



# Reedley COLLEGE

Swimming  
P.E. 12

Tue. - Thurs / Wed.

12:00 - 1:15      6:30 - 9:20

Feb. 22 - May 11, 2000      Feb. 23 - May 17, 2000

## PARTICIPATION

Your participation is very important. You will be allowed 3 absences without penalty. After the 3rd absence, your grade will drop one grade level, and continue to drop. Late after 12:10 is considered an absence & three tardies (12:05-12:10) will constitute an absence. You must participate and apply the knowledge/skills each class meeting, making "mastery attempts."

No participation in class, No credit for the day.

0 absences	=A+
1-3 "	= A
4 "	= B
5 "	= C = Credit for class
6 "	= D = No credit for class

On the 7th absence, your current overall grade will drop.

## Make-ups for absences

No longer is this P.E. Dept. allowing absences to be made up. If you miss a class--It's an absence.

THREE CONSECUTIVE ABSENCES without notification and not attending class on a regular basis the student will be dropped from class.

PARTICIPATION	25%	WRITTEN TEST	25%
Skills & STROKES EVALUATION	25%	TIMED TESTS	25%

Tests: EVERYONE will be tested on a 1/4 mile=18 laps. 18 laps Timed (3) times during the semester, you must show improvement each time you test to obtain a better grade. Not taking a test will drop your grade (2) grade levels and Not showing improvement, will drop (1) grade level from present grade.

Skills test: treading--3mins., floating on back--1min., survival floating--5mins., survival stroke (4) 100yds lengths of the pool and disrobing & inflating clothes--5mins.

*Attendance Policy  
Final exam date*

Beginners:

Tested on (6) strokes: 1) front crawl, 2) back crawl,  
3) elementary back, 4) regular sidestroke, &  
5) breaststroke, also (6) butterfly.

Intermediates:

Introduced to: (11) strokes: 1-6 above 7) inverted-  
sidestroke 8) over-arm sidestroke,  
9) inverted breaststroke, 10) trudgen, & 11) Trudgen

WRITTEN EXAM:

Written exam taken on Basic Rescue & Water safety.  
A study guide will be provided.

\*Test dates:

- Mar. 16-(Th) Timed 18 laps (1st)
- Apr. 13-(Th) Timed 18 laps (2nd)
- Apr. 27-(Th) Safety Skills Test
- \*\* May 2-(T) Basic Rescue practical
- May 4-(Th) basic rescue Written Exam
- \*\* May 9-(T) Strokes Evaluation test (Final)
- May 11-(Th) Timed 18 laps (Final)
- May 18-(Th) Final Exam--1:00

If you have to miss a test, prior arrangement must be made  
with the instructor, or NO make ups will be allowed.

!!! NO Exceptions !!!

INSTRUCTIONAL CALENDAR SPRING 2000

- Jan. 10 -(M) Instruction begins
- Jan. 17 -(M) Martin Luther King's B-Day
- Feb. 11 -(F) Last day to change to/from Credit/No Credit
- Feb. 18 -(F) Lincoln's B-Day
- Feb. 21 -(M) Washington's B-Day
- \*\* Mar. 10 -(F) Last day to drop a semester length course
- Mar. 10 -(F) Mid-term
- Apr. 17-21 -(M-F) SPRING BREAK
- May 15-19 -(M-F) Final Exam Week

NOTE \*\*\*

The required attire for pool: swim suits ONLY--NO  
street clothes, exercise wear, absolutely No cut-off sweats  
nor shorts with metal zippers. No tanning oils allowed in  
pool. NO Gum Allowed in Pool or Pool Area.  
EVERYONE MUST SHOWER BEFORE ENTERING THE POOL.

Injury/Disclosure: Report all pre-existing medical  
conditions to instructor before exercising. Report all  
injuries to instructor as soon as they happen.

Reedley College - 638-3641 -Leave messages for Bobbi Monk:  
Voice mail-ext. 3906 / Office- ext: 3672

!!!PLEASE USE YOUR ABSENCES WISELY!!!