, Preschoolers and School-Age Children-Continued
2/18	Exam # 1
2/20	Menu Planning
	Article # 2 Due
2/25	Menu Planning-continued
2/27	Food Safety
3/3	Food Safety -Continued
3/5	Health and Wellness
3/10	Health and Wellness -Continued
3/12	Health Screening /Assessment

3/17	Health Screening /Assessment-Continued
	Article 3 Due
3/19	Infections/ Disease
3/24	Exam # 2
3/26	Infections /Disease-Continued
3/31	Children with Special Needs
4/2	Children with Special Needs-Continued
4/6-9	Spring Recess-No classes, campus open
4/10	Good Friday Observance-No classes, campus closed
4/14	Mental Health
4/16	Mental Health -Continued
4/21	Enhancing Safety
4/23	Enhancing Safety
4/28	Classroom Management
4/30	Classroom Management-Continued
5/5	Emergency Responsiveness
5/7	Emergency Responsiveness -Continued
5/12	Child Abuse and Neglect
5/14	Child Abuse and Neglect
5/19	Final – Exam # 3

Grading Policy:

Three Articles related to Nutrition, Health, Safety: 10 points each		<u>Total: 30 points</u>
Three Examinations	Exam # 1 65 points Exam # 2 80 points Exam # 3 85 points	
		<u>Total : 230</u>
Participation/Activities	5 points per day	<u>Total: 175 points</u>

**Grand Total: 435 points**

A = 391 points and above  
 B = 348 points to 390  
 C = 304 points to 347  
 D = 261 points to 303  
 F = 260points and below

**Class Policies and Procedures:**

Class Participation Activities/Points- Learning through sharing and classroom activities is a VERY large part of this class (5 points per day that class meets).

Regular attendance is EXPECTED.

If you stop coming to class after the deadline, you will receive an "F."

### **Assignments/Requirements:**

Assignments may vary weekly. This may include written work, role-playing, group activities, journal writing, or assessment questionnaires. For some assignments, you must be in class to get credit. Students are expected to come to class prepared and ready to discuss reading assignments. For every hour in class, expect to spend two hours studying out of class.

- All assignments are to be typed unless otherwise specified by instructor.
- All assignments must be neat and clearly labeled with student name, date, title of the assignment, and class day/time.
- Papers should be double-spaced, 12 point font, one inch margins, stapled, and without plastic report covers.
- Always make a copy of your work.
- Late assignments – Students have one week to turn in assignments after their due date. The grade/points will be dropped by one grade (ie. If you turn your assignment in late and you did “A” work, it will be dropped automatically to a “B.” After the one week grace period no credit for the assignment will be give.
- If you know you will be absent you may turn in your work early or make other arrangements with the instructor.

**The statements below are taken directly from the Reedley College Catalog**

### **Academic Dishonesty**

*Students at Reedley College are entitled to the best education that the college can make available to them, and they, their instructors, and their fellow students share the responsibility to ensure that this education is honestly attained. Because cheating, plagiarism, and collusion in dishonest activities erode the integrity of the college, each student is expected to exert an entirely honest effort in all academic endeavors. Academic dishonesty in any form is a very serious offense and will incur serious consequences.*



### **Cheating**

*Cheating is the act or attempted act of taking an examination or performing an assigned, evaluated task in a fraudulent or deceptive manner, such as having improper access to answers, in an attempt to gain an unearned academic advantage. Cheating may include, but is not limited to, copying from another's work, supplying one's work to another, giving or receiving copies of examinations without an instructor's permission, using or displaying notes or devices inappropriate to the conditions of the examination, allowing someone other than the officially enrolled student to represent the student, or failing to disclose research results completely.*

### **Plagiarism**

*Plagiarism is a specific form of cheating: the use of another's words or ideas without identifying them as such or giving credit to the source. Plagiarism may include, but is not limited to, failing to provide complete citations and references for all work that draws on the ideas, words, or work of others, failing to identify the contributors to work done in collaboration, submitting duplicate work to be evaluated in different courses without the knowledge and consent of the instructors involved, or failing to observe computer security systems and software copyrights. Incidents of cheating and plagiarism may result in any of a variety of*

*sanctions and penalties, which may range from a failing grade on the particular examination, paper, project, or assignment in question to a failing grade in the course, at the discretion of the instructor and depending on*

***Cheating/Plagiarism:*** Cheating and/or plagiarism will not be tolerated. A student will receive no credit for the assignment if in the opinion of the instructor the individual has cheated

***Accommodations for Students with Disabilities:*** If you have a verified need for an academic accommodation or materials in alternate media (i.e., Braille, large print, electronic text, etc.) per the Americans with Disabilities Act (ADA) or Section 504 of the Rehabilitation Act, please contact me as soon as possible.

***Changing Syllabus Statement:*** This course syllabus is equivalent to a contract between the instructor and the student. However, the information in this syllabus is subject to change at any time during the semester. All changes will be stated in class and students are responsible for noting such changes. In the event that you are absent on the day changes are made, it is your responsibility to find out the changes and adhere to them.

The student's decision to attend the class denotes acceptance of:

- ✓ This syllabus as a contract outlining the student's responsibilities to complete all required assignments by the due dates
- ✓ The policy that late assignments will not be accepted
- ✓ The changing syllabus statement
- ✓ The expectations of this course as outlined in this syllabus
- ✓ That final grades are determined on the basis of accumulated points from required assignments
- ✓ The policy that students are responsible for supplying evidence of any discrepancy in grades as determined by returned/graded assignments.

Students disagreeing with the above statements should withdrawal from this course section and enroll in a section of this course taught by another instructor.

### **Dates of Interest – Reedley College**

January 13 (M) Start of Spring 2020 semester

January 13 - March 13 (M-F) Short-term classes, first nine weeks

January 20 (M) Martin Luther King, Jr. Day observed (no classes held, campus closed)

January 24 (F) Last day to drop a Spring 2020 full-term class for full refund

January 31 (F) Last day to register for a Spring 2020 full-term class in person

January 31 (F) Last day to drop a Spring 2020 full-term class to avoid a "W" in person

February 2 (SU) Last day to drop a Spring 2020 full-term class to avoid a "W" on WebAdvisor

February 14 (F) Lincoln Day observance (no classes held, campus closed)

February 17 (M) Washington Day observance (no classes held, campus closed)

February 21 (F) Last day to change a Spring 2020 class to/from Pass/No-Pass grading basis

March 13 (F) Last Day to drop a full-term class (letter grades assigned after this date)

March 16 - May 22 (M-F) Short-term classes, second nine weeks

April 6-9 (M-Th) Spring recess (no classes held, campus open)

April 10 (F) Good Friday observance (no classes held, campus closed) (classes reconvene April 23)

May 18-22 (M-F) Spring 2020 final exams week

May 22 (F) End of Spring 2020 semester/commencement

May 25 (M) Memorial Day Holiday (campus closed)

**\*\*Students are to take responsibility of dropping this course in the event of non-continuance**

**THE INSTRUCTOR RESERVES THE RIGHT TO MODIFY THE SCHEDULE AND DATES OF LECTURE MATERIAL, READING, AND ASSIGNMENTS. STUDENTS WILL BE GIVEN REASONABLE NOTICE OF ALL CHANGES**