

VOLLEYBALL M/W 10:00
PE 14B 51075
SPRING 2016
REEDLEY COLLEGE

INSTRUCTOR: SHANNON JEFFERIES
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OFFICE HOUR: Mon/Wed 9am, FRI 12pm

DESCRIPTION:

This course is designed to introduce the student to the basic skills of volleyball. The skills covered will be passing, setting, spiking, serving, blocking, and digging. Offensive and defensive formations will be used during scrimmage play.

COURSE OBJECTIVES:

1. For each students to improve in passing, setting, attacking, serving, blocking, and digging, which are the basic skills necessary to play volleyball.
2. For students to recognize and apply the necessary rules of volleyball including officiating signals.
3. For students to leave the class with an appreciation of the game of volleyball as a lifetime activity.
4. For each student to receive a good workout each time the class meets and to have fun!

COURSE RULES:

1. Attendance and participation is very important. Three points will be deducted for each absence.
2. Roll will be taken at the end of the class period. If you are more than 15 minutes late, you will receive an absence for the day.
3. Proper gym attire must be worn to class. Sweats, shorts, t-shirts, and tennis shoes with non-marking soles are examples.
4. Lockers are available and can be checked out from the Equipment man.
5. Report all injuries immediately.

COURSE REQUIREMENTS:

Participation: One half of your grade is based on participating during each class session.

Skills pre-test: A test will be given **January 18, 2016** covering the basic skills involved in volleyball.

Mid-term: Written exam on **March 9, 2016** covering information presented in class, and the volleyball handbook.

Post test: A 2nd skills test will be **May 9, 2016**.

Final Exam: Written exam on **May 16, 2016 @ 10:00am**.

GRADE DETERMINATION:

A.....3 or less absences, participate in both Skills tests, and 75% or better on both exams.

B.....4 or fewer absences, participate in both Skills tests, and 70% or better on both exams.

C.....5 or fewer absences, participate in both Skills tests, and 65% or better on both exams.

D.....6 or fewer absences, participate in only one Skills tests, and 60% or better on both exams.

F.....Anything less than the above.

Grading Points Breakdown:

200-180 = A	179-160 = B
159-140 = C	139-120 = D
119- = F	

ACCOMMODATION STATEMENT:

If you have a verified need for an academic accommodation or materials in alternate media (i.e. Braille, large print, electronic text, etc) as per the Americans with Disabilities Act (ADA) or Section 504 of the Rehabilitation Act, please contact me as soon as possible.

March 11, 2016: THE LAST DAY TO DROP W/O GETTING A LETTER GRADE!!

SCHOOL HOLIDAYS: **Martin Luther King Day**-January 18, 2016
 Lincoln Day - February 12, 2016
 Washington Day - February 15, 2016
 Spring Recess - March 21-25, 2016

IT IS THE STUDENTS RESPONSIBILITY TO UNDERSTAND THE DROP POLICY, AS WRITTEN IN THE SPRING CLASS SCHEDULE.