

**REEDLEY COLLEGE
SYLLABUS – FALL 2008
NURSE ASSISTANT TRAINING**

COURSE ID: NAT 101 7 UNITS (CNA)

DAYS AND TIMES: TUESDAY 11AM TO 4PM,
WEDNESDAY 11AM TO 2PM OR 4:15PM TO 7:15PM
THURSDAY 11AM TO 2PM OR 4:15PM TO 7:15PM

DROP DATE: OCTOBER 17, 2008 STUDENT IS RESPONSIBLE TO OFFICIALLY DROP

FINAL: DECEMBER , 2008

PLACE: CLASSES, THEORY AND CLINICAL,
HELD AT PALM VILLAGE REEDLEY

INSTRUCTOR: Fran Perez, LVN, DSD
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Cell Phone 304-9487
DO NOT TEXT!!!!

PREREQUISITES: ENGL 262

BASIC SKILLS ADVISORIES: ELIGIBILITY FOR ENGL 125, ENGL 126
and COMPLETION OF MATH 250

Course Description:

This Long Term Care Nursing Assistant, Geriatric Aide course prepares the student to take the Certification exam and become certified by the Department of Health Services as a CNA. The student can then be employed in a licensed extended care facility. Other areas of employment may be an acute hospital, a doctor's office, or clinic. The course is held both in the classroom and in a community training site. Appropriate community training sites include long term and intermediate care facilities.

The content of this competency based course includes personal care skills and communication skills with emphasis on caring for the geriatric and rehabilitative resident. This course also prepares students in core skills needed for more advanced courses in the health care careers.

Upon successful completion of this course students have met the requirements to take the state mandated test for certification by the Department of Health Services. Instructors for the course are approved by this certifying agency.

Completion of this course and NA certification is a requirement for admission into local Licensed Vocational Nursing programs at Hanford, Clovis and Dinuba Adult Schools. California State University Fresno and Fresno City College recommends the CNA course and certification for admission to their nursing programs.

Course Objectives:

Upon completion of this course the student will be able to:

1. Define and demonstrate the Basic skills of Activities of Daily Living (ADL's) as applicable to patients in acute hospitals and residents in Long Term Care facilities
2. Have an understanding of Federal and California State rules and regulations relating to Resident's Rights, Medical Ethics, confidentiality and characteristics of professionalism.
3. Identify and state medical conditions affecting the elderly
4. State the purpose for the need of Rehabilitation in the Long Term Care setting
5. Demonstrate skills in Medical Asepsis
6. Demonstrate proper body mechanics when providing care
7. Demonstrate procedures used for the Prevention and Management of catastrophic and unusual occurrences
8. Demonstrate proper technique for taking and recording vital signs
9. Accurately observe and record observations in the residents' medical record.
10. State the needs and care of the dying resident and how this relates to the family

Course Outcomes:

Upon completion of this course, students will be able to:

1. Employee proper medical and surgical aseptic techniques in the working environment (including proper procedures for handwashing, handling of linen, gloving, gowning, and bagging of wastes).
2. Apply appropriate knowledge of body mechanics in turning or positioning the helpless patient/resident in bed – or assisting the patient/resident from the bed to a wheelchair or vice versa.
3. Practice appropriate patient's/resident's rights when entering the patient's/resident's room, keeping patient/resident records confidential, and treating the patient/resident with respect and dignity.
4. Be sensitive to the different cultural beliefs associated with the long term care patient/resident, aging in general, death and dying.
5. Practice proper rehabilitative/restorative care procedures to assist the patient/resident with his/her walker, cane, gait belt, or other rehabilitative devices.
6. Execute emergency procedures when applying postural supports, wrist/ankle restraints or the Heimlich Maneuver.
7. Carry out proper fire/disaster procedures including the safe handling of oxygen tanks and the use of a fire extinguisher.
8. Apply or practice proper patient care skills for the following areas (bathing, assisting with oral hygiene, denture care, nail care, hair care, assisting with shaving, dressing and undressing the patient/resident, assisting with use of urinal/bedpan/commode, artificial limbs, splints, hearing aides, and artificial eye).
9. Properly and correctly measure and record various vital signs (oral, axillary, rectal and electronic temperature; radial and apical pulse; respiration; and blood pressure).
10. Admit, transfer or discharge the patient/resident using proper patient/resident care procedures.
11. Measure oral intake, urinary output, height of patient/resident in bed, weight of patient/resident in bed, height/weight of patient/resident using an upright scale
12. Demonstrate a proper understanding of nutrition in feeding the helpless patient/resident, assisting the patient/resident who can feed self, and using feeding assistance devices.

Required Text: Nurse Assistant Training - Staywell; American Red Cross 1st or 2nd Edition

Other Materials: White uniform, white duty shoes, watch w/second hand, medical dictionary (suggested) and notebook.

Course Content:

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| 1. Assigned textbook reading | 5. Quizzes and exams per modules |
| 2. Video segments | 6. Informational handouts |
| 3. Overhead displays | 7. Student presentations |
| 4. Skills practice sessions | 8. Guest speakers |

Course Evaluation:

Grades are determined by points earned from quizzes, homework assignments, student presentations, competency in demonstrating skills and extra credit assignments which will vary throughout the semester. The maximum amount of points earned will be divided by the total amount of points offered and the grade will be determined.

When the students are in clinical training, they earn 5 points each day based on compliance with class standards indicated in the course handbook. Any deviation from the standards will result in loss of those points for the day.

The grading scale is as follows;

A= 90 - 100 B = 80 - 89 C = 70 -79 D= 60 -69 and F= 59 and below

Classroom Standards:

1. Attendance and being on time for class are important disciplines in the classroom which carry over into the workplace setting. Due to state mandated attendance requirements, students cannot miss more than two days. Missed assignments due to absences are to be made up upon return to class. Failure to complete missed assignments will result in 0 points for that assignment. If a test is missed due to absence, it can be taken upon return to class. However, no more than 70 points can be earned.

2. All other assignments turned in late will result in earning only half of the credit offered.

3. All electronic equipment is to be in the off mode during class. Check messages **ONLY** during your break. Failure to comply will result in earning zero points for that class period.
4. It is expected that each student complete his/her own assignments and quizzes: therefore plagiarism and/or cheating will not be tolerated and are grounds for disciplinary action.
5. Disruptive behavior **such as talking during instruction**, use of profanity, willful defiance to directions impacts the entire class and interferes with the learning environment and are grounds for disciplinary action.
6. Eating in class or in clinical is prohibited.
7. Students are expected to participate in the skills demonstration part of the course. Failure to do so will result in a 0 grade for the skill not done.
8. Missed skills demonstration and quizzes due to absences may be made up the first date of return.
9. Students who do not feel that they are proficient in either the theory or skills areas of the class will be offered extra help by the instructor. It is the student's responsibility to make arrangements with the instructor.
10. Students will demonstrate safe procedures and respect for equipment used during skills demonstrations. If a student deliberately causes an unsafe situation or damages equipment, disciplinary action will occur.
11. It is imperative that the student follow all standards set in the CNA handbook in order to display professionalism, ethics and sound judgment not only in the classroom but at the clinical site.
13. Students are required to accumulate a minimum of _____ hours of theory and ____ hours of clinical experience and a grade of 70% or more to qualify for taking the State Certification exam.
14. Hair must be pulled away from face during clinical.
15. No long or artificial finger nails.

