

## CD 6 – HEALTH AND SAFETY

### **COURSE SYLLABUS**

**Instructor, Marilyn Frisch**  
**Office: S.S. 37**

This course will provide current concepts in the fields of health and safety and their relationship to the young child. Methods of assisting the child to develop good health habits and attitudes will be emphasized.

### **COURSE OUTLINE**

- A. Introduction to health and safety - Chapters 2-7
  - 1. Promoting good health
    - a. Health appraisals
    - b. Assessment tools
    - c. Conditions affecting today's child
  - 2. Communicable and acute illness
    - a. Infectious process and effective control
    - b. Identification and management
    - c. State laws and reporting
  
- B. Safety and the young child - Chapters 8-12
  - 1. Creating a safe environment
  - 2. Safety management
  - 3. Child abuse and neglect
  - 4. Government guidelines
  - 5. Reporting issues
  - 6. Education for the young child
  
- C. Pediatric CPR and First Aid training and certification
  
- D. Nutrition and the young child – Chapters 19-21 (with reference to 13-18)
  - 1. Nutrition education concepts and activities - Ch. 21
  - 2. Food safety and economy - Ch. 20
  - 3. Planning and serving nutritious meals - Ch. 19

**GRADING:** The final grade will be determined on the basis of accumulated points from the following assignments:

	<u>POINTS</u>
1. Successful completion of Pediatric CPR and First Aid Training	20
2. Exams	10 each
3. Activities -- in class	5 each
4. Project	25
5. Attendance and participation	5

**PEDIATRIC CPR AND FIRST AID:** Each student will complete the requirements for certification.

**EXAMS:**

1. Three to four written exams covering text and lecture notes
2. Point value of letter grade = A-10, B-8, C-6, D-4, F-0
3. You are allowed to make up one exam during the semester within one week

**ACTIVITIES:**

1. In class activities will be provided several times during the semester to promote application of the material learned.
2. The activities are done in small groups. The total points are between 0-5, based on the groups level of successful completion.
3. Groups will be required to present an oral report in class or submit a written report that day.
4. There are no make-ups on missed activities. You are allowed to drop one activity, therefore, if you miss one that is the one that will be dropped.

**PROJECT:**

1. The project is a written assignment. You may select a minimum of 2 articles on a topic of your choice (i.e. child abuse, children's safety issues – car seats for example, SIDS, children's nutrition, meal planning).
2. The paper is to be typed, double spaced and can be from approximately 3-5 pages. A well-written paper is more important than length.
3. The paper is to include the sources at the end.
4. The paper is **DUE – TUESDAY, NOVEMBER 10, 1998**
5. All late papers will receive reduced points

**ATTENDANCE AND PARTICIPATION:**

1. Miss class 3 times – points are deducted

**FINAL EXAM: TUESDAY, DECEMBER 15, 1998 – 6-8 P.M.**

**\*LAST DAY TO DROP WITHOUT PENALTY – FRIDAY, OCTOBER 16, 1998**