

Name: \_\_\_\_\_

ID: \_\_\_\_\_

Date: \_\_\_\_\_

Complete the following program of study:

<b>Associate in Arts Degree</b> <b>(R.4200.AA)</b> <b>Major requirements (18 units minimum)</b> <b>A grade of "C" or better is required in the following courses:</b>	C-ID	units	completed	in progress	planned
BIOL 5 – Human Biology		4			
Complete a minimum of eight units from the following (units in parenthesis)					
BIOL 20 – Human Anatomy (4) BIOL 22 – Human Physiology (5) CHEM 3A – Introductory General Chemistry (4) CHEM 10 – Elementary Chemistry (4) FN 35 – Nutrition and Health (3) FN 40 – Nutrition (3) HLTH 1 – Contemporary Health Issues (3) HLTH 2 – First Aid and Safety (3) KINE 20 – Athletic Training (3.5) KINE 22 – Introduction to Physical Education (3)	*BIOL 110B *BIOL 120B *CHEM 101        KINE 101 *KINE 100	8			
Select three units from the following: (units in parenthesis)					
DANCE 9 – Dance Conditioning (1), DANCE 10 – Modern Dance (1), DANCE 14 – Beginning Jazz Dance (1), PE 1 – Adapted Physical Education (1), PE 2 – Aerobics (1), PE 4 – Badminton (1), PE 5 – Basketball (1), PE 5B – Intermediate Basketball (1), PE 6 – Fitness and Health (1), PE 7 – Golf (1), PE 8 – Martial Arts/Self Defense (1), PE 10 – Racquetball (1), PE 12 – Beginning Swim for Fitness (1), PE 12B – Intermediate Swim for Fitness (1), PE 12C – Advanced Swim for Fitness (1), PE 13 – Tennis (1), PE 14 – Volleyball (1), PE 15 – Weight Training (1), PE 15B – Advanced Weight Training (1), PE 16 – Fitness Walking (1), PE 18 – Floor Exercises (1), PE 19 – Weight Training and Aerobics (1), PE 19B – Advanced Weight Training and Aerobics (1), PE 29 – Yoga (1), PE 30B – Competitive Baseball (3), PE 30C – Off-Season Conditioning for Baseball (1), PE 30D – Baseball Training (3), PE 31B – Competitive Basketball (3), PE 31C – Off-Season Conditioning for Basketball (1), PE 33B – Competitive Football (3), PE 33C – Off-Season Conditioning for Football (1), PE 34B – Competitive Golf (3), PE 34C – Off-Season Conditioning for Golf (1), PE 36B – Competitive Soccer (3), PE 36C – Off-Season Conditioning for Soccer (1), PE 37B – Competitive Softball (3), PE 37C – Off-Season Conditioning for Softball (1), PE 38B – Competitive Tennis (3), PE 38C – Off-Season Conditioning for Tennis (1), PE 39B – Competitive Track and Field (3), PE 39C – Off-Season Conditioning for Track and Field (1), PE 40B – Competitive Volleyball (3), PE 40C – Off-Season Conditioning for Volleyball (1), PE 43B – Competitive Swimming and Diving (3), PE 43C – Off-Season Conditioning for Swimming (1), PE 45 – Performance Training and Conditioning Techniques for Intercollegiate Athletics (1-2), PE 49 – Weight Training for Collegiate Athletes, PE 49A – Beginning Circuit Training (1), PE 71 – Soccer (1)		3			
Select additional units from the above areas to total at least 18 units.		1-3			

Note: \* Pending review and approval by C-ID

Faculty Advisors: Mrs. Shannon Jefferies (Reedley), Mr. Richard Jennings, Mr. Kim Locklin (Reedley), Ms. Kristen Mattox (Madera), Mr. Steve Pearse, Mr. Dan Kilbert, Mrs. Kathy O'Connor (Reedley), Mr. Scott Stark (Reedley), Mr. Randy Whited (Reedley), and Reedley College, Madera Center, and Oakhurst Center Counselors.