

# PHYSICAL EDUCATION SYLLABUS

**DEPARTMENT PHILOSOPHY:** Our department will use a "concepts" approach to health and physical education, answering three (3) questions: Why is health and physical education important to every person? How to practice healthful activities given individual abilities and interests? What are the individual's real needs for lifetime fitness?

**DEPARTMENT CHAIR:** Michael White

**DEPT. OFFICE** 312 /Ext 360

**COURSE #:** PE # 22

**COURSE TITLE:** INTRODUCTION TO PHYSICAL EDUCATION

**COURSE DESCRIPTION:** Scope and problems of the profession of teaching physical education. Historical background, philosophy, objectives, content of the modern physical education program in the schools. Required of all physical education majors.

**INSTRUCTOR:** Jack Hacker

**OFFICE #** 320C /Ext 303

**COURSE OBJECTIVES:** Scope and problems of the profession of teaching P.E. Historical Background, Philosophy, objectives, content of the Modern P.E. Program in the schools.

**REQUIRED MATERIAL(S):** Locks and lockers are not required, but recommended. Return locks/locker at end of semester to avoid a \$5.00 service fee. Appropriate attire and footwear must be worn for each activity class.

**INJURY/DISCLOSURE:** Report all pre-existing medical conditions to the instructor before exercising. Report all injuries to the instructor.

**ATTENDANCE POLICY:** You must participate and apply the knowledge/skills each class meeting, making "mastery attempts." 90% participation = A, 80% participation = B, 70% participation = C, 60% participation = D, 50% participation = F. (% of total possible student contact hours per semester.)

**WRITTEN TESTS:** There will be a minimum of two (2) written tests.

**SKILLS TESTS:** There will be a minimum of two (2) skills tests.

**HOW YOUR FINAL GRADE WILL BE CALCULATED:**

Participation. . . . .	50%
Written Tests. . .25%	
Skills Tests. . .25%	
	= 100%

**DROP POLICY:** 18 week courses have a drop deadline of the 9th week. Short-term classes have a drop deadline of 4.5 weeks. However, you may be dropped by the instructor at any time after four (4) consecutive unexcused absences, within the first 9 weeks of instruction.

*drop date*

COURSE SYLLABUS INFORMATION SHEET

INSTRUCTOR: J. HACKER  
OFFICE PHONE: 638-0303  
OFFICE NO: P.E. OFFICE ~~320~~ 320-C

THIS INFORMATION IS FOR FALL SEMESTER, 1999

1. FIRST DAY OF CLASSES: MONDAY - AUG. 16<sup>TH</sup>
2. FINALS BEGIN: DEC. 13<sup>TH</sup> - 17<sup>TH</sup>
3. LAST DAY TO ADD A CLASS: FRIDAY - SEPT. 3<sup>RD</sup>
4. LAST DAY TO DROP A CLASS: FRIDAY - OCT. 15<sup>TH</sup>  
ANY STUDENT WHO APPEARS ON A CLASS ROSTER AFTER THE LAST DROP DATE MUST RECEIVE A LETTER GRADE!

5. STAFF DEVELOPMENT DAYS (NO CLASSES FOR STUDENTS):

1. \_\_\_\_\_
2. \_\_\_\_\_

6. HOLIDAYS THIS SEMESTER:

1. MONDAY - SEPT. 6<sup>TH</sup> - LABOR DAY
2. THURSDAY - NOV. 11<sup>TH</sup> - VET'S DAY
3. THUR / FRI - NOV. 25<sup>TH</sup> / 26<sup>TH</sup> - THANKSGIVING
4. \_\_\_\_\_
5. XMAS BREAK: DEC. 20<sup>TH</sup> - JAN. 7<sup>TH</sup>

OFFICE HOURS FOR THIS SEMESTER:

\_\_\_\_\_

P.E. 22 -- INTRODUCTION TO PHYSICAL EDUCATION  
INSTRUCTOR: MR. J. HACKER  
OFFICE PHONE: 638-0303

## COURSE SYLLABUS

1. TEXT: Introduction to P.E., Sport, and Fitness -- Second Edition  
Author: Daryl Siedentop  
Publisher: Mayfield
2. COURSE REQUIREMENTS:
  1. Attendance will be recorded on a daily basis. Attendance and participation can make or break a grade. Involvement in the discussions of the issues presented in this class is strongly urged. All opinions will be respected, so feel free to express yourself and your viewpoints in this class.
  2. There will be an exam at the end of each unit. If a student misses an exam, arrangements must be made with the instructor prior to the next class meeting to make up the missed exam. Failure to do so will result in a zero for the student for that particular exam.
  3. Each student will be aware of his/her grade after each exam. The official drop date is the ninth week of the semester. Students who continue past the ninth week of the semester must receive a letter grade for the course.
  4. Final grades will be determined in the following manner:  
TOTAL POINTS POSSIBLE: 276  
A = 248                      C = 193  
B = 220                      D = 165
  5. Mr. Hacker's office is located in the P.E. office area -- office number 320-C
  6. Office hours for this semester are: MWF -- 9:00 AM - NOON



State Center Community College District

P.E. 22 -- INTRODUCTION TO PHYSICAL EDUCATION  
INSTRUCTOR: MR. J. HACKER

UNIT OUTLINE

1. UNIT 1

Topic: Ancient History of P.E. and Sport  
Chapter: Class notes  
Lecture Dates: August 19 -- Sept.  
Exam Date: Sept. 2 // Points Possible: 30

2. UNIT 2

Topic: P.E. Development in America's Schools  
Chapters: 2, 3, & 4  
Lecture Dates: Sept. 7 -- Sept. 21  
Exam Date: Sept. 21 // Points Possible: 40 (overall total: 70)

3. UNIT 3

Topic: Pursuing P.E. As A Career  
Chapters: 11 & 12  
Lecture Dates: Sept. 23 -- October 7  
Exam Date: Oct. 7 // Points Possible: 25 (overall total: 95)

4. UNIT 4

Topic: Dynamics of Teaching P.E.  
Chapters: 12 & 13  
Lecture Dates: Oct. 12 -- Oct. 26  
Exam Date: Oct. 26 // Points Possible: 81 (overall total: 176)

5. UNIT 5

Topic: Pursuing Coaching As A Career  
Chapters: 5, 6, & 7  
Lecture Dates: Oct. 28 -- Nov. 16  
Exam Date: Nov. 16 // Points Possible: 30 (overall total: 206)

6. UNIT 6

Topic: Student-Teaching Presentations  
Chapters: None  
Presentation dates: Nov. 18 -- Dec. 9  
Exam: No Exam // Presentation Points: 70 (overall total: 276)

FINAL EXAM DATE: THURSDAY, DEC. 16 -- 8:00 AM -- 10:00 AM

995 North Reed Avenue, Reedley, CA 93654 Phone: 209-638-3641 FAX: 209-638-5040

AFFIRMATIVE ACTION / EQUAL OPPORTUNITY EMPLOYER