

Counseling 53- 56469: College Life Management Course Syllabus	
Term: Spring 2021	Instructor: Javier Renteria
Schedule: On-Line	Office: Athletic Conference Room
Length: 18 weeks	Phone: 559-494-3594
Transferable Units: 3	Email: Javier.renteria@reedleycollege.edu

Course Description:

This course is designed to help prepare students for college life and academic success. Topics include personal growth and development, academic goal development, campus resources, student success strategies, diversity and cultural awareness, and maintaining a healthy lifestyle. (*COUN-53 meets a CSU Area-E general education requirement; is UC/CSU unit transferable and meets a graduation requirement for the Reedley College Associates Degree*). **Course Units: 3**

Textbook:

Becoming a Master Student, Dave Ellis, 16th Edition

Student Learning Outcomes:

1. Upon completion of this course, students will be able to:
2. Reflect on cultural diversity and personal educational goals.
3. Apply college policies and procedures to educational goal to increase chances for success in college.
4. Identify values and skills to help determine major and career pathway.
5. Apply strategies to a healthy lifestyle.

Objectives:

In the process of completing this course, students will:

1. Identify personal values in relation to family, culture, education and community.
2. Examine diversity and inter-cultural barriers.
3. Identify personal learning style and practice college success strategies.
4. Learn college terms, definitions and student responsibilities.
5. Review certificate, degree and transfer requirements to develop a Student Education Plan (SEP).
6. Complete an educational inventory to identify strengths and skills.

Reasonable Accommodations:

If you have a verified need for an academic accommodation or materials in alternate media (i.e., Braille, large print, electronic text, etc.) per the Americans with Disabilities Act (ADA) or Section 504 of the Rehabilitation Act, please contact the instructor as soon as possible.

Attendance & Participation:

Your attendance and participation are important. Students not participating in the first week will be dropped for non-attendance.

Success in this course depends on your active participation. Your participation and homework are worth a portion of your grade. There is no opportunity to make up for missed participation points.

Assignments can only be made up if prior arrangements have been made with the instructor or under extenuating circumstances.

Statement on Cheating and Plagiarism/Student Conduct: Each student is expected to exert an entirely honest effort toward attaining an education. Every instructor has the authority and responsibility for dealing with such instances of cheating and/or plagiarism as may occur in class. The online classroom is a formal educational setting and an environment conducive to learning will be enforced.

Grading:

Your overall course grade will be based on completion of all class assignments. The following assignments are required for this course:

Assignments

Assignments	Possible Points
6 Exams (Quiz)	250 points
On-Line Assignments (32)	320 points
Total	570 points

Grading Scale and Points

Grading	Points
A	513-570
B	456-512
C	399-455
D	342-398
F	000-341

Week 1: January 11 - 15

1. Course Introduction/Review Syllabus/Navigating the Reedley College website
2. Formula for calculating grade point average

Week 2: January 18 - 22

1. COVID Impact on College Students
2. Student On-Line Learning Tips and Strategies

Week 3: January 25 - 29

1. Review Chapter 1
2. Utilizing the VARK Learning Assessment

Week 4: February 1 - 5

1. Review Chapter 2
2. Time Management and Developing a Weekly Planner

Week 5: February 8 - 12

1. Chapter 2 Continued - Goal Setting

Week 6: February 15 - 19

1. Review Chapter 4
2. Reading Strategies

Week 7: February 22 - 26

1. Review Chapter 5
2. Note Taking Strategies

Week 8: March 1 - 5

1. Review Chapter 3

2. Memory Strategies

Week 9: March 8 - 12

1. Review Chapter 6
2. Test Taking Strategies

Week 10: March 15 - 19

1. Review Chapter 7
2. Process of Thinking and Learning
3. Personality Assessment

Week 11: March 22 - 26

1. Review Chapter 8
2. Group Communication

Week 12: March 29 - April 2

1. Motivation and Process of Change

Week 13: April 5 - 9

1. Review Chapter 9
2. Money Strategies

Week 14: April 12 - 16

1. Review Chapter 10

Week 15: April 19 - 23

1. Academic Planning
2. Career Planning/Student Educational Plan

Week 16: April 26 -30

1. Diversity on College Campuses and On-Line Learning

Week 17: May 3 - 7

1. Motivation, Procrastination and On - Line Learning

Week 18: May 10 - 14

1. Comprehensive Review and Comprehensive Exam