**Course:** 52268  **Instructor:** Nancy Marsh

**Unit load:** 3 **Phone:** 638-3641ext. 3249

**Class Meets:** T, TH 9:30 – 10:45 **E-Mail:** nancy.marsh@reedleycollege.edu

**Room:** CCI 203 **Office:** Child Development Lab Office

**Office Hours:** Mondays and Wednesday 8:00 – 8:45 am and 10:00 – 10:45 am, or by appointment.

**Course Description:** Introduction to the laws, regulations, standards, policies and procedures and early childhood curriculum related to child health, safety and nutrition. Prevention, detection, and management of communicable disease; medical issues associated with disabilities and chronic illness; physical health; mental health and safety for both children and adults; collaboration with families and health professionals will be discussed. Integration of the concepts discussed into planning and program development for children ages 0 to 5 will be emphasized.

**Student Learning Outcomes:** Upon “successful” completion of this course, students will be able to:

1. assess strategies to maximize the mental and physical health of children and adults in group care and early intervention settings in accordance with culturally, linguistically and developmentally appropriate practice.
2. identify health, safety, and environmental risks in early care and education settings.
3. analyze the nutritional needs of children at various ages and evaluate the relationship between healthy development and nutrition.
4. demonstrate knowledge of health and safety standards for infants and young children in group care and early intervention settings.
5. identify characteristics of high quality early care and education settings as related to health, safety and nutrition for children ages 0-5

**Required Text:**

1. Aronson, S. S. (2012). *Healthy Young Children: A Manual for Programs, 5th ed.* Washington, DC: National Association for the Education of Young Children.
2. Sorte, J., Daeschel, I., & Amador, C. (2011). *Nutrition, Health, and Safety for Young Children: Promoting Wellness.* Boston: Pearson.

*You are responsible for all of the information in the textbooks, regardless of what we cover in class meetings.*

**Supplies:**

* Four (4) Scantron- 882-E forms.

**Course Details:**

1. There are 18 weeks in this semester. The last week is Final’s Week, and we will only meet on one day during Final’s Week.
2. There are two parts to every course you take: 1) class meetings/discussions and 2) out of class study time. This course is worth 3 units, which means that we will spend 3 hours together each week in class meetings/discussions and YOU should spend 6 hours a week studying the course materials outside of the classroom (study time).
3. There are 18 chapters in the textbook, divided into 4 parts (as noted in the table of Contents of the text).
4. **You have access to all of the course information that will be covered during class meetings, and all of the information to help you master this course. You can access this information using the Blackboard Companion.** To visit Blackboard, simply click on the Bb link under the “On-Line Services” tab on the Reedley College Web-page at [www.reedleycollege.edu](http://www.reedleycollege.edu). You will need a computer or device that had internet capabilities to access Blackboard. If you do not have one, you can use one of the computers in the Reedley College Library.
5. **Extra Credit is not available for this class.**
6. PowerPoint presentations related to the text chapters can be found on Blackboard. These presentations are provided to help you understand the information in the textbook. We will discuss some of the slides in these presentations during class meetings.
7. Because we have a limited time together during class meetings, you need to understand that we WILL NOT be able to discuss everything during class meetings.
8. Final Grades are determined on the basis of accumulated points from required assignments.

**Percentage Points Range Grade Percentage Points Range Grade**

90 – 100% 405 - 450 A 60 – 69% 270 - 314 D

80 – 89% 360 - 404 B 0 – 59% 0 – 269 F

70 – 79% 315 - 359 C

**Course Requirements:**

**Participation/In-Class Activities:**

You are required to participate in class and complete some assignments during class. Some assignments are group activities, and some you will complete on your own. If you are absent on the day an in-class activity is given, then you miss the opportunity to complete that activity and earn those points toward your final grade. If you disrupt class with excessive talking and any cell phone usage, then you will lose participation points. If you fail to participate in daily discussions or fail to come to class, then you will miss participation points. You can earn a total 60 points toward your final grade (approximately 4 points per week). ***If you are absent on the day an in-class activity is given, then you miss the opportunity to complete that activity. Make-up activities will NOT be given.***

**Activities:**

There will be 7 activities to complete during the semester. You will complete some of these activities in groups and complete others on your own. These activities will be worth a total of 175 points toward your final grade (25 points each).

**Exams:**

There are 5 exams, one for each Part of the textbook we will be studying. Each exam is made up of multiple-choice questions related to the text chapters and discussion materials. These questions include take-home questions and in-class questions. You will have access to the take-home questions on the day we begin studying the chapters covered on that exam.

**You will complete the in-class questions on the day the exam is due.** If you are absent on the day the exam is due, you will miss the opportunity to earn the points for those in-class questions. These in-class questions are worth 2 points each; one point to be counted toward the grade for that exam and one point to be counted toward the Final Exam. This means that you MUST come to class on the day an exam is due so that you can take the in-class questions. This also means that by taking the in-class questions for each exam during the semester you will earn the points for the Final Exam BEFORE the end of the semester. If you are happy with the points you earn for the Final Exam, you will NOT have to take the Final Exam on the last day of the class. However, if you do not earn the points you want, you will be able to take the Final Exam on the last day of the class and possibly earn a higher score. The higher of the two scores will be recorded toward you final grade. **Late exams will not be accepted and make-up exams will not be given.**

**Final Exam:**

There is one final exam worth 35 point which will be given on the last class meeting day during Final’s Week. However, you will earn points toward your Final Exam grade each time you take an exam during the semester. If you are happy with the Final Exam grade you earn during the semester then you will NOT have to take the Final Exam on the last day. But if you are not happy with the Final Exam grade you earn during the semester then you can choose to take the Final Exam on the last day of class during Final’s Week. The higher of the two grades will be recorded toward your final grade. **No make-up Final Exam will be given.**

**Point Breakdown and Tally Sheet: Points Possible Points Earned**

**Participation** 60 \_\_\_\_\_

**Activities:**

Activity 1 25 \_\_\_\_\_

Activity 2 25 \_\_\_\_\_

Activity 3 25 \_\_\_\_\_

Activity 4 25 \_\_\_\_\_

Activity 5 25 \_\_\_\_\_

Activity 6 25 \_\_\_\_\_

Activity 7 25 \_\_\_\_\_

**Exams:**

Exam 1 30 \_\_\_\_\_

Exam 2 20 \_\_\_\_\_

Exam 3 70 \_\_\_\_\_

Exam 4 30 \_\_\_\_\_

Exam 5 30 \_\_\_\_\_

**Final Exam** 35 \_\_\_\_\_

Total Points Possible: 450 Total:\_\_\_\_\_

**Course Outline and Schedule:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Wk | Date | In Class Assignments | Homework | Due |
| 1 | 1-14 | Introduction to Course and Textbooks | Read Aronson Chapter 1 |  |
| 1-16 | Chapter 1: Health Components | Read Sorte Chapters 1 - 2 |  |
| 2 | 1-21 | Teaching Wellness Concepts | Read Aronson Chapter 2 |  |
| 1-23 | Chapter 2: Preventing Infections | Read Sorte Chapter 11 |  |
| 3 | 1-28 | Infectious Diseases | Study for Exam 1 | **Activity #1** |
| **1-30** | **Exam #1 (Aronson Ch 1 – 2; Sorte Chapters 1, 2, & 11)** | Read Aronson Chapter 3 | **Exam #1** |
| 4 | 2-4 | Chapter 3: Preventing Injuries | Read Sorte Chapter 14 |  |
| 2-6 | Ensuring Safety Laws and Regulations | Read Aronson Chapter 4 | **Activity #2** |
| 5 | 2-11 | Chapter 4: Ready for Emergencies | Read Sorte Chapter 17 |  |
| 2-13 | Emergencies | Study for Exam 2 |  |
| 6 | **2-18** | **Exam #2 (Aronson Ch. 3 – 4; Sorte Chapters 14 & 17** | Read Aronson Chapter 5 | **Exam #2** |
| 2-20 | Chapter 5: Promoting Health with Good Nurtition | Read Sorte Chapter 3 & 4 |  |
| Wk | Date | In Class Assignments | Homework | Due |
| 7 | 2-25 | The Science of Nurtition | Read Sorte Chapter 5 |  |
| 2-27 | Feeding Infants | Read Sorte Chapter 6 |  |
| 8 | 3-4 | Feeding Toddlers and Preschoolers | Read Sorte Chapter 7 & 8 |  |
| 3-6 | Menu Planning | Read Aronson Chapter 6 | **Activity #3** |
| 9 | 3-11 | Chapter 6: Promoting Health with Physical Activity | Read Aronson Chapter 7 |  |
| 3-13 | Chapter 7: Promoting Health Education | Read Sorte Chapter 13 |  |
| 10 | 3-18 | Mental Health | Study for Exam 3 |  |
| **3-20** | **Exam #3 (Aronson Ch 5 – 7; Sorte Chapters 3, 4, 5, 6, 7, 8, & 13)** | Read Aronson Chapter 8 | **Exam #3** |
| 11 | 3-25 | Chapter 8: Medical Care | Read Sorte Chapter 10 |  |
| 3-27 | Health Assessments | Read Aronson Chapter 9 | **Activity #4** |
| 12 | 4-1 | Chapter 9: Healthy Child Care | Read Sorte Chapter 9 |  |
| 4-3 | Creating a Healty Environment | Read Aronson Chapter 10 | **Activity #5** |
| 13 | 4-8 | Chapter 10: Healthy Early Care and Education | Read Sorte Chapter 15 |  |
| 4-10 | Safe Environments | Study for Exam 4 |  |
| **4-14 – 4-18** | | **Spring Recess—No Classes Held** | | |
| 14 | 4-22 | Exam #4 (Aronson Ch. 8 – 10; Sorte Chapters 9, 10, & 15) | Read Aronson Chapter 11 | **Exam #4** |
| 4-24 | Chapter 11: Caring for Children with Health Needs | Read Sorte Chapter 16 |  |
| 15 | 4-29 | Safe Practices | Read Aronson Chapter 13 | **Activity #6** |
| 5-1 | Chapter 13: Child Maltreatment | Read Sorte Chapter 18 |  |
| 16 | 5-6 | Abuse and Neglect | Read Aronson Chapter 12 |  |
| 5-8 | Chapter 12: Inclusion of Children with Special Needs | Read Sorte Chapter 12 |  |
| 17 | 5-13 | Special Health Needs | Study for Exam 5 | **Activity #7** |
| **5-15** | **Exam #5 (Aronson Ch. 11 – 13; Sorte Chapters 12, 16, & 18)** |  | **Exam #5** |
| **18** | **5-22** | **Final Exam Day—9:00 – 10:50 AM** |  |  |

*The discussion topics listed on this syllabus are an estimate; daily topics will depend on individual class performances and understanding of the materials. However, the due dates will remain as listed.*

# Having Problems?

If at any time you find you are having trouble succeeding in this course, whether because of a change in your life circumstances or because of something you don’t understand about the materials, please see the instructor. There are a number of services available to assist Reedley College students in succeeding in their coursework.

**Important Information:**

1. **Printing:** Due to budget constraints, only some of the required materials will be provided to you. You will be required to visit Blackboard before coming to class to print off copies of materials needed for that day. If you fail to print and bring the daily required materials with you to class, then you will miss the opportunity to gain any points associated with those materials.
2. **Blackboard:** Some of your assignments will be completed using Blackboard. If you do not have a home computer or device for accessing Blackboard, you can use the computers available to students in the Reedley College Library.
3. **Syllabus and Class Policies:** These, and other important documents for our course, can be accessed on Blackboard. It is your responsibility to read and understand all of the important documents on Blackboard. Blackboard can be accessed on-line at [www.blackboard.reedleycollege.edu](http://www.blackboard.reedleycollege.edu).
4. **Email:** Your @myscccd.edu email address is the only addressed used by the instructor for this course.
5. **Attendance:** This class is based on learning through sharing and experiences. Regular attendance is EXPECTED. Students will be dropped after missing 2 weeks of class meetings.
6. **Late Work:** All assignments must be turned in on the due date. Late work can have all possible points deducted at the discretion of the instructor.
7. **Missed Tests/Exams/Quizzes/Activities:** Tests, exams, quizzes, and activities must be taken on the day scheduled. You will not be allowed to make up a missed test/exam/quiz/activitiy. **Do not take this lightly. No excuses will be accepted.**
8. **Late to an Exam:** You will NOT be allowed to complete any exam if you are 10 or more minutes late.
9. **Grading:** All assignments will be graded and returned as quickly as possible, but can take two weeks or more. Please be patient. All exams will be graded and returned by the next class meeting.
10. **Retaining Returned Assignments:** Students disagreeing with the assigned final grade will be required to supply evidence to the contrary. Therefore, it is suggested that students retain all returned/graded assignments and tests until after final grades have been posted.
11. **Cell Phone Use:** Cell phones are forbidden to be used during class. If you are seen using your phone during class, or if your phone rings during class you will lose participation points. Each time you use your cell phone in class you will have 10 points deducted from your possible participation points. **Do not take this lightly.**
12. **Cheating/Plagiarism:** Cheating and/or plagiarism will not be tolerated. A student will receive no credit for the assignment if in the opinion of the instructor the individual has cheated.
13. **Dropping the Course:** It is YOUR responsibility for dropping the course if you choose. You must drop using the proper procedures through Reedley College Admissions and Records office. If you choose to stop attending class, make sure that you do an official drop, otherwise you might end up with an “F” grade for the course.
14. **Canceled Class Notification:** From time to time a class meeting may need to be canceled. Notification of canceled class will appear in several forms: 1—Official cancel notification from Office of Instruction posted on the door, 2—Notification posted on Blackboard site for the class, 3—Notification emailed to students using email addresses from Blackboard. If possible, the canceled class notification will also appear on the Reedley College Web page.
15. **Accommodations for Students with Disabilities:** If you have a verified need for an academic accommodation or materials in alternate media (i.e., Braille, large print, electronic text, etc.) per the Americans with Disabilities Act (ADA) or Section 504 of the Rehabilitation Act, please contact me as soon as possible.
    * 1. I sometimes use Red or Green pens/writing to grade your assignments or highlight important information on Blackboard. Please tell me IMMEDIATELY if you have difficulties seeing these colors. I will use alternate colors **if** you let me know of your color distinguishing difficulties.

**Important Dates:**

1. **January 13, 2014:** Semester begins
2. **January 20, 2013:** Holiday—No classes held, campus closed
3. **January 31, 2014:** Last day to register for a full-term class
4. **February 14, 2014:** Holiday—No classes held, campus closed
5. **February 17, 2014:** Holiday—No classes held, campus closed
6. **March 14, 2014:** Last day to drop a full-term class (letter grade assigned after this date)
7. **April 14 – 17, 2014:** Spring Recess—No classes held, campus open
8. **April 18, 2014:** Spring Holiday—No classes held, campus closed
9. **May 19 – 23, 2-14**: Final Exams Week
10. **May 22, 2014**: Final Day of class
11. **May 23, 2014:** Final Grades for full-term courses will be submitted to A & R promptly at 8:00 AM. Any discrepancies must be addressed before this time.

**Changing Syllabus Statement:** This course syllabus is equivalent to a contract between the instructor and the student. However, the information in this syllabus is subject to change at any time during the term. All changes will be stated in class and students are responsible for noting such changes. In the event that you are absent on the day changes are made, it is your responsibility to find out the changes and adhere to them.

The student’s decision to attend the class denotes acceptance of:

1. This syllabus as a contract outlining the student’s responsibilities to complete all required assignments by the due dates
2. The policy that late assignments will have some or all of the points deducted
3. The changing syllabus statement
4. The expectations of this course as outlined in this syllabus
5. That final grades are determined on the basis of accumulated points from required assignments
6. The policy that students are responsible for supplying evidence of any discrepancy in grades as determined by returned/graded assignments
7. That grades will be submitted on December 13, 2013 at 8:00 AM, and discrepancies need to be addressed before this time, preferably during the final class meeting

Students disagreeing with the above statements should withdrawal from this course section and enroll in a section of this course taught by another instructor.