**PE 10 RACQUETBALL SYLLABUS**

**DEPARTMENT PHILOSOPHY:** Our department will use a “concepts” approach to health and physicaleducation, answering three (3) questions: **Why** is health and physical education important to every person? **How** to practice healthful activities given individual abilities and interests. **What** are the individual’s real needs for lifetime fitness?

**COURSR DESCRIPTION:** Instruction and practice in beginning level skills, techniques and strategies of racquetball.

**COURSE OUTCOMES:** Upon completion of this course, students will be able to:

A. evaluate individual skill levels in the areas of coordination, agility, shot selection/execution, and

strategy.

B. apply knowledge/skills in public/private sector settings and choose opponents of equal ability.

**INSTRUCTOR: Randy Whited OFFICE/PHONE EXT:** Football Team Room/ext3369

**E-MAIL ADDRESS:** [randy.whited@reedleycollege.edu](mailto:randy.whited@reedleycollege.edu)

**OFFICE HOURS:** T-TH-F 1:00-2:00am

**ACCOMMODATIONS FOR STUDENTS WITH DISABILITIES:**

If you have a verified need for an academic accommodation or materials in alternate media (i.e., Braille, large print, electronic text, etc.) per the Americans with Disabilities Act (ADA) or Section 504 of the Rehabilitation Act, please contact me as soon as possible.

**DROP POLICY:** You may be dropped by the instructor at any time after four consecutive unexcused absences, within the first 9 weeks of instruction.

**IMPORTANTS DATES**

**Jan. 22 (F) – last day to drop full-length class to be eligible for a refund**

**Jan. 29 (F) – last day to register for Spring 2015 full-length class or drop full-length class to avoid a “W”**

**Mar. 11 (F) – last day to drop Spring 2015 full-length class (letter grades will be assigned after this date)**

**REQUIRED MATERIALS:** Appropriate attire and footwear must be worn for each activity class meeting.

**INJURY DISCLOSURE:** Report all pre-existing medical conditions to the instructor before exercising. Report all injuries to the instructor

**ATTENDANC POLICY:** You must participate and apply the knowledge/skills each class meeting, making “mastery attempts”. This is a “hands on” activity class; attendance is very important!

**E POLICY:** You must **participate** and apply the knowledge/skills each class meeting, making mastery attempts. 90% participation = A, 80% = B, 70% = C, 60% = D, and 50% = F. (% of total possible **student contact hours per semester.)**

**WRITTEN TESTS:** There will be a minimum of two (2) written tests.

**SKILL TESTS:** There will be a minimum of two (2) skills tests.

**FINAL GRADE CALCULATION:** Participation – 50%, Tests (written/skill) – 50%