

**VOLLEYBALL**  
**PE 14**  
**SPRING 2000**  
**REEDLEY COLLEGE**

INSTRUCTOR: SHANNON JEFFERIES  
OFFICE: PE 319  
PHONE: 638-0344  
OFFICE HOUR: MON/WED 11:00 TUE 10:00

**DESCRIPTION:**

This course is designed to acquaint the student with the basic skills of volleyball. The skills covered will be passing, setting, spiking, serving, blocking, and digging. Offensive and defensive strategies will be incorporated into game play.

**COURSE OBJECTIVES:**

1. For students to be able to acquire the basic skills of passing, setting, attacking, serving, blocking, and digging, which are necessary in volleyball.
2. For students to learn and apply the necessary rules and regulations in the sport of volleyball.
3. For students to leave the class with an appreciation for the game of volleyball as a lifetime activity.
4. For each student to receive a good workout each time the class meets.
5. For students to have fun!

**COURSE RULES:**

1. Attendance is very important. Three points will be deducted for each absence.
2. Roll will be taken at the start of the class period. If you are more than 15 minutes late, you will receive an absence for the day.
3. Proper gym attire will be worn (ie sweats, shorts, T-shirt, tennis shoes without black soles).
4. Lockers are available in Equipment room.
5. Report all injuries immediately.

**COURSE REQUIREMENTS:**

**Participation:** One half of your grade is based on participating during each class session.

**Pre-test:** A skills test will be given **January 26, 2000** covering the basic skills involved in volleyball.

**Post-test:** A 2<sup>nd</sup> skills test will be **May 3, 2000**.

**Mid-term:** Written exam on **March 8, 2000** covering material Presented in class and in the volleyball handbook.

**Final Exam:** Written exam on **May 10, 2000**.

**GRADE DETERMINATION:**

A.....3 or less absences, participate in both Skills tests, and 75% or better on both exams.

B.....4 or fewer absences, participate in both Skills tests, and 70% or better on both exams.

C.....5 or fewer absences, participate in both Skills tests, and 65% or better on both exams.

D.....6 or fewer absences, participate in only one Skills tests, and 60% or better on both exams.

F.....Anything less than the above.

**Grading Points Breakdown:**

200-180 = A

179-160 = B

159-140 = C

139-120 = D

119- = F

**PHYSICAL DISABILITIES:**

Any students having physical disabilities must report them to the instructor in writing to prevent injury.

**IT IS THE STUDENT'S RESPONSIBILITY TO UNDERSTAND THE DROP POLICY AS WRITTEN IN THE SPRING CLASS SCHEDULE.**

- March 10, 2000 last day to drop, without a letter grade being assigned.