

RC PHYSICAL EDUCATION SYLLABUS

DEPARTMENT PHILOSOPHY: Our department will use a "concepts" approach to health and physical education, answering three (3) questions: Why is health and physical education important to every person? How to practice healthful activities given individual abilities and interests? What are the individual's real needs for lifetime fitness?

DEPARTMENT CHAIR: Michael White

DEPT. OFFICE 305 /Ext 3369

COURSE #: PE 5

COURSE TITLE: TOURNAMENT BASKETBALL

COURSE DESCRIPTION: Fundamentals and techniques of basketball, involving one-on-one, three-on-three, and five-on-five basketball. Students may take any activity course at all levels in any combination a total of 4 times.

INSTRUCTOR: Kathy O'Connor - Kuball

OFFICE # 312 /Ext 3387

COURSE OBJECTIVES: Improve overall conditioning. Learn basic rules, strategies and fundamentals of basketball. Exhibit good sportsmanship and conduct in a competitive environment.

REQUIRED MATERIAL(S): Locks and lockers are not required, but recommended. Return locks/locker at end of semester to avoid a \$5.00 service fee. Appropriate attire and footwear must be worn for each activity class.

INJURY/DISCLOSURE: Report all pre-existing medical conditions to the instructor before exercising. Report all injuries to the instructor.

ATTENDANCE POLICY: You must participate and apply the knowledge/skills each class meeting, making "mastery attempts." 90% participation = A, 80% participation = B, 70% participation = C, 60% participation = D, 50% participation = F. (% of total possible student contact hours per semester.)

WRITTEN TESTS: There will be a minimum of two (2) written tests.

SKILLS TESTS: There will be a minimum of two (2) skills tests.

HOW YOUR FINAL GRADE WILL BE CALCULATED:

Participation.	50%	
Written Tests. . .25%		Skills Tests. . .25%
		= 100%

DROP POLICY: 18 week courses have a drop deadline of the 9th week. Short-term classes have a drop deadline of 4.5 weeks. However, you may be dropped by the instructor at any time after four (4) consecutive unexcused absences, within the first 9 weeks of instruction.

REEDLEY COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION
Tournament Basketball

~~P.E. 5~~

Instructor: Kathy O'Connor-Kuball

Office: P.E. 312

Phone: 638-3641 Ext. 3387

Office hours: Posted on office door _____

Course Description: Fundamental techniques of basketball. Basic rules and strategy used within various tournaments with an emphasis on 3 vs. 3 and 5 vs. 5 basketball.

Course Objectors:

1. Learn basic rules and strategy of basketball.
2. Improve over-all conditioning.
3. Display good sportsmanship and team play within a competitive environment.
4. Enjoy and have fun!

Course Requirements:

1. **Attendance/Participation:** Attendance and participation are very important. Obviously you have to be in attendance to participate. One half (50%) of your grade is based on participation during each class.

Your participation grade will be determined by the number of times you attend class, divided by the total number of class meeting times in the semester. A standard (90% + = A etc.) percentage scale will be used.

Excessive absences will affect your grade and may result in being dropped from class. For each unexcused absence (no dress or no participation) you will not earn credit for that class session.

2. **Examinations:** There will be two written exams which will test knowledge of basic rules and strategy (mid term and final) and two skill evaluations, one of which is performance in the class. These exams will combine for half (50%) of your final grade. (25% written and 25% skills). A standard (90% + = A etc.) scale will be used.

Final Grade Determination:

<u>Participation:</u>	50%	100-90% = A	69-60% = D
<u>Tests:</u>	50%	89-80% = B	59% below = F
<u>Total:</u>	100%	79-70% = C	

It is the students responsibility to understand the drop policy written in the class schedule.

- _____ - Last day to drop class and receive a refund.
_____ - Last day to drop a class

TOURNAMENT BASKETBALL

Course Expectations

1. Class will begin 5 minutes (dress) after the scheduled start time and end 10 minutes (shower/dress) before the scheduled leave time of class. Please be prompt. If tardies become a problem it could affect your grade. Let me know in advance whenever possible.
2. Enter gym via the bleachers door and wipe feet off. Please leave all food and drinks (except water) outside of gym.
3. Proper athletic shoes are required. No black soled street or running shoes. Discrepancies are up to the instructors judgment.
4. Please take all jewelry off. This includes watches, belts with buckles and hooped earrings.
5. Please wear T-shirts (no tank tops), shorts or sweat pants, white/athletic socks and proper shoes. No torn or frayed clothing. Discrepancies are up to the instructors judgment.
6. Do not dunk on the side baskets or bounce/ throw the balls against walls.
7. No profanity or unsportsperson like conduct will be tolerated.
8. Report all injuries immediately. If you have any physical disabilities that may limit you, you must report them in writing to the instructor. Otherwise, full participation is expected.
9. Locks and lockers are available in the P.E. locker room.
10. A positive attitude is always encouraged. Enjoy-have fun!