

KRCC PHYSICAL EDUCATION SYLLABUS

DEPARTMENT PHILOSOPHY: Our department will use a "concepts" approach to health and physical education, answering three (3) questions: Why is health and physical education important to every person? How to practice healthful activities given individual abilities and interests? What are the individual's real needs for lifetime fitness?

DEPARTMENT CHAIR: Michael White

DEPT. OFFICE 305/Ext 369

COURSE #: PE 14

COURSE TITLE:

VOLLEYBALL

COURSE DESCRIPTION: Instruction and practice in beginning level skill, techniques, and strategies of volleyball. Students may take any activity course a total of 4 times.

INSTRUCTOR: Bobbi Monk

OFFICE #

1 Ext 344/360

COURSE OBJECTIVES:

See Attached Sheet

REQUIRED MATERIAL(S): Locks and lockers are not required, but recommended. Return locks/locker at end of semester to avoid a \$5.00 service fee. Appropriate attire and footwear must be worn for each activity class.

INJURY/DISCLOSURE: Report all pre-existing medical conditions to the instructor before exercising. Report all injuries to the instructor.

ATTENDANCE POLICY: You must participate and apply the knowledge/skills each class meeting, making "mastery attempts." 90% participation = A, 80% participation = B, 70% participation = C, 60% participation = D, 50% participation = F. (% of total possible student contact hours per semester:)

WRITTEN TESTS: There will be a minimum of two (2) written tests.

SKILLS TESTS: There will be a minimum of two (2) skills tests.

HOW YOUR FINAL GRADE WILL BE CALCULATED: Participation 34%
Written Tests . . . 33% Skills Tests . . . 33% = 100%

DROP POLICY: 18 week courses have a drop deadline of the 9th week. Short-term classes have a drop deadline of 4.5 weeks. However, you may be dropped by the instructor at any time after three (3) consecutive unexcused absences, within the first 9 weeks of instruction.

KINGS RIVER COMMUNITY COLLEGE

Volleyball

P.E. 14

Monday 7:30 - 9:20

Jan. 12 - May 11, 1998

COURSE OUTLINE

This course is designed to acquaint the beginning player to the basic fundamental skills, as well as the rules and regulations involved in the game of volleyball. Additionally, this course will improve the skill level of the intermediate and advanced players.

GRADING

Your final grade will be determined by averaging the following:

Participation:	34%	A = 90% and above of total points
Written Tests:	33%	B = 80% -89% of total points possible
Skills Tests:	33%	C = 70% -79% of total points possible
		D = 60% -69% of total points possible

Participation:

Your participation is very important. You will be allowed 2 absences without penalty. After the 2nd absence, your grade will drop one grade level, and will continue to drop. Late after 7:40, is considered an absence & three tardies (7:35 - 7:40) will constitute an absence. Leaving the class at anytime before class lets out is an absence. You must participate and apply the knowledge/skills each class meeting, making "mastery attempts." No participation in class, No credit for the day.

1-2 absences	=	A
3 "	=	B
4 "	=	C = Credit for class
5 "	=	D = NO credit for class

Make-up for absences:

This P.E. Dept. no longer allows make ups for absences. Students will need to choose absences wisely.

THREE (3) CONSECUTIVE absences without notification and not attending class on a regular basis the student will be dropped from class.

Performance:

Your performance grade will be based on the quality of your workout, your adherence to regulations and following of directions. Every student is required to come to class ready to play but must first warm up before beginning any play. No participation, No credit for day.

Written & Skill tests:

Two written exams will be given and a written final. Study guides will be provided.

You will be evaluated and graded on these skills: serving, setting, bumping, spiking, & knowledge of court and game play.