

RC HEALTH EDUCATION SYLLABUS

DEPARTMENT PHILOSOPHY: Our department will use a "concepts" approach to health and physical education, answering three (3) questions: Why is health and physical education important to every person? How to practice healthful activities given individual abilities and interests? What are the individual's real needs for lifetime fitness?

DEPARTMENT CHAIR: Michael White

DEPT. OFFICE 305 /Ext 3369

COURSE #: HE 2

COURSE TITLE:

FIRST AID & SAFETY

COURSE DESCRIPTION: The first aid treatment of common emergencies that affect members of the household. American Red Cross standard first aid and cardiopulmonary resuscitation certification are received by students who successfully pass all requirements.

INSTRUCTOR: Michael White (638-0369)

OFFICE # 305 /Ext 3369

COURSE OBJECTIVES: The student will acquire and demonstrate knowledge and skills used in standard first aid and cardiopulmonary resuscitation. National Safety Council CPR completion cards will be received by all students who successfully demonstrate skills.

REQUIRED MATERIAL(S): 1 National Safety Council
First Aid and CPR: Third edition
Jones and Bartlett Publishers

ATTENDANCE POLICY: This is a skills-oriented class. You must attend regularly to acquire, practice and demonstrate these skills. After 3 absences, you are subject to and instructor's drop.

TESTING POLICY:

Skills Tests: Demonstrate knowledge and skills to satisfaction of instructor.
Written Tests: Multiple choice (Scantron) Unit Tests.

HOW YOUR FINAL GRADE WILL BE CALCULATED:

Skills tests will total 40% of your grade and written tests will total 60%.

DROP POLICY: 18 week courses have a drop deadline of the 9th week. Short-term classes have a drop deadline of 4.5 weeks. However, you may be dropped by the instructor at any time after four (4) consecutive unexcused absences.

*Every Exam
Drop Policy
Attendance*