

# RC PHYSICAL EDUCATION SYLLABUS

**DEPARTMENT PHILOSOPHY:** Our department will use a “concepts” approach to health and physical education, answering three (3) questions: Why is health and physical education important to every person? How to practice healthful activities given individual abilities and interests? What are the individual’s real needs for lifetime fitness.

**DEPARTMENT CHAIR:** Michael White                      **DEPT. OFFICE**     /Ext. 3369

**COURSE #** PE 33A                      **COURSE TITLE :**            **THEORY OF FOOTBALL**

**COURSE DESCRIPTION:**  
Competitive football skills, game strategy, officiating and drill development.

**INSTRUCTOR:** Michael White                      **OFFICE #**     /Ext. 3369

**COURSE OBJECTIVES:**                      Preparation for intercollegiate football contests.

**REQUIRED MATERIAL( S):** Locks and lockers are not required, but recommended. Return locks/locker at end of semester to avoid a \$5.00 service fee. Appropriate attire and footwear must be worn for each activity class.

**INJURY/DISCLOSURE:** Report all pre-existing medical conditions to the instructor before exercising. Report all injuries to the instructor.

**ATTENDANCE POLICY:** A single unexcused absence may be grounds for dismissal from the team.

**WRITTEN TEST:** None

**SKILLS TESTS:** None, students must comply with team policies/procedures as designated in Tiger Football Player’s Handbook!

**YOUR FINAL GRADE WILL BE CALCULATED:** Grade will be based upon evaluation by coaching staff. Effort and unselfishness are primary criteria.

**DROP POLICY:** 18 week courses have a drop deadline of the 9<sup>th</sup> week. Short-term classes have a drop deadline of 4.5 weeks. However, you may be dropped by the instructor at any time after four (4) consecutive unexcused absences.