

PE 34B – Fall 2019

Women's Competitive Golf

Section #: 58423

Monday/Wednesday/Friday: 6:30-7:20 AM (RC Field)

Tuesday/Thursday: 3:00-4:35 PM (RC Field)

Scott M. Stark

Office #: 638-0300 Ext. 3596

Course Objectives:

1. To provide the student with a detailed knowledge of the fundamentals of golf.
2. To provide the student with an insight into some of the problems of teaching golf.

Method of Instruction:

Lecture and Demonstration/Student Participation

1. **Introduction & History of the Game of Golf**
2. **Philosophy of Golf**
3. **Teaching the Golf Swing**
 - (A) Sequence of the Grip
 - (B) Alignment
 - (C) Correct Set-Up
 - (D) Backswing and Full Take Away
 - (E) Sequence of the Forward Swing
4. **Short Game Analysis**
 - (A) Chipping and Pitching
 - (B) Bunker Play
 - (C) Art of Putting
5. **Putting the Entire Game Together**
 - (A) Playing 9 Holes
 - (B) Playing 18 Holes
6. **Mental Approach to Golf**
7. **Practicing the Game with a Purpose**

Evaluation and Grading:

1. Attendance:

Regular attendance is a must. Requirements will be mandated as prescribed by college policy. A student will be dropped at the discretion of the instructor if he feels that at any time the student is not making satisfactory progress.

2. Testing:

A written final covering all materials discussed in class. The student will also be expected to scout a high school tournament of her choosing and with another classmate working as a team, turn in a brief report of the tournament prior to the end of class.