

# **CREDIT COURSE OUTLINE**

## I. COVER PAGE

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(2) COMPETITIVE BASKETBALL Title  $\frac{(3) 3}{\text{Units}}$ 

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(4)	Lecture / Lab Hours:				(8)Classification:			
	Total Course Hou	ırs						
		Total Lec hours:	0			Degree	applicable:	X
		Total Lab hours:	10.00		Non-degree applicable:			
		Total Contact hours:	180.00			Basic s	kills:	
						-		
	Lec will generate	<u>0</u> hour(s) outside work.	(9)RC	Fulfills AS/AA	A degree	requirement: (area	L)	
	Lab will generate <u>0</u> hour(s) outside work.							
						Physica	l Education	
(5)	Grading Basis:	Grading Scale Only			General educat	tion cate	egory:	
. ,		Pass/No Pass option	X		Major:	PHYSI	CAL EDUCATIO	N
		Pass/No Pass only			Certificate of:			
(6) Advisories:					Certificate in:	COAC	HING	
	Eligibility for English 126				U	Baccala	ureate:	X
(7)	Pre-requisites(requires C grade or better):				eatable: (A cou	rse may	be repeated	
	Corequisites:				ee times)	2	-	3

(12) Catalog Description:

This course meets the practice requirements for the Reedley College basketball team in preparation for the actual intercollegiate contests. Students in this course must perform and compete at the intercollegiate level.

## **II. COURSE OUTCOMES:**

# (Specify the learning skills the student demonstrates through completing the course and link critical thinking skills to specific course content and objectives.)

Upon completion of this course, students will be able to:

- I. use proper and safe practice drills.
- II. demonstrate proper techniques related to specific positions.
- III. illustrate a basic knowledge of position-specific assignments and their application on the basketball court.
- IV. demonstrate an understanding of proper decorum policies as determined by the Commission on Athletics and head basketball coach.
- V. demonstrate a basic knowledge of team-building concepts

## **III. COURSE OBJECTIVES:**

# (Specify major objectives in terms of the observable knowledge and/or skills to be attained.)

In the process of completing this course, students will:

- I. assess one's own skill levels within the context of intercollegiate basketball.
- II. plan, implement, and practice appropriate basketball drills that promote improved levels of performance during the intercollegiate basketball season.

IV. COURSE OUTLINE:

# Lab Content:

- A. Introduction of fundamentals
- 1. Offensive fundamentals
- 2. Defensive fundamentals
- 3. Free throw fundamental

B. Instruction of unit schemes

- 1. Offensive unit schemes
- 2. Defensive unit schemes
- 3. Free throw schemes

C. Instruction of unit goals

Defensive unit goals
 Free throw unit goals

#### V. APPROPRIATE READINGS

## Reading assignments may include but are not limited to the following:

I. Sample Text Title:

II. Other Readings

1. Recommended - Reedley College Player Policy Handbook 2010 (updated annually)

\_\_\_\_ Global or international materials or concepts are appropriately included in this course X Multicultural materials and concepts are appropriately included in this course

If either line is checked, write a paragraph indicating specifically how global/international and/or multicultural materials and concepts relate to content outline and/or readings.

Topics include tolerance and problem-solving within the team concept. Team-building through "forming, storming, norming and performing" stages recognizes multiracial/multicultural differences as potential challenges to purposeful team function. Through directed discussion, head coach will acknowledge the individual differences of those that make up the basketball team and how to cooperatively work as a successful unit towards a common goal.

#### VI. METHODS TO MEASURE STUDENT ACHIEVEMENT AND DETERMINE GRADES:

Students in this course will be graded in at least one of the following four categories. Please check those appropriate. A degree applicable course must have a minimum of one response in category A, B, or C.

A. Writing					
	Check either 1 or 2 below				
	1. Substantial writing assignments are required. Check the appropriate boxes below and provide a written description in the				
	space provided.				
x	2. Substantial writing assignments are NOT required. If this box is checked leave this section blank. For degree applicable				
	courses you must complete category B and/or C.				
	a) essay exam(s)		d) written homework		
	b) term or other paper(s)		e) reading reports		
	c) laboratory report(s)		f) other (specify)		

Required assignments may include but are not limited to the following:

# B. Problem Solving

Computational or non-computational problem-solving demonstrations, including:		
a) exam(s)	d) laboratory reports	
b) quizzes	e) field work	
c) homework problems	f) other (specify):	

Required assignments may include but are not limited to the following:

C. Skill demonstrations, including:			
Х	a) class performance(s)	Х	c) performance exams(s)
	b) field work	Х	d) other (specify)

Required assignments may include but are not limited to the following:

1. warm-up/stretch routine

2. free throw routine

3. daily defensive workout

4. daily offensive workout

D. Objective examinations including:				
a) multiple choice		d) completion		
b) true/false	Х	e) other (specify):		
c) matching items				

# COURSE GRADE DETERMINATION:

Description/Explanation: Based on the categories checked in A-D, it is the recommendation of the department that the instructor's grading methods fall within the following departmental guidelines; however, the final method of grading is still at the discretion of the individual instructor. The instructor's syllabus must reflect the criteria by which the student's grade has been determined. (A minimum of five (5) grades must be recorded on the final roster.)

If several methods to measure student achievement are used, indicate here the approximate weight or percentage each has in determining student final grades.

50% Participation 40% Skills Tests 10% Written Tests

Attached Files:

BASIC SKILLS ADVISORIES PAGE The skills listed are those needed for eligibility for English 125, 126, and Math 101. These skills are listed as the outcomes from English 252, 262, and Math 250. In the right hand column, list at least <u>three</u> major basic skills needed at the beginning of the target course and check off the corresponding basic skills listed at the left.

(eligibility for English 126)	1. Student must be able to read and comprehend instructor handouts and various weight			
(as outcomes for English 262)	room informational placards.			
<ul> <li>Using phonetic, structural, contextual, and dictionary skills to attack and understand words.</li> <li>X Applying word analysis skills to reading in context.</li> <li>X Using adequate basic functional vocabulary skills.</li> <li>X Using textbook study skills and outlining skills.</li> <li> Using a full range of literal comprehension skills and basic analytical skills such as predicting, inferring, concluding, and evaluating.</li> </ul>	<ul> <li>2. Student must be able to understand basic terminology associated with concepts of physical fitness, proper identification of weight room equipment, and muscles</li> <li>3. Student must be able to adequately learn from reading assignments and apply knowledge gained to active participation in weight room</li> </ul>			
Check the appropriate spaces.				

# **CONTENT REVIEW**

# REQUISITES

No requisites