



PHYSICAL EDUCATION 2009-2010

Name: _____

SSN/ID: _____

Date: _____

Complete the following program of study:

Associate in Arts Degree (R.4200.AA) Major requirements (29 units minimum) A grade of "C" or better is required in the following courses:	units	completed	in progress	planned
BIOL 20 – Human Anatomy	4			
BIOL 22 – Human Physiology	5			
FN 40 – Nutrition	3			
HLTH 2 – First Aid and Safety	2			
*PE 20 – Athletic Training	4			
PE 22 – Introduction to Physical Education	3			
Select eight units from the following: (units in parenthesis) PE 1 – Adapted Physical Education (1), PE 2 – Aerobics (1), PE 4 – Badminton (1), PE 5 – Basketball (1), PE 6 – Fitness and Health (1), PE 7 – Golf (1), PE 8 – Martial Arts/Self Defense (1), PE 10 – Racquetball (1), PE 12 – Swimming (1), PE 13 – Tennis (1), PE 14 – Volleyball (1), PE 15 – Weight Training (1), PE 16 – Fitness Walking (1), PE 18 – Floor Exercises (1), PE 19 – Weight Training and Aerobics (1), PE 30B – Competitive Baseball (3), PE 30C – Off-Season Conditioning for Baseball (1), PE 31B – Competitive Basketball (3), PE 31C – Off-Season Conditioning for Basketball (1), PE 33B – Competitive Football (3), PE 33C – Off-Season Conditioning for Football (1), PE 34B – Competitive Golf (3), PE 34C – Off-Season Conditioning for Golf (1), PE 35B – Pep and Cheer (3), PE 37B – Competitive Softball (3), PE 37C Off-Season Conditioning for Softball (1), PE 38B – Competitive Tennis (3), PE 38C – Off- Season Conditioning for Tennis (1), PE 39B – Competitive Track and Field (3), PE 39C – Off-Season Conditioning for Track and Field (1), PE 40B – Competitive Volleyball (3), <i>and/or</i> PE 40C – Off-Season Conditioning for Volleyball (1)	8			

Note: *Not currently offered.

Faculty Advisors: Mrs. Becky Allen (WI), Mr. Brian Fonseca (Reedley), Mr. Jack Hacker (Reedley), Mrs. Shannon Jefferies (Reedley), Mr. Kim Locklin (Reedley), Ms. Kristen Mattox (Madera), Mrs. Kathy O'Connor (Reedley), Mr. Michael White (Reedley), and Mr. Randy Whited (Reedley)