

**Reedley College - Health 2
Course Calendar - Fall 1999**

Instructor: Crystal O'Barr

| | |
|---------|---|
| Aug. 16 | Introduction/ Ch.1 |
| Aug. 18 | Victim Assessment/Ch.2 & 4 |
| Aug. 23 | Victim Assessment |
| Aug. 25 | Victim Assessment Test/ Bloodborne Pathogens |
| Aug. 30 | Basic Life Support/Ch.5 |
| Sept 1 | Basic Life Support |
| Sept 6 | Holiday - Labor Day |
| Sept 8 | Basic Life Support Written Test |
| Sept 13 | BLS Skills Test |
| Sept 15 | BLS Skills Test |
| Sept 20 | Shock/Ch.6 |
| Sept 22 | Bleeding/Ch.6/ Quiz on Shock |
| Sept 27 | Bleeding |
| Sept 29 | Specific Body Area/ Ch.7,10,11/ Quiz on Bleeding |
| Oct. 4 | Specific Body Area |
| Oct. 6 | Bandaging/ Ch.8/Quiz on Specific Body Area |
| Oct. 11 | Bandaging |
| Oct. 13 | Bandaging Skills Test |
| Oct. 18 | Poisoning/ Ch.16 & 17 |
| Oct. 20 | Poisoning |
| Oct. 25 | Burns/ Ch.9/ Quiz on Poisoning |
| Oct. 27 | Cold-related injuries/ Ch.18/ Quiz on Burns |
| Nov. 1 | Heat-related injuries Ch.19/ Quiz on Cold/Heat Related Injuries |
| Nov. 3 | Bone and Muscle/ Ch.12 & 13 |
| Nov. 8 | Splinting/ Quiz on Bone and Muscle |
| Nov. 10 | Splinting |
| Nov. 15 | Medical Emergencies/ Ch.15 |
| Nov. 17 | Emergency Childbirth/ Ch.20/ Quiz on Medical Emergencies |
| Nov. 22 | CPR Skills Review/ Quiz on Emergency Childbirth |
| Nov. 24 | First Aid Supplies/ Ch.21/ Crisis Intervention |
| Nov. 29 | Rescuing, moving victims/Ch.23/Quiz on Crisis Intervention |
| Dec. 1 | Skills Review |
| Dec. 6 | Skills Test |
| Dec. 13 | Review |
| Dec. 15 | Final Exam |

**** Eight of the 10 quizzes will count toward your total points.
Each student is to be present at every test both written and practical.**

drop date

KRCC HEALTH EDUCATION SYLLABUS

DEPARTMENT PHILOSOPHY: Our department will use a "concepts" approach to health and physical education, answering three (3) questions: Why is health and physical education important to every person? How to practice healthful activities given individual abilities and interests? What are the individual's real needs for lifetime fitness?

DEPARTMENT CHAIR: Michael White

DEPT. OFFICE 305 /Ext 369

COURSE #: HE 2

COURSE TITLE:

FIRST AID & SAFETY

COURSE DESCRIPTION: The first aid treatment of common emergencies that affect members of the household. American Red Cross standard first aid and cardiopulmonary resuscitation certification are received by students who successfully pass all requirements.

INSTRUCTOR: Crystal O'Barr

OFFICE # /Ext

COURSE OBJECTIVES: The student will acquire and demonstrate knowledge of the skills and techniques used in the application of first aid procedures and CPR. The student will recognize the signs and symptoms of various life-threatening injuries and perform the first aid for each.

REQUIRED MATERIAL(S): National Safety Council, First Aid and Emergency Care Workbook, Jones/Bartlett Publishing, 1987.

ATTENDANCE POLICY: Attendance does not affect your grade unless you miss a scheduled exam or skills test. Better grades relate to regular class attendance.

TESTING POLICY: The student is required to attend every scheduled exam and skills test. Make-ups are allowed only if: 1) the instructor is notified before the exam date of a legitimate reason for not being available for the exam, and/or 2) emergency prevents attendance for the exam or notifying the instructor. All make-up exams are reduced 20% if conditions 1 and/or 2 are not met.

HOW YOUR FINAL GRADE WILL BE CALCULATED: Your total number of points accumulated at the end of the semester determine your grade. Percentage of total points earned the grades: 90-100=A; 80-89=B; 70-79=C; 60-69=D; 0-59=F

DROP POLICY: 18 week courses have a drop deadline of the 9th week. Short-term classes have a drop deadline of 4.5 weeks. However, you may be dropped by the instructor at any time after four (4) consecutive unexcused absences.

Course Information

1. **TEXTBOOK:** National Safety Council, First Aid and Emergency Care Workbook, Jones/Bartlett Publishers, 1987.
2. **CERTIFICATIONS:** The required textbook enables a student passing the course to obtain these certifications:
 - a. National Safety Council: First Aid
 - b. National Safety Council: CPR

First Aid/CPR certifications do not:

- a. Serve as a license.
- b. Guarantee the quality of future first aid.

**** All certifications only verify successful course completion.**

3. **EXAMINATIONS:** The student is required to attend every scheduled exam and skills test. Make-up exams are allowed only if: 1) the instructor is notified before the exam date of a legitimate reason for not being available for the exam, and/or 2) emergency prevents attendance for the exam or notifying the instructor. All make-up exams are reduced 20% if conditions 1 and/or 2 are not met.
4. **SKILLS TESTS:** The CPR skills test is evaluated on a pass/fail basis. The bandaging and splinting skills test provides points toward your grade.
5. **ATTENDANCE:** Attendance does not affect your grade unless you miss a scheduled exam or skills test.
Better grades relate to regular class attendance.
6. **BASIS OF GRADE:** Your total number of points accumulated at the end of the semester determine your grade. Percentage of the total points earn these grades:
90-100=A; 80-89=B; 70-79=C; 60-69=D; 0-59=F.

Your grade is based upon:

- 1) Victim assessment test
- 2) BLS written test
- 3) BLS skills test (pass/fail)
- 4) 8 quizzes
- 5) Bandaging/splinting skills test
- 6) Comprehensive final exam