



**PHYSICAL EDUCATION
COACHING
2008-2009**

Name: _____

SSN/ID: _____

Date: _____

Complete the following program of study:

Certificate in Coaching (R.4210.CC) Major requirements (14-18 units minimum)	units	completed	in progress	planned
HLTH 1 – Contemporary Health Issues	3			
HLTH 2 – First Aid and Safety	2			
PE 20 – Athletic Training	4			
PE 22 – Introduction to Physical Education	3			
Select two classes from the following: PE 2 – Aerobics (1), PE 4 – Badminton (1), PE 5 – Basketball (1), PE 6 – Fitness and Health (1), PE 7 – Golf (1), PE 8 – Martial Arts/Self Defense (1), PE 10 – Racquetball (1), PE 12 – Swimming (1), PE 13 – Tennis (1), PE 14 – Volleyball (1), PE 15 – Weight Training (1), PE 16 – Fitness Walking (1), PE 18 – Floor Exercises (1), PE 19 – Weight Training and Aerobics (1), PE 30A – Theory of Baseball (1), PE 30B – Competitive Baseball (3), PE 30C – Off-Season Conditioning for Baseball (1), PE 31A – Theory of Basketball (1), PE 31B – Competitive Basketball (3), PE 31C – Off-Season Conditioning for Basketball (1), PE 33A – Theory of Football (1), PE 33B – Competitive Football (3), PE 33C – Off-Season Conditioning for Football (1), PE 34A – Theory of Golf (1), PE 34B – Competitive Golf (3), PE 34C – Off-Season Conditioning for Golf (1), PE 35B – Pep and Cheer (3), PE 37A – Theory of Softball (1), PE 37B – Competitive Softball (3), PE 37C Off-Season Conditioning for Softball (1), PE 38A – Theory of Tennis (1), PE 38B – Competitive Tennis (3), PE 38C – Off-Season Conditioning for Tennis (1), PE 40A – Theory of Volleyball (1), PE 40B – Competitive Volleyball (3), and/or PE 40C – Off-Season Conditioning for Volleyball (1)	2-6			

Faculty Advisors: Mrs. Becky Allen (WI), Mr. Brian Fonseca (Reedley), Mr. Jack Hacker (Reedley), Mrs. Shannon Jefferies (Reedley), Mr. Kim Locklin (Reedley), Ms. Kristen Mattox (Madera), Mrs. Kathy O'Connor (Reedley), Mr. Michael White (Reedley), and Mr. Randy Whited (Reedley)