CHDEV 5 Parent Education

Instructor, Meredith Mathias-Bautista Phone: 305-7143

Email: mathias-m@kcusd.com/ meredith.mathias@reedleycollege.edu

Course Description

This course examines skills needed for effective parenting and the importance of nurturing young children. This course also addresses the explicit developmental needs of children and the use of effective communication skills. Positive discipline strategies will be explored as well as environmental influences on behavior.

Course Outcomes: In the process of completing this course, students will:

- A. Recognize the developmental needs of children and utilize effective parenting tools to meet those needs appropriately.
- B. Demonstrate effective parent-to-parent and parent-to-child communication skills.
- C. Implement effective parenting tools in the context of cultural influence.

Textbook:

Required: The Process of Parenting, 8th Edition, by Jane Brooks

Syllabus Disclaimer:

This syllabus constitutes a contract between the instructor of this course and the student enrolled in the course. The student's decision to attend class denotes:

- 1. Acceptance of this syllabus.
- 2. Acceptance of the expectations of this course as outlined in this syllabus.
- 3. The student's understanding that the course schedule outlined in this syllabus is subject to change, dependent upon the instructor's evaluation of the progress of the whole class.
- 4. The student's understanding that it is their responsibility to read all assignments, complete all assignments and turn in all assignments by the designated times.

Course Outline: (approximate dates)

Date	Lecture Topic	Assignments Due
Aug. 13	A. Welcome / Syllabus / class policy	
	B. What is Parenting?-Discussion Groups 1	

	T	T
Aug. 20	A. Lecture Ch. 1	Read Ch.1
	B. Discussion Groups 2	D 161 2
Aug. 27	A. Theories in Growth and Development-Lecture	Read Ch. 2
	Ch.2	
	B. Discussion Groups 3	
Sep. 3	No Class-Holiday	
Sep. 10	A. 1 st writing of parenting philosophy	Read Ch. 3
	B. Cultural Influences on Parenting	
Sep. 17	A. DVD – Discovering What Motivates You:	
	How Your Family Upbringing Influenced You	
	B. Your Child's Self Esteem	
	C. Discussion Groups 4	
Sep. 24	A. Your Child's Self Esteem	Study for Exam 1
	B. DVD – Self-Esteem: The Bottom Line	
Oct. 1	A. Discussion Groups 5	
	B. Exam # 1	
Oct. 8	A. Nurturing Close Family Relationships	Read Ch. 4
	B. Active Listening – How to use this powerful	
	communication tool	
	C. Discussion Groups 6	
Oct. 15	A. I Messages – How to use this powerful	Read Ch. 5
	communication tool	
	B. Parenting Styles – Democratic, Permissive &	
	Authoritarian	
	C. Discussion Groups 7	
Oct. 22	A. Democratic Parenting Tools	Read Ch. 7
Set. 22	B. Supporting Children's Growth and Development	Study for Exam#2
	C. Parenting Infants / Topics	Study 101 Examin2
	☐ Sleep	
	☐ Separation and Stranger Anxiety	
	☐ Crying	
	☐ How Strong Attachments are formed	
	D. Discussion Groups 8	
Oct. 29	A. Continue infant topics & view DVD Nurturing	
Oct. 27	Baby Care	
	B. Continue infant topics and view DVD – The First	
	Years of Life	
	C. EXAM #2	
Nov. 5		Read Ch. 8
1107. 3	A. Toddler topics	INCAU CII. 0
	☐ Biting ☐ Potty Training	
	□ Potty Training □ Tamper Tentrums	
	☐ Temper Tantrums	
	B. Behavior	
NI 12	C. Discussion Groups 9	
Nov. 12	No Class-Holiday	D 101 0
Nov. 19	A. The Preschool Years – Stimulating Growth	Read Ch. 9

	through Play	
	□ DVD – Ready to Learn (RC Library)	
	B. Topics: Shyness and Aggression	
	C. 2nd writing of parenting philosophy	
	D. Discuss Final	
Nov. 26	A. Parenting Elementary School Children	Read Ch. 10
	☐ Sibling Rivalry	
	B. DVD - Encouraging Positive Activities	
	C. Discussion Groups 10	
Dec. 3	A. Dealing with Bullying and Aggressive	Read Ch. 11
	Children	
	B. Parenting Teen-agers	
	C. EXAM #3	
Dec. 10	Final	

Assignments:

Students are expected to come to class prepared and ready to discuss reading assignments. Remember that your performance in class is directly related to how much time and effort you put into the class material. For every hour in class you can estimate spending 1 - 2 hours studying outside of class.

o <u>Presenting Your Work</u>

- Type all assignments
- All assignments must be neat and clearly labeled with the student's name, date and the title of the assignment.
- Papers should be doubled-spaced, 12 point font, stapled and without plastic binders that fall off or note books which make the paper hard to write on for grading purposes.
- Take pride in writing papers that have proper punctuation, grammar and spelling.
- Take responsibility to present completed, polished work on time.
- Late assignments are not accepted.
- Make a copy of any assignment that you hand in just in case you want to refer to it or it is misplaced.
- Save all graded work for the semester.

Assignments and Points:

1. Exams	3 at 50 points each = 150
2. Parenting Philosophy	1 at50 points= 50
3. Group Discussions/Activities	10 at 5 points each $= 50$
4. Final/Parenting Project	1 at 50 points = 50
	Total points for this class= 300

Assignment Descriptions:

Exams:

- 1. Three exams will be given, covering the text and lecture notes.
- 2. Students are to remain in class until their exam is completed and turned in.
- 3. Cell phones must be turned off and put away in backpacks or purses.
- 4. There are no make-ups for missed exams.

Final Exam: Monday December 10th 6pm

Parenting Philosophy:

- 1. The first part of the semester you will write your ideas about parenting. Near the end of the semester you have the opportunity to revise your philosophy, incorporating newly learned parenting strategies to support effective parenting.
- 2. The 1st writing assignment is due: Monday, September 3rd and is worth 20 points.

The final writing assignment is due: Monday, November 19^{th} and is worth 30 points.

Parenting Project:

This will be your final. It will be the culminating experience of the class. Additional information will be provided.

Group Discussion/Activities:

- 1. In class group or individual work will be provided several times during the semester to promote application of material.
- 2. Students will be required to give an oral presentation OR submit a written report prior to leaving class that day.
- 3. Total points are between 0-5, based on the group's level of successful completion.
- 4. There are no make-ups on missed activities.

Exams will be both multiple choice and essay questions.

GRADES:

Percentage	Points Range	Grade
90 – 100%	270 - 300	A
80 – 89%	240 - 269	В
70 – 79%	210- 239	С
60 – 69%	180- 209	D
0 - 59%	0 – 179	F

1. Your grade will be calculated by dividing your total points earned from the

^{*}Accommodations will be made for students with Disabilities.

assignments by the total points possible. The grading scale is as follows:

- Grades are confidential. I would be happy to discuss grades after class. Discussion of grades cannot take place in the classroom, while other students are present.
 - A. If the instructor has calculated an in progress grade for you during the semester, remember, this is "IN PROGRESS", and may not reflect the final grade, should you fail to complete the remainder of assignments with the same level of quality.
 - B. Always talk to the instructor of record for anything pertaining to this class.
 - C. Finals week is too late to notify the instructor of problems. Be sure to talk to the instructor early in the semester, when something <u>can</u> be done.

Point Break Down and Tally Sheet

Assignments	Points Possible	Your Points Earned
Exam #1	50	
Exam #2	50	
Exam #3	50	
Parenting Philosophy #1	20	
Parenting Philosophy #2	30	
Discussion Groups 1	5	
Discussion Groups 2	5	
Discussion Groups 3	5	
Discussion Groups 4	5	
Discussion Groups 5	5	
Discussion Groups 6	5	
Discussion Groups 7	5	
Discussion Groups 8	5	
Discussion Groups 9	5	
Discussion Groups 10	5	
Final/Parenting Project	50	

Blackboard Companion Course:

Blackboard is a REQUIRED component of this course. This course syllabus as well as all assignments and reading requirements will NOT be printed out for you but will be available to you via blackboard. Course power point presentations and discussion topics for any class meeting will also be available for your review. Blackboard will also be used to post reminders and notifications of class session cancelations. To visit Blackboard, simply click on the Bb link near the bottom of the Reedley College Webpage at www.reedleycollege.edu. As a child development student you may also access black board by using the Child Development resource room . Hours of operation will be posted on blackboard. You may also use the on campus computer center.

Important Dates:

August 13	Start of the Fall Semester
August 24	Last day to drop for a full refund
August 31	Last day to register for a full-term class
August 31	Last day to drop in person for a full-term class to avoid "W"
Sept.3	Last day to drop on Web-advisor
Oct 12	Last day to drop without letter grade
Nov. 12	Veterans day –No Classes
Nov. 22-23	Campus Closed-No Class
D 10 14	Elizata W7 - 1-

Dec. 10-14 Finals Week

ATTENDANCE:

Regular attendance is an important requirement of this class.

- ✓ If you are not here when roll is taken, you are absent.
- ✓ Missing 2 weeks of class is considered excessive.
- ✓ If you cannot attend class, students are advised to have another student in the class pick up handouts or make sure you check Blackboard for assignments or for what happened in the class on the day you missed.
- ✓ Attending class is for registered students only.
- ✓ Dropping class
 - 1. It is ultimately the student's responsibility to drop a class they no longer intend to participate in, to avoid receiving a "F" grade.
 - 2. When a student is absent in excess of two weeks, the instructor may initiate a withdrawal.

LAST DAY TO DROP WITHOUT PENALTY – August 24th, 2012.

**Students may drop or be dropped through October 12th, 2012 and after this date a letter grade will be assigned.

ACADEMIC SUCCESS:

- 1. In order to succeed at the highest level in college, be sure to utilize the Reedley College services that are available.
 - a. Tutorial
 - b. Disabled Student Services
 - c. Computer lab
 - d. Library
 - e. Counseling
- 2. College success means planning ahead and scheduling everything
- 3. Accommodation for student with disabilities
- ** If you have a verified need for an academic accommodation or materials in alternate media (i.e., Braille, large print, electronic text, etc.) per the Americans with Disabilities Act (ADA) or Section 504 of the Rehabilitation Act, please contact me as soon as possible.
 - 4. If you require special arrangements for testing, etc. through DSPS, allow 1-week time for the necessary processing.

RESPECT:

- 1. Students are expected to manage their schedule and arrive on time. If you should arrive late, please sit down quietly without disturbing others. <u>If you arrive late more than 1 time</u>, please see the instructor.
- 2. Students are expected to stay for the entire class time.
- 3. Because of the large student load, it is helpful to have important questions or comments submitted in writing. A sticky note works well.
- 4. **Instructor set-up time -** 10 minutes prior to class beginning is the instructors set up time, therefore individual questions would be better addressed after.

STUDENT CONDUCT:

- 1. No writing on the tabletops or defacing them in any way.
- 2. Cell phones are not allowed out during class. If you have one with you, please keep it tucked away in a backpack or purse, in the off position.
- 3. Use courtesy in the classroom. One person talks at a time.
- 4. **Cheating**: Students are expected to conduct themselves according to the *Student Conduct Standards*. Cause for discipline include, but are not limited to:
 - a. Dishonesty, including but not limited to cheating, plagiarism, or furnishing false information to the college.
 - **a.** Threat of physical abuse, on or off college property, of the person or property of any member of the college community or of members of his/her family.

The statements below are taken directly from the Reedley College Catalog

Academic Dishonesty

Students at Reedley College are entitled to the best education that the college can make available to them, and they, their instructors, and their fellow students share the responsibility to ensure that this education is honestly attained. Because cheating, plagiarism, and collusion in dishonest activities erode the integrity of the college, each student is expected to exert an entirely honest effort in all academic endeavors. Academic dishonesty in any form is a very serious offense and will incur serious consequences.

Cheating

Cheating is the act or attempted act of taking an examination or performing an assigned, evaluated task in a fraudulent or deceptive manner, such as having improper access to answers, in an attempt to gain an unearned academic advantage. Cheating may include, but is not limited to, copying from

another's work, supplying one's work to another, giving or receiving copies of examinations without an instructor's permission, using or displaying notes or devices inappropriate to the conditions of the examination, allowing someone other than the officially enrolled student to represent the student, or failing to disclose research results completely.

Plagiarism

Plagiarism is a specific form of cheating: the use of another's words or ideas without identifying them as such or giving credit to the source. Plagiarism may include, but is not limited to, failing to provide complete citations and references for all work that draws on the ideas, words, or work of others, failing to identify the contributors to work done in collaboration, submitting duplicate work to be evaluated in different courses without the knowledge and consent of the instructors involved, or failing to observe computer security systems and software copyrights. Incidents of cheating and plagiarism may result in any of a variety of sanctions and penalties, which may range from a failing grade on the particular examination, paper, project, or assignment in question to a failing grade in the course, at the discretion of the instructor.

<u>Cheating/Plagiarism:</u> Cheating and/or plagiarism will not be tolerated. A student will receive no credit for the assignment if in the opinion of the instructor the individual has cheated

EMERGENCIES OR EXTENUATING CIRCUMSTANCES:

These are verified cases of accidents, illness, death in the immediate family, or jury duty. They involve any *long-term* absence and should be brought to the attention of the instructor immediately. Students are advised to provide the written proof of any such incident when they initially speak with the instructor.

***The instructor of record reserves the right to make any changes to the course syllabus (dates), as deemed necessary for the good of the class.

In all phases of life, parenting involves acceptance, availability, nurturance, positive support, and problem –solving help.