

## Child Development 6 – Health, Safety & Nutrition

**Course: 55030**

**Unit load: 3**

**Class Meets: Th – 6:00-8:50**

**Room: CCI 204**

**Office Hours: By Arrangement**

**Instructor: Patricia Angel**

**Phone: 559-638-0300 Message**

**E-Mail: patty.angel@reedleycollege.edu**

**Course Description:** Introduction to the laws, regulations, standards, policies and procedures and early childhood curriculum related to children. CD6 Nutrition, Health & Safety in Early Childhood Education. Prevention, detection, and management of communicable disease; medical issues associated with disabilities and chronic illness; physical health; mental health and safety for both children and adults; collaboration with families and health professionals will be discussed. Integration of the concepts discussed into planning and program development for children ages 0 to 5 will be emphasized.

**Student Learning Outcomes:** Upon “successful” completion of this course, students will be able to:

- **Assess** strategies to maximize the mental and physical health of children and adults in group care and early intervention settings in accordance with culturally, linguistically and developmentally appropriate practice.
- **Identify** health, safety, and environmental risks in early care and education settings.
- **Analyze** the nutritional needs of children at various ages and evaluate the relationship between healthy development and nutrition.
- **Demonstrate** knowledge of health and safety standards for infants and young children in group care and early intervention settings.
- **Identify** characteristics of high quality early care and education settings as related to health, safety and nutrition for children ages 0-5

### **Required Text:**

- Sorte, J., Daeschel, I., & Amador, C. (2011). *Nutrition, Health, and Safety for Young Children: Promoting Wellness*. Boston: Pearson. 3<sup>rd</sup> Edition

***You are responsible for all of the information in the textbooks, regardless of what we cover in class meetings.***

### **Supplies:**

- Five (5) Scantrons- 882-E forms.

### **Course Details:**

1. There are 18 weeks in this semester.
2. There are two parts to every course you take: 1) class meetings/discussions and 2) out of class study time. This course is worth 3 units, which means that we will spend 8 hours together each week in class meetings/discussions and YOU should spend 6 hours a week studying the course materials outside of the classroom (study time).
3. There are 16 chapters in the textbook.
4. **Final Grades** are determined by total points earned divided by total points possible, giving a percentage grade.

## Child Development 6 – Health, Safety & Nutrition

<u>Percentage</u>	<u>Points Range</u>	<u>Grade</u>	<u>Percentage</u>	<u>Points Range</u>	<u>Grade</u>
100-90%	396-357	A	69-60%	277-238	D
89-80 %	356-317	B	59-0%	237-0	F
79-70 %	316-278	C			

### **Course Requirements:**

**Activities:** There will be **8 assignments** to complete during the semester. These assignments will be worth a total of **10 points each. No make-up assignments.**

**Exams:** There are **5 exams**, one for every two/three chapters we will be studying. Each exam is made up of multiple-choice questions related to the text chapters and essay questions.

**Four exams worth 50 points. Final exam 80 points. No make-up Exams will be given.**

**Participation Points: In-Class participation activities weekly. 36 pts. Must be in class.**

**Having Problems? See instructor ASAP!!!!**

If at any time you find you are having trouble succeeding in this course, whether because of a change in your life circumstances or because of something you don't understand about the materials, please see the instructor. There are a number of services available to assist Reedley College students in succeeding in their coursework.

## Child Development 6 – Health, Safety & Nutrition

### Tentative Course Schedule:

Week	Date	Topics	Readings & Assignments
1	08/16/18	Introduction Overview of Course Your Role in Children’s Wellness	<b>Chapter 1 Assignment #1</b>
2	08/23/18	The Foundations of Optimal Nutrition	<b>Chapter 2</b>
3	08/30/18	The Science of Nutrition	<b>Chapter 3 Assignment 2 Chapter Reflection</b>
4	09/06/18	<b>Exam #1 Ch. 1, 2, 3</b> Feeding Infants	<b>Chapter 4</b>
5	09/13/18	Feeding Toddlers, Preschoolers, & School Age Children	<b>Chapter 5 Assignment 3 Chapter Reflection</b>
6	09/20/18	Menu Planning	<b>Chapter 6</b>
7	09/27/18	<b>Exam # 2 Ch. 4, 5, 6</b> Food Safety	<b>Chapter 7</b>
8	10/04/18	Creating a Climate of Health & Wellness	<b>Chapter 8 Assignment Ch. Reflection 4</b>
9	10/11/18	Health Screening and Assessment	<b>Chapter 9 Assignment 5 Article Reflection</b>
10	10/18/18	<b>Exam # 3 Ch. 7, 8, 9</b> Managing Infectious Disease	<b>Chapter 10</b>
11	10/25/18	Teaching Children w/Special Health Care Needs	<b>Chapter 11 Ch. Reflection Assignment 6 Video</b>
12	11/01/18	Children’s Mental Health	<b>Chapter 12</b>
13	11/08/18	Enhancing Safety Through Appropriate Environments	<b>Chapter 13 Ch. Reflection Due 7</b>
14	11/15/18	<b>Exam # 4 Ch. 10, 11, 12</b>	
15	11/22/18	Promoting Safe Practices through Effective Classroom Management – <b>Thanksgiving Holiday</b>	<b>Chapter 14</b>
16	11/29/18	Child Abuse & Neglect	<b>Chapter 15 Assignment 8 Due-Video</b>
17	12/06/18	Managing Emergencies	<b>Chapter 16</b>
18	12/13/18	<b>Final Exam # 5 Ch. 13, 14, 15, 16</b>	

**The Instructor reserves the right to modify the schedule and dates of lecture material, readings, and assignments. Students will be given reasonable notice of all changes.**

## Child Development 6 – Health, Safety & Nutrition

*The discussion topics listed on this syllabus are an estimate; daily topics will depend on individual class performances and understanding of the materials. However, the due dates will remain as listed.*

### **Important Information:**

- 1. Attendance:** This class is based on learning through sharing and experiences. Regular attendance is **EXPECTED**. Students will be dropped after missing 3 days of class meetings. If you want to drop the class, please complete an official drop through the Reedley College Admissions and Records Office/Web Advisor. **DO NOT** rely on being dropped for missing days or you may end up with an “F” grade. If you stop coming to class after the official drop date, you will get an “F” grade.
- 2. No Late Work:** All assignments must be turned in on the due date.
- 3. Missed Tests/Exams/Quizzes/Activities:** Tests, exams, quizzes, and activities must be taken on the day scheduled. You will not be allowed to make up a missed test/exam/quiz/activity. **Do not take this lightly. No excuses will be accepted.**
- 4. Retaining Returned Assignments:** Students disagreeing with the assigned final grade will be required to supply evidence to the contrary. Therefore, it is suggested that students retain all returned/graded assignments and tests until after final grades have been posted.
- 5. Cheating/Plagiarism:** Cheating and/or plagiarism will not be tolerated. A student will receive no credit for the assignment if in the opinion of the instructor the individual has cheated.
- 6. Dropping the Course:** It is **YOUR** responsibility for dropping the course if you choose. You must drop using the proper procedures through Reedley College Admissions and Records office. If you choose to stop attending class, make sure that you do an official drop, otherwise you might end up with an “F” grade for the course.
- 7. Canceled Class Notification:** From time to time a class meeting may need to be canceled. Notification of canceled class will appear in several forms: **1**—Official cancel notification from Office of Instruction posted on the door, **2**—Notification emailed to students using email addresses from Web Adviser.
- 8. Accommodations for Students with Disabilities:** If you have a verified need for an academic accommodation or materials in alternate media ( Braille, large print, electronic text, etc.) per the Americans with Disabilities Act (ADA) or Section 504 of the Rehabilitation Act, please contact me as soon as possible.

### **Important Dates:**

## Child Development 6 – Health, Safety & Nutrition

1. **August 13 (M) Start of Fall Semester**
2. **August 24 (F) Last Day to Drop full-term class to get refund**
3. **August 31(F) Last Day to register for full-length class or drop to avoid a W**
4. **October 12 (F) Last day to drop a full-term class**
5. **November 22 (TH) Thanksgiving Holiday**
6. **December 10-14 (M-F) Final Exam Week**

**Changing Syllabus Statement:** This course syllabus is equivalent to a contract between the instructor and the student. However, the information in this syllabus is subject to change at any time during the term. All changes will be stated in class and students are responsible for noting such changes. In the event that you are absent on the day changes are made, it is your responsibility to find out the changes and adhere to them.

**The student's decision to attend the class denotes acceptance of:**

1. This syllabus as a contract outlining the student's responsibilities to complete all required assignments by the due dates
2. The policy that late assignments will not be accepted
3. The changing syllabus statement
4. The expectations of this course as outlined in this syllabus
5. That final grades are determined on the basis of accumulated points from required assignments.
6. The policy that students are responsible for supplying evidence of any discrepancy in grades as determined by returned/graded assignments.
7. **Final grades** will be submitted to A&R at NOON on the final day of the semester and any discrepancies **MUST BE ADDRESSED** before NOON. Students disagreeing with the above statements should withdraw from this course section and enroll in a section of this course taught by another instructor.