

## **PE 30B COMPETITIVE BASEBALL SYLLABUS**

**INSTRUCTOR:** Anthony Essien

**OFFICE HOURS:** MWF 10-12 pm

**EMAIL:** anthony.essien@reedleycollege.edu

**OFFICE:** Men's Locker Room

**PHONE:** 637-2542

**CLASS:** MTWTHF 2:30-4:05 p.m.

**MEETING ROOM:** Baseball Field

**COURSE DESCRIPTION:** This course is designed to develop the student's ability in specific skills and prepare the team members to participate in collegiate non-conference and conference baseball games. This course is designed for members of the Reedley College baseball team. We are committed to either practices or games Monday through Saturday of each week, with some Sunday events due to rain outs.

**COURSE OBJECTIVE:** This course is designed for students to use proper and safe practice drills, demonstrate proper techniques related to specific positions, demonstrate a basic knowledge of teamwork, and understand the rules and policies determined by the Commission on Athletics and the head baseball coach.

**COURSE OUTCOMES:** Students will be able to assess their own skill levels within the context of intercollegiate baseball. Students will be able to plan, implement, and practice appropriate baseball drills that promote improved levels of performance during intercollegiate baseball season.

**ACCOMODATIONS FOR STUDENTS WITH DISABILITIES:** If you have special verified needs addressed by the Americans with Disabilities Act (ADA), or section 504 of the Rehabilitation Act, please contact me as soon as possible.

**CLASS RULES:** Attendance is very important. Points will be deducted for each absence. Proper practice uniforms will be issued and worn to all official practices. Students are responsible for everything issued to them and providing some of their equipment. Lockers are available in the Athletics Locker Room. Report all injuries to coach/ trainer immediately. Report any potential dangerous conditions you come across to instructor.

**GRADING PROCEDURES:** Participation- 100 points

90% - 100% = **A** 80% - 89% = **B** 70% - 79% = **C** 60% - 69% = **D** 59% & below = **F**

### **IMPORTANT DATES:**

**January 25:** Last day to drop a full term class for refund.

**February 1:** Last day to register & last day to drop to avoid a "W" in person.

**March 15:** Last day to drop a full term class (letter grade assigned after this date).

**May 17: Last day of Instruction**

**May 20-24:** Final Exams