

Psychology 33 - Personal and Social Adjustment

Fall 1999

Instructor: Todd Martinez
Office: Humanities Bldg., Room 56 (next to the Tutorial Center)
Phone: 638-3641 ext. 3648 (my number cannot be dialed directly from off-campus)
Office Hours: M & W 10:00 - 11:00
T & TH 9:30 - 11:00
(or by appointment)

Required Text:

Weiten, W. & Lloyd, M. A. (1997). *Psychology Applied to Modern Life: Adjustment in the 90s*. Pacific Grove, CA: Brooks/Cole Publishing Company.

Course Objectives:

This course is designed to:

- provide you with an understanding of human motivation and behavior
- explore philosophical and psychological insights into what constitutes satisfactory human relationships
- encourage you to reflect upon your own behavior and relationships

Grading:

Your grade in the course will be based on your performance on the following:

1. Exams (4 worth 100 pts. each)	400 pts.
2. Attendance	90 pts.
3. In-class Papers (6 worth 5 pts. each)	30 pts.
4. Autobiography	<u>100 pts.</u>
	620 pts.

90 - 100 % = A

80 - 89.9 % = B

70 - 79.9 % = C

60 - 69.9 % = D

0 - 59.9 % = F

drop date

class session is worth three (3) points. For courses that meet three times a week, each class period is worth two (2) points. To protect yourself against any discrepancies regarding your attendance, I encourage you to **date your lecture notes** from each class meeting.

Also, periodically you might be asked to write **brief papers in class**. The in-class papers will be graded on a **credit/no credit** basis, with each paper contributing **five points** toward your overall course points.

Absences

School policy permits you to miss **no more than the equivalent of two weeks of class**. Therefore, you can have no more than six (6) absences for courses that meet three times a week, and no more than four (4) absences for courses that meet twice a week. If you miss the equivalent of two weeks of class before the official drop date, **September 3**, and you do not make up the absences (see below), **you will be dropped from this course**. Excessive absences after the official drop date can also result in your being dropped from the course.

Making Up an Absence

It is **YOUR** responsibility to obtain the material you missed, and to clear your absences.

If you miss a class, I strongly suggest that you ask at least two people for their lecture notes and that you take the steps necessary to make up the absence.

A maximum of two weeks worth of absences can be made up -- six (6) for classes that meet three times a week; four (4) for classes meeting twice a week.

An absence can be made up by writing a summary and critique of an article selected by your instructor. One critique makes up for one absence. The critique must be written in paragraph form, and it must be either typed or computer-generated. Handwritten papers will not be accepted. The critique(s) must be turned in **within one week** of your return to school.

Demonstrating Satisfactory Progress:

Students are expected to complete the assigned reading and other course assignments, attend class, be prepared to participate in class discussions and/or activities, and be able to demonstrate knowledge of the course material on exams. If, **after the first two exams**, a student has **less than 55% of the total possible points**, he or she **may be dropped** from the course for **NOT MAKING** satisfactory progress.

Course Schedule:

WEEK	CHAPTER	TOPIC
1 Aug. 16 - Aug. 20	1	Adjusting to Modern Life
2 Aug. 23 - Aug. 27	3	Stress and Its Effects
3 Aug. 30 - Sep. 3	4	Coping Processes
4 Sep. 6 - Sep. 10	15 (499 - 502)	Application: Understanding and Preventing Suicide

EXAM 1 - MONDAY, SEPTEMBER 13

5 Sep. 13 - Sep. 17	2	Theories of Personality
6 Sep. 20 - Sep. 24	5	The Self
7 Sep. 27 - Oct. 1	10	Gender and Behavior
8 Oct. 4 - Oct. 8	11 (332 - 340)	Development in Adolescence and Adulthood

EXAM 2 - MONDAY, OCTOBER 11

9 Oct. 11 - Oct. 15	13	Development and Expression of Sexuality
10 Oct. 18 - Oct. 22	11 (341 - 363)	Development in Adolescence and Adulthood
11 Oct. 25 - Oct. 29	12	Work and Career Development
12 Nov. 1 - Nov. 5		

EXAM 3 - MONDAY, NOVEMBER 8

13 Nov. 8 - Nov. 12	7	Interpersonal Communication
<i>AUTOBIOGRAPHY DUE - MONDAY, NOVEMBER 15 <u>IN CLASS</u></i>		
14 Nov. 15 - Nov. 19	8	Friendship and Love
15 Nov. 22 - Nov. 26	9 (264 - 275, 286 - 291)	Marriage and Intimate Relationships
16 Nov. 29 - Dec. 3	9 (276 - 286, 292 - 296)	Marriage and Intimate Relationships
17 Dec. 6 - Dec. 10		

FINAL EXAM -
