

# RC PHYSICAL EDUCATION SYLLABUS

**DEPARTMENT PHILOSOPHY:** Our department will use a "concepts" approach to health and physical education, answering three (3) questions: Why is health and physical education important to every person? How to practice healthful activities given individual abilities and interests? What are the individual's real needs for lifetime fitness?

**DEPARTMENT CHAIR:** Michael White

**DEPT. OFFICE** 312 / Ext 369

**COURSE #:** P.E. 30A

**COURSE TITLE:** THEORY OF BASEBALL

**COURSE DESCRIPTION:** Course is designed for students with an interest and the ability to play intercollegiate baseball.

**INSTRUCTOR:** JACK HACKER

**OFFICE #** 320C / Ext <sup>5303</sup>

**COURSE OBJECTIVES:** Students will be able to perform the offensive and defensive skills involved in the game of Baseball. As well, students will understand the NCAA rules involved with Collegiate Baseball.

**REQUIRED MATERIAL(S):** Locks and lockers are not required, but recommended. Return locks/locker at end of semester to avoid a \$5.00 service fee.

**INJURY/DISCLOSURE:** Report all pre-existing medical conditions to the instructor before exercising. Report all injuries to the instructor.

**ATTENDANCE POLICY:** Physical education is an applied discipline. You must participate and apply the knowledge/skills each class meeting, making "mastery attempts." 90% participation = A, 80% participation = B, 70% participation = C, 60% participation = D, 50% = F.

**WRITTEN TESTS:** There will be a minimum of two (2) written tests.

**SKILLS TESTS:** There will be a minimum of two (2) skills tests.

**HOW YOUR FINAL GRADE WILL BE CALCULATED:**

Participation. . . . .	50%	
Written Tests. . .25%	Skills Tests. . .25%	= 100%

**DROP POLICY:** 18 week courses have a drop deadline of the 9th week. Short-term classes have a drop deadline of 4.5 weeks. However, you may be dropped by the instructor at any time after four (4) consecutive unexcused absences.

COURSE SYLLABUS INFORMATION SHEET

INSTRUCTOR: J. HACKER  
OFFICE PHONE: 638-0303  
OFFICE NO: P.E. OFFICE ~~320~~ 320-C

THIS INFORMATION IS FOR SPRING SEMESTER. ● 2000

1. FIRST DAY OF CLASSES: MONDAY, JANUARY 10, 2000
2. FINALS BEGIN: MONDAY, MAY 15, 2000
3. LAST DAY TO ADD A CLASS: FRIDAY, JANUARY 28, 2000
4. LAST DAY TO DROP A CLASS: FRIDAY, ~~5~~ MARCH 10, 2000  
ANY STUDENT WHO APPEARS ON A CLASS ROSTER AFTER THE LAST DROP DATE MUST RECEIVE A LETTER GRADE!

5. STAFF DEVELOPMENT DAYS (NO CLASSES FOR STUDENTS):

1. \_\_\_\_\_
2. \_\_\_\_\_

6. HOLIDAYS THIS SEMESTER:

1. MONDAY, JAN. 17<sup>th</sup> - MARTIN. L. KING DAY
2. FRIDAY / MONDAY - ~~5~~ FEB. 18 + 21 - PRES. DAY
3. MONDAY - FRIDAY → APRIL 17-22 - SPRING BREAK
4. \_\_\_\_\_
5. \_\_\_\_\_

OFFICE HOURS FOR THIS SEMESTER:

MWF - 10:00 - NOON



State Center Community College District

P.E. 30 A -- THEORY OF BASEBALL  
INSTRUCTOR: J. HACKER

UNIT OUTLINE

WEEK NO. 1: DO NOT DRESS OUT. RULES AND REGULATIONS OF CLASS  
WILL BE REVIEWED.

WEEKS 2 -- 8: REVIEW OF DEFENSIVE SKILLS AND PLAYS

WEEK NO. 9: SKILL EXAM NO. 1  
WRITTEN EXAM NO. 1

WEEKS 10 -- 17: REVIEW OF OFFENSIVE SKILLS AND PLAYS

WEEK NO. 18: SKILL EXAM NO. 2  
WRITTEN EXAM NO. 2



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ITEM. COURSE OUTLINE FOR SPRING SEMESTER, 2000

**A. EVALUATION**

- 1. PARTICIPATION: 50% OF OVERALL GRADE. 5 POINTS WILL BE DEDUCTED FOR EACH ABSENCE OVER THREE.  
TOTAL POINTS POSSIBLE FOR PARTICIPATION: 160
- 2. TWO WRITTEN EXAMS: 25% OF OVERALL GRADE  
EACH WRITTEN EXAM WILL BE WORTH 40 POINTS.  
TOTAL POINTS FOR WRITTEN EXAMS: 80
- 3. TWO SKILL EXAMS: 25% OF OVERALL GRADE.  
EACH SKILL EXAM WILL BE WORTH 40 POINTS  
TOTAL POINTS FOR SKILL EXAMS: 80

GRADING SCALE FOR SKILL EXAMS: 1 2 3 4 5  
( 1 = low 5 = high )

THERE WILL BE EIGHT ITEMS ON THE SKILL EXAM

**B. GRADING PROCESS**

FINAL GRADES WILL BE DETERMINED IN THE FOLLOWING MANNER:

PARTICIPATION POINTS: 160	A = 288
WRITTEN EXAMS: 80 POINTS	B = 256
SKILL EXAMS: 80 POINTS	C = 224
TOTAL POINTS POSSIBLE: <u>320</u>	D = 192