**Course:** 53950  **Instructor:** Nancy Marsh

**Unit load:** 3 **Phone:** 638-3641ext. 3249

**Class Meets:** M, W 12:00 – 1:15 PM **E-Mail:** nancy.marsh@reedleycollege.edu

**Room:** POR 4  **Office:** Child Development Center Office

# Office Hours: Mondays and Wednesday 10:00 – 11:30 PM; Fridays 8:00 – 9:00 PM; and by appointment.

**Course Description:** Introduction to the laws, regulations, standards, policies and procedures and early childhood curriculum related to child health, safety and nutrition. Prevention, detection, and management of communicable disease; medical issues associated with disabilities and chronic illness; physical health; mental health and safety for both children and adults; collaboration with families and health professionals will be discussed. Integration of the concepts discussed into planning and program development for children ages 0 to 5 will be emphasized.

**Student Learning Outcomes:** Upon “successful” completion of this course, students will be able to:

1. assess strategies to maximize the mental and physical health of children and adults in group care and early intervention settings in accordance with culturally, linguistically and developmentally appropriate practice.
2. identify health, safety, and environmental risks in early care and education settings.
3. analyze the nutritional needs of children at various ages and evaluate the relationship between healthy development and nutrition.
4. demonstrate knowledge of health and safety standards for infants and young children in group care and early intervention settings.
5. identify characteristics of high quality early care and education settings as related to health, safety and nutrition for children ages 0-5

**Required Text:**

* Sorte, J., Daeschel, I., & Amador, C. (2011). *Nutrition, Health, and Safety for Young Children: Promoting Wellness.* Boston: Pearson.

*You are responsible for all of the information in the textbooks, regardless of what we cover in class meetings.*

**Supplies:**

* Five (5) Scantron- 882-E forms.
* i>clicker remotes will be used daily in class for tests, surveys, and other activities. You will need to **register your i>clicker remote in class on August 18, 2011**. *The longer you wait to register your remote, the more participation points you will lose;* ***so please purchase your remote immediately!***

**Course Details:**

1. There are 18 weeks in this semester. The last week is Final’s Week, and we will only meet on one day during Final’s Week.
2. There are two parts to every course you take: 1) class meetings/discussions and 2) out of class study time. This course is worth 3 units, which means that we will spend 3 hours together each week in class meetings/discussions and YOU should spend 6 hours a week studying the course materials outside of the classroom (study time).
3. There are 18 chapters in the textbook, divided into 4 parts (as noted in the table of Contents of the text).
4. **You have access to all of the course information that will be covered during class meetings, and all of the information to help you master this course. You can access this information using the Blackboard Companion.** To visit Blackboard, simply click on the Bb link under the “On-Line Services” tab on the Reedley College Web-page at [www.reedleycollege.edu](http://www.reedleycollege.edu).  *Blackboard is not a required part of this course. This companion is provided simply as a courtesy to the students. You DO NOT have to use Blackboard for any section of this course. However, you can earn extra credit and improve your understanding of course materials by visiting Blackboard.*
5. **Extra Credit:** You will have the opportunity to earn 30 extra credit points toward your final grade from completing on online quiz related to the syllabus and class policies (available on Blackboard). This will be your only opportunity to earn extra credit. ***No make-up extra credit will be given.***
6. PowerPoint presentations related to the text chapters can be found on Blackboard. These presentations are provided to help you understand the information in the textbook. We will discuss some of the slides in these presentations during class meetings.
7. Because we have a limited time together during class meetings, you need to understand that we WILL NOT be able to discuss everything during class meetings.
8. Final Grades are determined on the basis of accumulated points from required assignments.

**Percentage Points Range Grade Percentage Points Range Grade**

90 – 100% 405 - 450 A 60 – 69% 270 - 314 D

80 – 89% 360 - 404 B 0 – 59% 0 – 269 F

70 – 79% 315 - 359 C

**Course Requirements:**

**i>clicker Participation:**

You are required to purchase an i>clicker remote for in-class participation. You will use your remote to answer questions during the lectures. You can earn a total of 100 points toward your final grade by using your remote. In order to receive full credit, you will need to register your remote in class on August 18. The longer you wait to register your remote, the more points you will lose; so please purchase your remote immediately! The i>clicker remotes will be used nearly every day in class, and you are responsible for bringing your remote daily AND making sure the batteries are working. **No make-up i>clicker participation points will be available.**

**Activities:**

There will be 4 activities to complete during the semester. You will complete some of these activities in groups and complete others on your own. These activities will be worth a total of 100 points toward your final grade.

**Exams:**

There are 4 exams, one for each Part of the textbook we will be studying. Each exam is made up of multiple-choice questions related to the text chapters that are covered during that part of the text. These questions include take-home questions and in-class questions. Each exam will contain 10 take-home questions and 2 in-class questions **for each chapter covered**. You will have access to the take-home questions on the day we begin studying the chapters covered on that exam.

**You will complete the in-class questions on the day the exam is due.** If you are absent on the day the exam is due, you will miss the opportunity to earn the points for those in-class questions. These in-class questions are worth 2 points each; one point to be counted toward the grade for that exam and one point to be counted toward the Final Exam. This means that you MUST come to class on the day an exam is due so that you can take the in-class questions. This also means that by taking the in-class questions for each exam during the semester you will earn the points for the Final Exam BEFORE the end of the semester. If you are happy with the points you earn for the Final Exam, you will NOT have to take the Final Exam on the last day of the class. However, if you do not earn the points you want, you will be able to take the Final Exam on the last day of the class and possibly earn a higher score. The higher of the two scores will be recorded toward you final grade. **Late exams will not be accepted and make-up exams will not be given.**

**Final Exam:**

There is one final exam worth 36 point which will be given on the last class meeting day during Final’s Week. However, you will earn points toward your Final Exam grade each time you take an exam during the semester (2 points possible for each chapter). If you are happy with the Final Exam grade you earn during the semester then you will NOT have to take the Final Exam on the last day. But if you are not happy with the Final Exam grade you earn during the semester then you can choose to take the Final Exam on the last day of class during Final’s Week. The higher of the two grades will be recorded toward your final grade. **No make-up Final Exam will be given.**

# Having Problems?

If at any time you find you are having trouble succeeding in this course, whether because of a change in your life circumstances or because of something you don’t understand about the materials, please see the instructor. There are a number of services available to assist Reedley College students in succeeding in their coursework.

**Point Breakdown and Tally Sheet: Points Possible Points Earned**

**i>clicker Participation** 100 \_\_\_\_\_

**Activities:**

Activity 1 25 \_\_\_\_\_

Activity 2 25 \_\_\_\_\_

Activity 3 25 \_\_\_\_\_

Activity 4 25 \_\_\_\_\_

**Exams:**

Exam 1 24 \_\_\_\_\_

Exam 2 72 \_\_\_\_\_

Exam 3 60 \_\_\_\_\_

Exam 4 60 \_\_\_\_\_

**Final Exam** 36 \_\_\_\_\_

**Extra Credit:**

Syllabus and Policy Quiz \_\_\_\_\_

Total Points Possible: 452 (2 extra credit) Total:\_\_\_\_\_

**Course Outline and Schedule:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Wk | Date | In Class Assignments | Homework | Due |
| 1 | 8/15 | Introduction to class | Read Chapter 1 |  |
| 8/17 | Chapter 1: Interconnection | Read Chapter 2 |  |
| 2 | 8/22 | Chapter 2: Teaching Wellness Concepts |  |  |
| 8/24 | Healthy Resources |  |  |
| 3 | 8/29 | Activity 1 |  | **Activity 1** |
| **8/31** | **Exam 1 (Chapters 1 – 2;**  **FE Questions 1 – 4)** |  | **Exam 1; FE Questions 1 - 4** |
| 4 | **9/5** | Holiday—No class | Read Chapter 3 |  |
| 9/7 | Chapter 3: Optimal Nutrition | Read Chapter 4 |  |
| 5 | 9/12 | Chapter 4: Science of Nutrition | Read Chapter 5 |  |
| 9/14 | Chapter 5: Feeding Infants | Read Chapter 6 |  |
| 6 | 9/19 | Chapter 6: Feeding Toddlers, Preschoolers and Older | Read Chapter 7 |  |
| **9/21** | Chapter 7: Menu Planning | Activity 2 (Menu Plan) |  |
| 7 | **9/26** | Menu Plan Activity |  |  |
| 9/28 | Menu Plan Activity |  |  |
| 8 | 10/3 | Menu Plan Presentations | Read Chapter 8 |  |
| 10/5 | Menu Plan Presentations |  |  |
| 9 | 10/10 | Menu Plan Presentations |  |  |
| 10/12 | Chapter 8: Food Safety |  | **Activity 2** |
| 10 | 10/17 | **Exam 2 (Chapters 3 – 8; FE Questions 5 - 16)** | Read Chapter 9 | **Exam 2; FE Questions 5 - 16** |
| 10/19 | Chapter 9: Climate of Health | Read Chapter 10 |  |
| 11 | 10/24 | Chapter 10: Health Assessment | Read Chapter 11 |  |
| 10/26 | Chapter 11: Infectious Disease | Read Chapter 12 |  |
| 12 | 10/31 | Chapter 12: Special Health Needs | Read Chapter 13 |  |
| 11/2 | Chapter 13: Mental Health |  |  |
| 13 | 11/7 | Activity 3 |  | **Activity 3** |
| 11/9 | Exam 3 (Chapters 9 – 13; FE Questions 17 - 26) |  | **Exam 3; FE Questions 17 - 26** |
| Wk | Date | In Class Assignments | Homework | Due |
| 14 | 11/14 | Health/Safety Activity 3 | Read Chapter 14 |  |
| 11/16 | Chapter 16: Safe Practices | Read Chapter 15 |  |
| 15 | 11/21 | Chapter 14: Ensuring Safety | Evaluations;  Read Chapter 16 |  |
| 11/23 | Chapter 15: Safe Environments | Read Chapter 17 |  |
| 16 | 11/28 | Chapter 17: Emergencies | Read Chapter 18 |  |
| 11/30 | Chapter 18: Abuse and Neglect |  |  |
| 17 | 12/5 | Activity 4 | Study for Exam 4 | **Activity 4** |
| **12/7** | **Exam 4 (Chapters 14 – 18; FE Questions 27 – 36)** | Study for Final Exam (Chapters 1 – 18) | **Exam 4; FE Questions 27 - 36** |
| **18** | **12/14** | **Final Exam**  **Begins at 12:00 NOON** |  | **Final Exam** |

*The discussion topics listed on this syllabus are an estimate; daily topics will depend on individual class performances and understanding of the materials. However, the due dates will remain as listed.*

**Important Information:**

1. **Attendance:** This class is based on learning through sharing and experiences. Regular attendance is EXPECTED. Students will be dropped after missing 4 days (2 weeks) of class meetings. If you want to drop the class, please complete an official drop through the Reedley College Admissions and Records office. DO NOT rely on being dropped for missing days or you may end up with an “F” grade. If you stop coming to class after the official drop date, you will get an “F” grade.
2. **Late Work:** All assignments must be turned in on the due date.
3. **Missed Tests/Exams/Quizzes/Activities:** Tests, exams, quizzes, and activities must be taken on the day scheduled. You will not be allowed to make up a missed test/exam/quiz/activitiy. **Do not take this lightly. No excuses will be accepted.**
4. **Retaining Returned Assignments:** Students disagreeing with the assigned final grade will be required to supply evidence to the contrary. Therefore, it is suggested that students retain all returned/graded assignments and tests until after final grades have been posted.
5. **Cheating/Plagiarism:** Cheating and/or plagiarism will not be tolerated. A student will receive no credit for the assignment if in the opinion of the instructor the individual has cheated.
6. **Dropping the Course:** It is YOUR responsibility for dropping the course if you choose. You must drop using the proper procedures through Reedley College Admissions and Records office. If you choose to stop attending class, make sure that you do an official drop, otherwise you might end up with an “F” grade for the course.
7. **Canceled Class Notification:** From time to time a class meeting may need to be canceled. Notification of canceled class will appear in several forms: 1—Official cancel notification from Office of Instruction posted on the door, 2—Notification posted on Blackboard site for the class, 3—Notification emailed to students using email addresses from Blackboard. If possible, the canceled class notification will also appear on the Reedley College Web page.
8. **Accommodations for Students with Disabilities:** If you have a verified need for an academic accommodation or materials in alternate media (i.e., Braille, large print, electronic text, etc.) per the Americans with Disabilities Act (ADA) or Section 504 of the Rehabilitation Act, please contact me as soon as possible.
   1. I sometimes use Red or Green pens/writing to grade your assignments or highlight important information on Blackboard. Please tell me IMMEDIATELY if you have difficulties seeing these colors. I will use alternate colors **if** you let me know of your color distinguishing difficulties.

**Important Dates:**

1. **August 15, 2011:** Semester begins
2. **September 2, 2011:** Last day to register for a full-term class
3. **September 5, 2011:** Holiday—No classes held, campus closed
4. **September 16, 2011:** Last day to change a fall class to/from a Pass/No-Pass grade
5. **October 14, 2011:** Last day to drop a full-term class (letter grade assigned after this date)
6. **November 11, 2011:** Holiday—No classes held, campus opened
7. **November 24 – 25, 2011:** Holiday—No classes held, campus closed
8. **December 12 – 16, 2011**: Finals Week
9. **December 14, 2011**: Final Day of class
10. **December 16, 2011:** Final Grades for full-term courses will be submitted to A & R promptly at NOON. Any discrepancies must be addressed before this time.

**Changing Syllabus Statement:** This course syllabus is equivalent to a contract between the instructor and the student. However, the information in this syllabus is subject to change at any time during the term. All changes will be stated in class and students are responsible for noting such changes. In the event that you are absent on the day changes are made, it is your responsibility to find out the changes and adhere to them.

The student’s decision to attend the class denotes acceptance of:

1. This syllabus as a contract outlining the student’s responsibilities to complete all required assignments by the due dates
2. The policy that late assignments will not be accepted
3. The changing syllabus statement
4. The expectations of this course as outlined in this syllabus
5. That final grades are determined on the basis of accumulated points from required assignments
6. The policy that students are responsible for supplying evidence of any discrepancy in grades as determined by returned/graded assignments.
7. That final grades will be submitted to A&R at NOON on the final day of the semester and any discrepancies MUST BE ADDRESSED before NOON.

Students disagreeing with the above statements should withdrawal from this course section and enroll in a section of this course taught by another instructor.