PE 34B - Fall 2018

**Women's Competitive Golf** 

Section #: 55084

Monday/Wednesday: 6:00-7:35 AM (RC Field) Tuesday/Thursday: 3:00-4:35 PM (RC Field)

Scott M. Stark

Office #: 638-0300 Ext. 3596

# **Course Objectives:**

1. To provide the student with a detailed knowledge of the fundamentals of golf.

2. To provide the student with an insight into some of the problems of teaching golf.

#### **Method of Instruction:**

Lecture and Demonstration/Student Participation

- 1. Introduction & History of the Game of Golf
- 2. Philosophy of Golf
- 3. Teaching the Golf Swing
  - (A) Sequence of the Grip
  - (B) Alignment
  - (C) Correct Set-Up
  - (D) Backswing and Full Take Away
  - (E) Sequence of the Forward Swing
- 4. Short Game Analysis
  - (A) Chipping and Pitching
  - (B) Bunker Play
  - (C) Art of Putting
- 5. Putting the Entire Game Together
  - (A) Playing 9 Holes
  - (B) Playing 18 Holes
- 6. Mental Approach to Golf
- 7. Practicing the Game with a Purpose

## **Evaluation and Grading:**

#### 1. Attendance:

Regular attendance is a must. Requirements will be mandated as prescribed by college policy. A student will be dropped at the discretion of the instructor if he feels that at any time the student is not making satisfactory progress.

### 2. Testing:

A written final covering all materials discussed in class. The student will also be expected to scout a high school tournament of her choosing and with another classmate working as a team, turn in a brief report of the tournament prior to the end of class.