

CD 6 – HEALTH AND SAFETY

Instructor, Marilyn Frisch

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Office Hours:

Mon. (1:50-2:20)

Tues. (3:00-4:00)

Wed. (2:00-3:00)

Thur. (1:50-2:20)

TEXTBOOK: Health, Safety, and Nutrition for the Young Child, Fourth Edition, by Marotz, Cross & Rush.

FEE: An additional fee of approximately \$40.00 is required for the CPR and First Aid Certification requirement in this course.

COURSE SYLLABUS

This course will provide current concepts in the fields of health and safety and their relationship to the young child. Methods of assisting the child to develop good health habits and attitudes will be emphasized.

COURSE OUTLINE

- A. Introduction to health and safety - Chapters 2-7
 - 1. Promoting good health
 - a. Health appraisals
 - b. Assessment tools
 - c. Conditions affecting today's child
 - 2. Communicable and acute illness
 - a. Infectious process and effective control
 - b. Identification and management
 - c. State laws and reporting
- B. Pediatric CPR and First Aid training and certification
- C. Safety and the young child – Chapters 8-12
 - 1. Creating a safe environment
 - 2. Safety management
 - 3. Child abuse and neglect
- D. Nutrition and the young child – Chapters 19-21 (with reference to 13-18)
 - 1. Nutrition education concepts and activities - Ch. 21
 - 2. Food, safety and economy - Ch. 20
 - 3. Planning and serving nutritious meals - Ch. 19

drop date

GRADING: The final grade will be determined on the basis of accumulated points from the following assignments:

	<u>POINTS</u>
1. Successful completion of Pediatric CPR and First Aid	20
2. Exams	50 each
3. Project	25
4. Activities	5 each

PEDIATRIC CPR AND FIRST AID:

1. Each student will complete the requirements for certification.
2. Extra hours (8) are required for the completion of CPR and First Aid. This will most likely be accomplished in 2 four-hour blocks (i.e. Tues. and Thurs. 1-5 p.m.), pending room availability.
3. Adjustments will be made in class meeting time to balance the overtime students have contributed to the class

EXAMS:

1. Three to four written exams covering text and lecture notes
2. There are no make-ups on missed exams. You are allowed to drop one exam, therefore, if you miss an exam, that is the one that will be dropped.

PROJECT:

1. The project is a written assignment. You may select a minimum of 2 articles on a topic of your choice (i.e. child abuse, children's safety issues, children's health issues, nutrition, etc.)
2. The paper is to be typed, double spaced and can be from approximately 3-5 pages in length. A well-written paper is more important than length.
3. A title page with your name, date and class is helpful.
4. The paper is to include the sources at the end (Bibliography page)
5. If writing is a challenge for you, be sure to utilize the Reedley College writing lab. Write your draft first and then take that paper to the writing lab. Be sure to allow enough time to do this, rewrite the paper and turn it in on time.
6. The paper is **DUE – TUESDAY, NOVEMBER 9, 1999**
7. **LATE PAPERS ARE NOT ACCEPTED**

ACTIVITIES:

1. In class activities will be provided several times during the semester to promote application of the material learned.
2. The activities are done in small groups. The total points are between 0-5, based on the group's level of successful completion.
3. Groups will be required to present an oral report in class or submit a written report prior to leaving class that day.
4. There are no make-ups for missed activities. You are allowed to drop one activity, therefore, if you miss on that is the one that will be dropped.

FINAL EXAM: TUESDAY, DECEMBER 14, 1999 (1:00-3:00 P.M.)

**LAST DAY TO DROP WITHOUT "W" – FRIDAY, SEPTEMBER 3, 1999
NINE-WEEK DROP DATE, FRIDAY, OCTOBER 16, 1999**

FINAL GRADE:

90-100% Total points	= A
80- 89%	= B
70- 79%	= C
60- 69%	= D
59% and below	= F

**** FOUNDATION OF EXCELLENCE ****

"Tentative efforts lead to tentative outcome. Therefore give yourself fully to your endeavors. Decide to construct your character through excellent actions and determine to pay the price of a worthy goal. The trials you encounter will introduce you to your strengths. Remain steadfast...and one day you will build something that endures, something worthy of your potential."

Epictetus Roman Teacher, Philosopher 55-135 A.D.

CLASSROOM POLICY

1. Student Responsibility

a. Attendance

1. If you are not here when roll is taken – you are absent
2. Attending class is an important part of your education
3. If you cannot attend class, students are advised to have another student in the class pick up handouts and share notes, etc.
4. Attending class is for registered students only.

b. Dropping class

1. The instructor will drop a student whose attendance record indicates that he or she is not participating. (Missing 3 hours of lecture or more)
2. It is ultimately the students responsibility to drop a class they no longer intend to participate in, to avoid receiving a “F” grade.

c. Academic difficulty

1. If you find yourself struggling in a course, be sure to utilize the Reedley College services that are available.
 - a. Tutorial
 - b. Disabled Student Services
 - c. Computer lab
 - d. Library
 - e. Counseling
 - f. College success means planning ahead and scheduling everything

d. Respect

1. Each student is expected to manage their schedule and arrive on time
2. If you need to leave early, notify the instructor ahead of time
3. **Instructor set-up time** - 10 minutes prior to class beginning is the instructors set up time, therefore individual questions would be better addressed during office hours.
4. **Instructor schedule** – the instructor may not be able to stay after class on certain days. Please respect the instructors schedule and schedule a time to meet during office hours.

c. Due dates

1. Assignments are to be turned in on time. Late assignments are not accepted.

d. Student Name – first and last name are required on all written work to receive credit.

e. Written assignments – all written assignments must be typed

f. Final exam – each student is responsible for reading the class schedule and making arrangements to be to the final at the scheduled time.

2. Discussion of Grades

- a. Grades are confidential. I would be happy to discuss grades during office hours.