**Child Development 6 Health, Safety and Nutrition in Early Childhood Education**

**Course:** 55156  **Instructor:** Cecil Trinidad

Unit load: 3 Phone: 638-6846

**Class Meets:** Mon./Wed 8:00-9:15 **E-Mail:** [cecil.trinidad@reedleycollege.edu](mailto:cecil.trinidad@reedleycollege.edu)

**Room:** CCI 205

**Course Description:** Introduction to the laws, regulations, standards, policies and procedures and early childhood curriculum related to child health, safety and nutrition. Prevention, detection, and management of communicable disease; medical issues associated with disabilities and chronic illness; physical health; mental health and safety for both children and adults; collaboration with families and health professionals will be discussed. Integration of the concepts discussed into planning and program development for children ages 0 to 5 will be emphasized.

**Student Learning Outcomes:** Upon “successful” completion of this course, students will be able to:

1. assess strategies to maximize the mental and physical health of children and adults in group care and early intervention settings in accordance with culturally, linguistically and developmentally appropriate practice.
2. identify health, safety, and environmental risks in early care and education settings.
3. analyze the nutritional needs of children at various ages and evaluate the relationship between healthy development and nutrition.
4. demonstrate knowledge of health and safety standards for infants and young children in group care and early intervention settings.
5. identify characteristics of high quality early care and education settings as related to health, safety and nutrition for children ages 0-5

**Required Text:**

1. Sorte, Joanne & others (2014). *Nutrition, Health, and Safety for Young Children*; Second Edition, Pearson

*You are responsible for all of the information in the textbooks, regardless of what we cover in class meetings.*

**Supplies:**

* Three (3) Scantron- 882-E forms and other “Poster-making” supplies.

1/11 Course Outline/Course Syllabus/Expectations-

Activity, Chapter 1-Your Role in Children’s Wellness

1/13 Chapter 1-Continued

1/18 Martin Luther King, Jr. Day-No Class Held

1/20 Chapter 2- The Foundations of Optimal Nutrition

1/25 Chapter 2 Continued

1/27 Chapter 3- The Science of Nutrition

Article # 1 Due

2/1 Chapter 3-Continued

2/3 Exam # 1

2/8 Chapter 4- Feeding Infants

2/10 Chapter 4- Continued

2/15 Washington Day-No Class Held

2/17 Chapter 5- Feeding Toddlers, Preschoolers and School-Age Children

2/22 Chapter 5- Continued

2/24 Chapter 6- Menu Planning

Article # 2 Due

2/29 Chapter 7-Food Safety

3/2 Exam # 2

3/7 Chapter 7-Continued

3/9 Chapter 8-Creating a Climate of Health and Wellness

3/14 Chapter 8-Continued

3/16 Chapter 9-Health Screening and Assessment

3/21-3/25 Spring Break

3/28 Chapter 9-Continued

Article 3 Due

3/30 Chapter 10-Managing Infections Disease

4/4 Exam 3

4/6 Chapter 10-Continued

4/11 Chapter 11-Teaching Children with Special Needs

4/13 Chapter 11-Continued

4/18 Chapter 12-Children’s Mental Health

4/20 Chapter 12-Continued

4/25 Chapter 13-Enhancing Safety Through Appropriate Environments

4/27 Chapter 14-Promoting Safe Practices Through Effective Classroom Management

5/2 Chapter 14-Continued

5/4 Chapter 15- Responding to Emergencies

5/9 Chapter 15-Continued

5/11 Chapter 16-Child Abuse and Neglect

5/16 Final Exam/Reflection

Grading Policy:

Three Articles related to Nutrition, Health, Safety: 20 points each Total: 60 points

Three Examinations Exam # 1 25 points

Exam # 2 25 points

Exam # 3 25 points

Final Exam/Reflection 25 points Total: 100 points

Participation/Activities/Attendance 5 points per day Total: 165 points

**Grand Total: 325 points**

A = 292.5 points and above

B = 260 points to 291

C = 227 points to 259

D = 195 points to 226

F = 194 points and below

**Class Policies and Procedures:**

**The statements below are taken directly from the Reedley College Catalog**

***Academic Dishonesty***

*Students at Reedley College are entitled to the best education that the college can make available to them, and they, their instructors, and their fellow students share the responsibility to ensure that this education is honestly attained. Because cheating, plagiarism, and collusion in dishonest activities erode the integrity of the college, each student is expected to exert an entirely honest effort in all academic endeavors. Academic dishonesty in any form is a very serious offense and will incur*

*serious consequences.*



***Cheating***

*Cheating is the act or attempted act of taking an examination or performing an assigned, evaluated task in a fraudulent or deceptive manner, such as having improper access to answers, in an attempt to gain an unearned academic advantage. Cheating may include, but is not limited to, copying from*

*another’s work, supplying one’s work to another, giving or receiving copies of examinations without an instructor’s permission, using or displaying notes or devices inappropriate to the conditions of the examination, allowing someone other than the officially enrolled student to represent the student, or*

*failing to disclose research results completely.*

***Plagiarism***

*Plagiarism is a specific form of cheating: the use of another’s words or ideas without identifying them as such or giving credit to the source. Plagiarism may include, but is not limited to, failing to provide complete citations and references for all work that draws on the ideas, words, or work of others, failing to identify the contributors to work done in collaboration, submitting duplicate work to be evaluated in different courses without the knowledge and consent of the instructors involved,*

*or failing to observe computer security systems and software copyrights. Incidents of cheating and plagiarism may result in any of a variety of sanctions and penalties, which may range*

*from a failing grade on the particular examination, paper, project, or assignment in question to a failing grade in the course, at the discretion of the instructor and depending on*

***Cheating/Plagiarism:* Cheating and/or plagiarism will not be tolerated. A student will receive no credit for the assignment if in the opinion of the instructor the individual has cheated**

***Accommodations for Students with Disabilities****:* If you have a verified need for an academic accommodation or materials in alternate media (i.e., Braille, large print, electronic text, etc.) per the Americans with Disabilities Act (ADA) or Section 504 of the Rehabilitation Act, please contact me as soon as possible.

***Changing Syllabus Statement***: This course syllabus is equivalent to a contract between the instructor and the student. However, the information in this syllabus is subject to change at any time during the semester. All changes will be stated in class and students are responsible for noting such changes. In the event that you are absent on the day changes are made, it is your responsibility to find out the changes and adhere to them.

The student’s decision to attend the class denotes acceptance of:

* This syllabus as a contract outlining the student’s responsibilities to complete all required assignments by the due dates
* The policy that late assignments will not be accepted
* The changing syllabus statement
* The expectations of this course as outlined in this syllabus
* That final grades are determined on the basis of accumulated points from required assignments
* The policy that students are responsible for supplying evidence of any discrepancy in grades as determined by returned/graded assignments.

Students disagreeing with the above statements should withdrawal from this course section and enroll in a section of this course taught by another instructor.

**Important Dates:**

**January 12 ..........................................Instruction begins**

**January 19..........................................Martin Luther King, Jr. Day Holiday**

**January 30……………………………..Add/Drop Deadline**

**February 13 ........................................Lincoln’s Day Holiday**

**February 16........................................Washington’s Day Holiday**

**March 13 ............................................Last day to withdraw from**

**March 20 .............................................Last day for degree and certificate of achievement candidates to file**

**application for May 2015 completion date**

**March 30-April 3.................................Spring recess (Classes reconvene April 6)**

**May 18-22 ............................................Final examinations**

**May 22 ...............................................End of Spring Semester 2015**

**May 22 ...........................................Graduation exercises**

**THE INSTRUCTOR RESERVES THE RIGHT TO MODIFY THE SCHEDULE AND DATES OF LECTURE MATERIAL, READING, AND ASSIGNMENTS. STUDENTS WILL BE GIVEN REASONABLE NOTICE OF ALL CHANGES**