

# RC PHYSICAL EDUCATION SYLLABUS

**DEPARTMENT PHILOSOPHY:** Our department will use a "concepts" approach to health and physical education, answering three (3) questions: Why is health and physical education important to every person? How to practice healthful activities given individual abilities and interests? What are the individual's real needs for lifetime fitness?

**DEPARTMENT CHAIR:** Michael White

**DEPT. OFFICE** 305/Ext 3369

**COURSE #:**

PE 111B

**COURSE TITLE:**

COMPETITIVE BASKETBALL

**COURSE DESCRIPTION:**

This course is limited to team candidates. Includes intercollegiate competition and 10 hours practice per week. Students in this course must perform and compete at the intercollegiate level.

**INSTRUCTOR:**

Brian Fonseca,

Office Hours: 9-12 F, by appt.

**OFFICE** Men's  
Locker Rm. 'Ext 3354

**COURSE OBJECTIVES:**

To prepare the student-athlete for the rigors and demands of intercollegiate competition.

**REQUIRED MATERIAL(S):**

Locks and lockers are not required, but recommended. Return locks/locker at end of semester to avoid a \$5.00 service fee. Appropriate attire and footwear must be worn for each activity class.

**INJURY/DISCLOSURE:**

Report all pre-existing medical conditions to the instructor before exercising. Report all injuries to the instructor.

**ATTENDANCE POLICY:**

You must participate and apply the knowledge/skills each class meeting, making "mastery attempts." 90% participation = A, 80% participation = B, 70% participation = C, 60% participation = D, 50% participation = F. (% of total possible student contact hours per semester.)

**WRITTEN TESTS:**

There will be a minimum of two (2) written tests.

**SKILLS TESTS:**

There will be a minimum of two (2) skills tests.

**HOW YOUR FINAL GRADE WILL BE CALCULATED:**

Participation. . . . .	50%	
Written Tests. . .25%	Skills Tests. . .25%	= 100%

**DROP POLICY:**

18 week courses have a drop deadline of the 9th week. Short-term classes have a drop deadline of 4.5 weeks. However, you may be dropped by the instructor at any time after four (4) consecutive unexcused absences, within the first 9 weeks of instruction.