



PHYSICAL EDUCATION 2014-2015

Name: _____

SSN/ID: _____

Complete the following program of study:

Date: _____

Associate in Arts Degree (R.4200.AA) Major requirements (18 units minimum) A grade of "C" or better is required in the following courses:	C-ID	units	completed	in progress	planned
BIOL 5 – Human Biology		4			
Complete a minimum of eight units from the following (units in parenthesis) BIOL 20 – Human Anatomy (4) BIOL 22 – Human Physiology (5) CHEM 3A – Introductory General Chemistry (4) CHEM 10 – Elementary Chemistry (4) FN 35 – Nutrition and Health (3) FN 40 – Nutrition (3) HLTH 1 – Contemporary Health Issues (3) HLTH 2 – First Aid and Safety (3) PE 20 – Athletic Training (4) PE 22 – Introduction to Physical Education (3)	*BIOL 110B *BIOL 120B *CHEM 101 KINE 101 *KINE 100	8			
Select three units from the following: (units in parenthesis) DANCE 9 – Dance Conditioning (1), DANCE 10 – Modern Dance (1), DANCE 14 – Beginning Jazz Dance (1), PE 1 – Adapted Physical Education (1), PE 2 – Aerobics (1), PE 4 – Badminton (1), PE 5 – Basketball (1), PE 6 – Fitness and Health (1), PE 7 – Golf (1), PE 8 – Martial Arts/Self Defense (1), PE 10 – Racquetball (1), PE 12 – Beginning Swim for Fitness (1), PE 12B – Intermediate Swim for Fitness (1), PE 12C – Advanced Swim for Fitness (1), PE 13 – Tennis (1), PE 14 – Volleyball (1), PE 15 – Weight Training (1), PE 15B – Advanced Weight Training (1), PE 16 – Fitness Walking (1), PE 18 – Floor Exercises (1), PE 19 – Weight Training and Aerobics (1), PE 19B – Advanced Weight Training and Aerobics (1), PE 29 – Yoga (1), PE 30B – Competitive Baseball (3), PE 30C – Off-Season Conditioning for Baseball (1), PE 31B – Competitive Basketball (3), PE 31C – Off-Season Conditioning for Basketball (1), PE 33B – Competitive Football (3), PE 33C – Off-Season Conditioning for Football (1), PE 34B – Competitive Golf (3), PE 34C – Off-Season Conditioning for Golf (1), PE 37B – Competitive Softball (3), PE 37C – Off-Season Conditioning for Softball (1), PE 38B – Competitive Tennis (3), PE 38C – Off-Season Conditioning for Tennis (1), PE 39B – Competitive Track and Field (3), PE 39C – Off-Season Conditioning for Track and Field (1), PE 40B – Competitive Volleyball (3), PE 40C – Off-Season Conditioning for Volleyball (1), PE 49A – Beginning Circuit Training (1), PE 71 – Soccer (1)		3			
Select additional units from the above.		3			

Note: * Pending review and approval by C-ID

Faculty Advisors: Mrs. Becky Allen (CCCC), Mr. Jack Hacker (Reedley), Mrs. Shannon Jefferies (Reedley), Mr. Kim Locklin (Reedley), Ms. Kristen Mattox (Madera), Mrs. Kathy O'Connor (Reedley), Mr. Scott Stark (Reedley), and Mr. Randy Whited (Reedley)