CHDEV 6 Health, Safety and Nutrition in Early Childhood Education Fall 2020

Course: 52860 Instructor: Cecil Trinidad

Class Meets: RC Web E-Mail: cecil.trinidad@reedleycollege.edu

Canvas InBox

Course Description: Introduction to the laws, regulations, standards, policies and procedures and early childhood curriculum related to child health, safety and nutrition. Prevention, detection, and management of communicable disease; medical issues associated with disabilities and chronic illness; physical health; mental health and safety for both children and adults; collaboration with families and health professionals will be discussed. Integration of the concepts discussed into planning and program development for children ages 0 to 5 will be emphasized.

Student Learning Outcomes: Upon "successful" completion of this course, students will be able to:

A. Assess strategies to maximize the mental and physical health of children and adults in group care and early intervention settings in accordance with culturally, linguistically and developmentally appropriate practice

Expected SLO Performance: 70% Exams/Quizzes, Written Responses/Essays, Course

Assignments and Activities

B. Identify health, safety, and environmental risks in early care and education settings.

Expected SLO Performance: 70% Exams/Quizzes, Written Responses/Essays, Course

Assignments and Activities

C. Analyze the nutritional needs of children at various ages and evaluate the relationship between healthy development and nutrition.

Expected SLO Performance: 70% Exams/Quizzes, Written Responses/Essays, Course

Assignments and Activities

D. Demonstrate knowledge of health and safety standards for infants and young children in group care and early intervention settings.

Expected SLO Performance: 70% Exams/Quizzes, Written Responses/Essays, Course

Assignments and Activities

E. Identify characteristics of high quality early care and education settings as related to health, safety and nutrition for children ages 0-5.

Expected SLO Performance: 70% Exams/Quizzes, Written Responses/Essays, Course

Assignments and Activities

Text: Outside Educational Resources

Week 1	08/10/20	Course Outline/Course Syllabus/Expectations- Activity Children's Wellness
Week 2	08/17/20	Optimal Nutrition
Week 3	08/24/20	Nutrition
Week 4	08/31/20	Feeding Infants
Week 5	09/07/20	Feeding Toddlers, Preschoolers and School-Age Children
Week 6	09/14/20	Menu Planning Exam # 1
Week 7	09/21/20	Food Safety
Week 8	09/28/20	Health and Wellness
Week 9	10/05/20	Health Screening /Assessment
Week 10	10/12/20	Infections Disease
Week 11	10/19/20	Children with Special Needs Exam # 2
Week 12	10/26/20	Mental Health
Week 13	11/02/20	Mental Health (Continued)
Week 14	11/09/20	Enhancing Safety
Week 15	11/16/20	Classroom Management
Week 16	11/23/20	Emergency Responsiveness
Week 17	11/30/20	Child Abuse and Neglect
Week 18	12/07/20	Exam # 3

Grading Policy:

Discussion Board Points: Quick responses-writes/reflective thoughts/ideas ---- 5 points per

week 85 points total

Course Activities/Assignments: 10 points per week as assigned approximately 150 points total

Three Examinations: Exam # 1 65 points

Exam # 2 80 points Exam # 3 85 points

Total: 465 points

A = 418 points and above

B = 372-417 points

C = 325-371 points

D = 279-324 points

F = 278 points and below

Class Policies and Procedures:

Attendance:

The first week of class I will post an introductory Powerpoint outlining the course information and materials.

Students will be expected to view the introductory Powerpoint and respond in writing to the interactive activities on the discussion board.

Students who do not post a written response(s) on the Discussion Board (or email me if there is an issue or problem) by the end of the 1st week may be dropped from the course.

Submitting weekly assignments by 11:59 pm on the day the assignment is due will also be the way that "attendance" is taken.

Assignments/Requirements:

Assignments will vary weekly. This may include written work, group activities, journal writing, or assessment questionnaires.

All written assignments are to be typed unless otherwise specified by instructor.

All assignments must be neat and clearly labeled with student name, date, title of the assignment, and course title.

Papers should be double-spaced, 12point font, one-inch margins,

Always make a copy of your work.

Late assignments – Students have one (1) day to turn in assignments after their due date.

The points will be dropped by 50% (ie. If you turn your assignment in late and the assignment is worth 10 points, you will receive "5" points. On the third day after the assignment was due you will receive "0" points.

Communication Policy

Let me know immediately if you are struggling with something or have any questions or concerns.

You can email me (cecil.trinidad@reedleycollege.edu) or text me through the canvas inbox. I will respond to you within 48 hours.

A Zoom conference can also be set up by texting or emailing me to schedule a zoom meeting:

Assignments will be posted every Monday through canvas announcements or as a Discussion Board post.

Assignments are usually due the Friday of that week.

I will give you regular feedback on assignments through the comments box as relative to assignments turned in

Personal Diversity Statement

Through professional and personal experience, I recognize the need for exposure of cultural and ethnic groups. In our pluralistic society, diversity fosters cultural literacy, broadens the view of the real world, encourages an appreciation and sensitivity to others and the development of skills for communicating effectively with people from different backgrounds in a multicultural world. I am committed to the issue of human rights and human opportunities. The culture, language and learning styles of all must be respected and valued if we are to provide equal opportunities and accessibility for all students.

Dropping the Course

There is nothing wrong with dropping a course if you are overwhelmed or you realize early on the course was not what you expected and you need to make an adjustment to your schedule or take the course at a later date. It is very important for you to officially drop this course through WebAdvisor Not doing so can negatively affect your Financial Aid and transfer considerations. The statements below are taken directly from the Reedley College Catalog

Academic Dishonesty

Students at Reedley College are entitled to the best education that the college can make available to them, and they, their instructors, and their fellow students share the responsibility to ensure that this education is honestly attained. Because cheating, plagiarism, and collusion in dishonest activities erode the integrity of the college, each student is expected to exert an entirely honest effort in all academic endeavors. Academic dishonesty in any form is a very serious offense and will incur serious

Cheating

Cheating is the act or attempted act of taking an examination or performing an assigned, evaluated task in a fraudulent or deceptive manner, such as having improper access to answers, in an attempt to gain an unearned academic advantage. Cheating may include, but is not limited to, copying from another's work, supplying one's work to another, giving or receiving copies of examinations without an instructor's permission, using or displaying notes or devices inappropriate to the conditions of the examination, allowing someone other than the officially enrolled student to represent the student, or failing to disclose research results completely.

Plagiarism

Plagiarism is a specific form of cheating: the use of another's words or ideas without identifying them as such or giving credit to the source. Plagiarism may include, but is not limited to, failing to provide complete citations and references for all work that draws on the ideas, words, or work of others, failing to identify the contributors to work done in collaboration, submitting duplicate work to be evaluated in different courses without the knowledge and consent of the instructors involved, or failing to observe computer security systems and software copyrights. Incidents of cheating and plagiarism may result in any of a variety of sanctions and penalties, which may range from a failing grade on the particular examination, paper, project, or assignment in question to a failing grade in the course, at the discretion of the instructor.

Cheating/Plagiarism:

Cheating and/or plagiarism will not be tolerated. A student will receive no credit for the assignment if in the opinion of the instructor the individual has cheated.

Accommodations for Students with Disabilities: If you have a verified need for an academic accommodation or materials in alternate media (i.e., Braille, large print, electronic text, etc.) per the Americans with Disabilities Act (ADA) or Section 504 of the Rehabilitation Act, please contact me as soon as possible.

Changing Syllabus Statement:

This course syllabus is equivalent to a contract between the instructor and the student. However, the information in this syllabus is subject to change at any time during the semester. All changes will be stated in class and students are responsible for noting such changes. In the event that you are absent on the day changes are made, it is your responsibility to find out the changes and adhere to them.

The student's decision to attend the class denotes acceptance of: This syllabus as a contract outlining the student's responsibilities to complete all required assignments by the due dates The policy that late assignments will not be accepted The changing syllabus statements The expectations of this course as outlined in this syllabus That final grades are determined based on accumulated points from required assignments The policy that students are responsible for supplying evidence of any discrepancy in grades as determined by returned/graded assignments. Students disagreeing with the above statements should withdrawal from this course section and enroll in a section of this course taught by another instructor.

THE INSTRUCTOR RESERVES THE RIGHT TO MODIFY THE SCHEDULE AND DATES OF LECTURE MATERIAL, READING, AND ASSIGNMENTS. STUDENTS WILL BE GIVEN REASONABLE NOTICE OF ALL CHANGES

Dates of Interest – Reedley College

August 10 (M)	Start of Fall 2020 semester
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August 10-October 9 (M-F) Short-term classes, first nine weeks

August 21 (F) Last day to drop a Fall 2020 full-term class for full refund

August 28 (F) Last day to register for a Fall 2020 full-term class in person

August 28 (F) Last day to drop a Fall 2020 full-term class to avoid a "W" in

person

August 30 (SU) Last day to drop a Fall 2020 full-term class to avoid a "W" on

WebAdvisor

September 7 (M) Labor Day Holiday (no classes held, campus closed

September 11 (F) Last day to change a Fall 2020 class to/from Pass/No-Pass grading

basis

October 9 (F) Last Day to drop a full-term class (letter grades assigned after this

date)

October 12-December 11 (M-F) Short-term classes, second nine weeks

November 11 (W) Veterans Day (no classes held, campus open)

November 26-27 (Th-F) Thanksgiving Holiday (no classes held campus closed)

December 7-11 (M-F)

Fall 2020 final exams week

December 11 (F)

Fall 2020 semester

December 11 (F) End of Fall 2020 semester