



PHYSICAL EDUCATION COACHING 2014-2015

Name: _____

SSN/ID: _____

Complete the following program of study:

Date: _____

Certificate in Coaching (R.4210.CN) Major requirements (15-18 units minimum)	C-ID	units	completed	in progress	planned
HLTH 1 – Contemporary Health Issues		3			
HLTH 2 – First Aid and Safety	KINE 101	3			
PE 20 – Athletic Training		4			
PE 22 – Introduction to Physical Education	*KINE 100	3			
Select two classes from the following: PE 2 – Aerobics (1), PE 4 – Badminton (1), PE 5 – Basketball (1), PE 6 – Fitness and Health (1), PE 7 – Golf (1), PE 10 – Racquetball (1), PE 12 – Beginning Swim for Fitness (1), PE 12B – Intermediate Swim for Fitness (1), PE 12C – Advanced Swim for Fitness (1), PE 13 – Tennis (1), PE 14 – Volleyball (1), PE 15 – Weight Training (1), PE 15B – Advanced Weight Training (1), PE 16 – Fitness Walking (1), PE 18 – Floor Exercises (1), PE 19 – Weight Training and Aerobics (1), PE 19B – Advanced Weight Training and Aerobics (1), PE 30A – Theory of Baseball (1), PE 30B – Competitive Baseball (3), PE 30C – Off-Season Conditioning for Baseball (1), PE 31A – Theory of Basketball (1), PE 31B – Competitive Basketball (3), PE 31C – Off-Season Conditioning for Basketball (1), PE 33A – Theory of Football (1), PE 33B – Competitive Football (3), PE 33C – Off-Season Conditioning for Football (1), PE 34A – Theory of Golf (1), PE 34B – Competitive Golf (3), PE 34C – Off-Season Conditioning for Golf (1), **PE 35B – Pep and Cheer (3), PE 37A – Theory of Softball (1), PE 37B – Competitive Softball (3), PE 37C Off-Season Conditioning for Softball (1), PE 38A – Theory of Tennis (1), PE 38B – Competitive Tennis (3), PE 38C – Off-Season Conditioning for Tennis (1), ***PE 39A – Theory of Track and Field (1), ***PE 39B – Competitive Track and Field (2), ***PE 39C – Off-Season Conditioning for Track and Field, PE 40A – Theory of Volleyball (1), PE 40B – Competitive Volleyball (3), PE 40C – Off-Season Conditioning for Volleyball (1), PE 49A – Beginning Circuit Training (1), PE 71 – Soccer (1)		2-6			

Notes: BIOL 20 – Human Anatomy and FN 40 – Nutrition are recommended but not required for the certificate.

* Pending review and approval by C-ID.

** This course is offered subject to demand.

*** These courses are currently not offered.

Faculty Advisors: Mrs. Becky Allen (CCCC), Mr. Jack Hacker (Reedley), Mrs. Shannon Jefferies (Reedley), Mr. Kim Locklin (Reedley), Ms. Kristen Mattox (Madera), Mrs. Kathy O'Connor (Reedley), Mr. Scott Stark (Reedley), and Mr. Randy Whited (Reedley)