

Reedley COLLEGE



Adaptive P.E. 1 & 81
Mon. & Wed. 1:00-1:50
Jan. 10 - May 10, 2000

none

Participation

Your participation is very important. (Both Students and especially Aides). You will be allowed 3 absences without penalty. After the 3rd absence, your grade will drop one grade level, and continue to drop.

0 Absences	=	A+
1 - 3	"	= A
4	"	= B
5	"	= C = Credit for class
6	"	= D = No credit for class

ANYONE LATE after 1:10, is considered absent.

Tardy (3) times to class(1:05-1:10) constitutes an absence.

NO participation in class, NO credit for the day.

Make-up for absences

This P.E. Dept no longer allows make ups for absences. Students will need to choose absences wisely.

THREE CONSECUTIVE ABSENCES without notification and not attending on a regular basis, the student will be dropped from class.

ABLED STUDENTS & ALL AIDES will be tested.

- Tests: 1. weight on machinery 2. distance on bike
3. muscles of the body 4. bones of the body
5. improvement over all 6. Final exam

Grading Policy

Participation	34%	Performance Scores	33%
Written Test	33%	=	Final Grade

- A = 90% and above of total points
- B = 80% - 89% of total points possible
- C = 70% - 79% of total points possible
- D = 60% - 69% of total points possible

**Test dates:

- Feb. 9-(Wed) 1st Skill tests
- Mar. 1-(Wed) Exam on bones of the body
- Mar. 8-(Wed) 2nd Skill tests
- Apr. 5-(Wed) 3rd Skill tests

*Attendance Policy
Final exam date*

Apr. 12-(Wed) Exam on muscles of the body
May 3-(Wed) 4th Skill tests
May 8-(Mon) Written exam
May 10-(Wed) Last day of instruction
*May 19-(F) Final Exam (1:00) /TBA-earlier date

If you have to miss a test, prior arrangements must be made with instructor, or No make ups will be allowed.

INSTRUCTIONAL CALENDAR SPRING 2000

Jan. 10-(M) Instruction Begins
Jan. 17-(M) Martin Luther Kings's B-Day
Feb. 11-(F) Last day to change to or Credit/No Credit
Feb. 18-(F) Lincoln's B-Day
Feb. 21-(M) Washington's B-Day
Mar. 10-(F) Mid-term
***Mar. 10-(F) Last day to drop a semester-length course
Apr. 17-21 (M-F) SPRING BREAK
May 15-19 (Mon.-Fri.) Final Exam Week

In this class we work hard. These are some of the activities we will do: walk track, use the varies weights, use dyna-bands, floor exercises, some aerobics, ride bikes, wall work, use steppers, and tread mill.

AIDES -You must notify the Enabler Office immediately if you are going to miss a class for any reason. If you don't call, may be cause for dismissal. Please Do Not call and leave message on machine, call first thing in the morning, so we can contact your student.

***NOTE

1. The required attire is a T-shirt(No tank tops), shorts or sweats. You will not be allowed to workout in any other type of attire(pants, street shoes, etc.).
2. Not wearing proper attire, No participation allowed, constitutes an ABSENCE.

Reedley College - 638-3641 - Leave messages for Bobbi Monk:
Voice mail ext. 3960 / Office ext. 3672 or to have your student contacted - DDS office ext.

!!! PLEASE USE YOUR ABSENCES WISELY. !!!