

PHYSICAL EDUCATION COACHING 2007-2008

Name:_____

SSN/ID: _____

Complete the following program of study:

Date: _____

| Certificate of Completion (R.4210.CC) Major requirements (13-15 units minimum) | units | completed | in progress | planned |
|--|-------|-----------|-------------|---------|
| HLTH 1 – Contemporary Health Issues | 3 | | | |
| HLTH 2 – First Aid and Safety | 2 | | | |
| PE 20 – Care and Prevention of Athletic Injuries | 3 | | | |
| PE 22 – Introduction to Physical Education | 3 | | | |
| Select two classes from the following: PE 2 – Aerobics (1), PE 4 – Badminton (1), PE 5 – Basketball (1), PE 6 – Fitness and Health (1), PE 7 – Golf (1), PE 8 – Martial Arts/Self Defense (1), PE 10 – Racquetball (1), PE 12 – Swimming (1), PE 13 – Tennis (1), PE 14 – Volleyball (1), PE 15 – Weight Training (1), PE 16 – Fitness Walking (1), PE 18 – Floor Exercises (1), PE 19 – Weight Training and Aerobics (1), PC 30A – Theory of Baseball(1), PE 30B – Competitive Baseball (2), PE 30C – Off-Season Conditioning for Baseball (1), PE 31A – Theory of Basketball (1), PE 31B – Competitive Basketball (2), PE 31C – Off-Season Conditioning for Basketball (1), PE 33A – Theory of Football (1), PE 33B – Competitive Football (2), PE 33C – Off-Season Conditioning for Football (1), PE 34A – Theory of Golf (1), PE 34B – Competitive Golf (2), PE 37C – Off-Season Conditioning for Golf (1), PE 35B – Pep and Cheer (2), PE 37A – Theory of Softball (1), PE 37B – Competitive Softball (2), PE 37C Off-Season Conditioning for Softball (1), PE 38A – Theory of Tennis (1), PE 38B – Competitive Tennis (2), PE 38C – Off-Season Conditioning for Tennis (1), PE 40A – Theory of Volleyball (1), PE 40B – Competitive Volleyball (2), <i>and/or</i> PE 40C – Off- Season Conditioning for Volleyball (1) | 2-4 | | | |

Faculty Advisors: Mrs. Becky Allen (Clovis/Madera), Mr. Brian Fonseca (Reedley), Mr. Jack Hacker (Reedley), Mrs. Shannon Jefferies (Reedley), Mr. Dan Kilbert (Reedley), Mr. Kim Locklin (Reedley), Mrs. Kathy O'Connor (Reedley), Mr. Michael White (Reedley), and Mr. Randy Whited (Reedley)