Reedley College

PE-10-55060 RACQUETBALL - Fall 2018 Course Syllabus

Course Title: Racquetball Instructor: Teran Mawhinney

Course Number: PE-10 (55060) Office Hrs: M, W 2-3pm By Apt

Class Days: M/W/F 9:00 am-9:50 am
Phone: (559) 638-0354 ex 3369 office
Email: teran.mawhinney@reedleycollege.edu

FB Locker Room
Required Text: None
Prerequisites: None

COURSE OUTCOMES:

Upon completion of this course, students will be able to:

- A. use proper court etiquette/safety.
- B. understand the basic rules of racquetball and use appropriate terminology.
- C. demonstrate improved racquet skills and court agility.
- D. employ the use of all four walls and understand their application.
- E. recognize and understand the different strategies and proper court coverage involved in singles and doubles.

COURSE OBJECTIVES:

In the process of completing this course, students will:

- A. evaluate individual skill levels in the areas of coordination, agility, shot selection/execution, and strategy.
- B. apply knowledge/skills in public/private sector settings and choose opponents of equal ability.

IV. COURSE OUTLINE:

A. Skills	B. Use of 4 Walls	C. Court Position and	D. Tournament Play
1. Serve	1. Front	Strategy	1. Singles
a. Drive	2. Side	1. Singles	2. Doubles
b. Lob	3. Ceiling	2. Cut-Throaat	3. Round Robin
c. Three-walled	4. Back	3. Doubles	
2. Forehand		a. Side-by-side	
3. Backhand		b. Front & back	
4. Overhead			

GRADING

- 1. **Measured Performance/Participation** 50% (Must show up and be on time) Grade will drop after 3 missed classes and only 2 make ups are allowed per semester
- 2. Skills Test 40% (2 Skills Tests given throughout the semester 20% each)
- 3. Written Assignment 10% (Write a paper on the basic rules and strategy of racquetball)

Must be 500 words typed. Detailed instructions will be handed out.

* It is a requirement to dress out with gym clothes and proper shoes to every class and show up on time.

GRADING SCALE

 $\begin{array}{ccc} A & 200-180 \\ B & 179-160 \\ C & 169-140 \\ D & 139-120 \\ F & 119-0 \end{array}$

ACCOMODATIONS FOR STUDENTS WITH DISABILITIES:

If you have special verified needs as addressed by the Americans with Disabilities Act (ADA), or section 504 of the Rehabilitation Act, please contact me as soon as possible.

DROP POLICY:

18 week courses have a drop deadline of the 9th week. However, you may be dropped by the instructor at any time after (3) consecutive absences

Important Dates

8/13 Instruction begins

8/24 Last day to drop class for full refund

8/31 Last day to register for fall course in person / Last day to drop class to avoid "W"

9/2 Last day to drop class via webadvisor without reciving a W

9/3 Labor Day Holiday (No Classes)

11/12 Veterans day (No Classes)

11/22-23 Thnaksgiving Holiday (No Classes)

12/10-14 Finals Week

^{*} It is a requirement to dress out with gym clothes to every class and show up on time. No lockers are available to start the semester. Students must plan accordingly.