

PE-10-53053 Racquetball - Fall 2021 Syllabus

Course Info

Course Title: PE 10 Racquetball (53053)
Meeting Room: Racquetball Courts
Class Times: MWF 9:00am - 9:50am
Instructor: Onesta Francis

Phone Number: 559-637-2518 (ext. 3518)
Email: Onesta.Francis@ReedleyCollege.edu
Office Hours: MW 12:30pm-3:00pm

Important Dates

August 20: Deadline to drop with refund
August 27: Deadline to drop to avoid "W" on
your transcripts/Deadline to add
September 6: Labor Day (no classes held)
October 8: Drop deadline

November 11: Veteran's Day (no classes held)
November 25-26: Thanksgiving Holiday (no
classes held)
December 6-10: Finals Week
December 10: End of Semester

Course Objectives

1. Evaluate individual skill levels in the areas of coordination, agility, shot selection/execution, and strategy
2. Apply knowledge/skills in public/private sector settings and choose opponents of equal ability.

Student Learning Outcomes

- PE-10 SLO1: demonstrate improved racquet skills and court agility
- PE-10 SLO2: employ the use of all four walls and understand their application
- PE-10 SLO3: recognize and understand the different strategies and proper court coverage involved in singles and doubles
- PE-10 SLO4: understand the basic rules of racquetball and use appropriate terminology
- PE-10 SLO5: use proper court etiquette/safety

Recommended Text

Kozar, Andy, and Emile Catignani. *Beginning Racquetball* (2014).

Necessary Equipment

1. Gym Clothes
2. Proper Shoes
3. Eye protection (recommended)

Grading Scale

A	100-90
B	80-89
C	70-79
D	60-69
F	0-59

Course Outline			
<u>Skills</u>	<u>Use of 4 Walls</u>	<u>Court Position and Strategy</u>	<u>Tournament Play</u>
<ul style="list-style-type: none"> ● Serve <ul style="list-style-type: none"> ○ Drive ○ Lob ○ Two Wall ● Forehand ● Backhand ● Overhead 	<ul style="list-style-type: none"> ● Front ● Side ● Ceiling ● Back 	<ul style="list-style-type: none"> ● Singles ● Cut-Throat ● Doubles <ul style="list-style-type: none"> ○ Side by side ○ Front & back 	<ul style="list-style-type: none"> ● Singles ● Doubles ● Round Robin

Accommodations for Students with Disabilities

If you have a verified need for an academic accommodation or materials in alternate media (e.g. Braille, large print, electronic text, etc.) per the Americans with Disabilities Act or Section 504 of the Rehabilitation Act, please contact your instructor as soon as possible.

Drop Policy

18 week courses have a drop deadline of the 9th week. However, you may be dropped by the instructor at any time after 3 absences

<u>Category</u>	<u>Assignment</u>	<u>Date</u>	<u>Point Value</u>
Participation	Show up on time with proper equipment	MWF	100 pts
Skill Demonstration	Lob Serve	September 1	10 pts
	Driven Serve	September 15	10 pts
	2-Wall Serve	September 29	10 pts
	Forehand	October 13	10 pts
	Backhand	October 27	10 pts
	Overhead	November 10	10 pts
Exams	Etiquette (short response)	August 11	10 pts
	Rules (fill in the blank)	August 13	10 pts
	Strategy (500 words typed)	November 24	30 pts