

**Reedley College
Physical Education**

I. Course Title Contemporary Health Issues
Course Number HLTH 2 - 56110
Unit Value 3
Time/Location Fall 2015
 TH 6:00-8:50 pm
 Port 4
Course Instructor Virginia Thomas
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 Office Hours: By Appointment

II. Catalog Description: This course is designed to prepare citizen responders with the knowledge and skills necessary to respond to emergency and first-aid situations. First aid, CPR, and AED for adults, children and infants are included in this course. Students will be eligible to take Certification exams upon successful completion of each respective content area.

III. Required Text: First Aid, CPR, and AED Essentials, 6th Ed. American College of Emergency Physicians, 2013, Jones & Bartlett Learning. ISBN: 978-1-4496-2662-4

IV. Course Outcomes: Upon completion of this course, students will be able to:

1. Demonstrate knowledge of the skills and techniques used in the application of first aid procedures
2. Identify the signs and symptoms of life-threatening injuries and illnesses and perform first aid for each
3. Prepare written reviews and surveys involving first aid procedures and safety awareness
4. Analyze life-threatening situations

V. Course Objectives: Upon completion of the course the student should be able to:

1. Demonstrate proficiency in first aid and safety knowledge and skill
2. Distinguish between various life-threatening injuries and illnesses and respond appropriately
3. Complete standard first aid and cardiopulmonary resuscitation certification upon successful completion of all requirements

VI. Evaluation Procedures:

Participation	90 pts
Skill Drills	70 pts
First Aid Kit	45 pts
Medical Emergency Presentation	45 pts
Exams x 5	500 pts
Total:	750 pts

Grading Scale

Percent	Grade	Total Points
100-90	= A	675-750 pts
89-80	= B	600-674 pts
79-70	= C	525-599 pts
69-60	= D	450-524 pts
59-0	= F	less than 450 pts

VII. Assignments & Activities
Attendance & Participation: Attendance is required. Please come to class on time, with appropriate notes & text if needed, as well as attire conducive to our lesson. Place phones on silent and leave them in your bag. No eating in class. Active participation is required and will be a portion of your grade. Please read each unit before class so you may engage in the discussion.

Assignments: Assignments are due at the beginning of class on Blackboard, all late assignments will be given **half credit**. They must be type-written and double spaced unless otherwise stated AND turned in on Blackboard. Assignments will be graded on content and correctness of information as well as neatness, professionalism, proper grammar punctuation and spelling. On the occasion that graphic representation of information is used, this must be done on appropriate computer software.

Tests: The exams cannot be made up if missed. If you have a conflict please contact me ahead of time to schedule a different time to take the exam before the rest of the class.

First Aid/CPR Cards: Participation in all activities, skills, assignments, quizzes and 80% on all exams is required to attain the First Aid/CPR Card.

Academic Integrity: “Students at Reedley College are entitled to the best education that the college can make available to them, and they, their instructors, and their fellow students share the responsibility to ensure that this education is honestly attained. Because cheating, plagiarism, and collusion in dishonest activities erode the integrity of the college, each student is expected to exert an entirely honest effort in all academic endeavors. Academic dishonesty in any form is a very serious offense and will incur serious consequences.” (Student Handbook)

Cheating is the act or attempted act of taking an examination or performing an assigned, evaluated task in a fraudulent or deceptive manner, such as having improper access to answers, in an attempt to gain an unearned academic advantage. Cheating may include, but is not limited to, copying from another’s work, supplying one’s work to another, giving or receiving copies of examinations without an instructor’s permission, using or displaying notes or devices inappropriate to the conditions of the examination, allowing someone other than the officially enrolled student to represent the student, or failing to disclose research results completely.

Plagiarism is a specific form of cheating: the use of another’s words or ideas without identifying them as such or giving credit to the source. Plagiarism may include, but is not limited to, failing to provide complete citations and references for all work that draws on the ideas, words, or work of others, failing to identify the contributors to work done in collaboration, submitting duplicate work to be evaluated in different courses without the knowledge and consent of the instructors involved, or failing to observe computer security systems and software copyrights.

Incidents of cheating and plagiarism may result in any of a variety of sanctions and penalties, which may range from a failing grade on a particular examination, paper, project, or assignment in question to a failing grade in the course, at the discretion of the instructor and depending on the severity and frequency of the incidents.

Accommodation for Disability: If you have a verified need for an academic accommodation or materials in alternate media(i.e., Braille, large print, electronic text, etc.) per the Americans with Disabilities Act (ADA) or Section 504 of the Rehabilitation Act, please contact me as soon as possible.

DROP POLICY: 18-week courses have a drop deadline in the 9th week (Oct 16). However, you may be dropped by the instructor at any time after three (2) consecutive unexcused absences or any absences in the first week of class.

Evaluation Tools

ASSIGNMENT	BRIEF DESCRIPTION	POINT VALUE	DUE DATE
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EVALUATION MODALITIES			
First Aid Kit	Create and display a fully stocked first aid kit.	45	
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Medical Emergency Presentation		45	
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TESTS		500	
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SKILL ACTIVITIES	In class activates demonstrating skill acquisition.	70	
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CLASS PARTICIPATION	Attendance & In-class Discussion & Assignments	90	
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TOTAL POSSIBLE		750	

Class Schedule (Subject to change)

Week	Date	Topic	Reading	Assignment Due
1	Aug 20	Introduction Unit 1: Introduction & Assessment Ch. 1: Background Information	Ch. 1	
2	Aug 27	Unit 1: Introduction & Assessment Ch. 2: Action at an Emergency	Ch. 2	
3	Sept 3	Unit 1: Introduction & Assessment Ch. 3: Finding Out What's Wrong Unit 1: Skill Drills/Review	Ch. 3	
4	Sept 10	Unit 1 Exam Unit 2: Soft Tissue Injury Ch. 7: Bleeding	Ch. 7	Unit 1 Exam
5	Sept 17	Unit 2: Soft Tissue Injury Ch. 8: Wounds Unit 2: Soft Tissue Injury Ch. 9: Burns	Ch. 8 & 9	
6	Sept 24	Unit 2 Soft Tissue Injury Ch. 17: Cold Related Emergencies Unit 2: Skill Drills/Review	Ch. 17	
7	Oct 1	Unit 2: Exam Unit 3: Muscle-Skeletal Injuries Ch. 10: Head and Spinal Injuries	Ch. 10	Unit 2 Exam
8	Oct 8	Unit 3: Muscle-Skeletal Injuries Ch. 11: Chest, Abdominal and Pelvic Injuries Unit 3: Muscle-Skeletal Injuries Ch. 12: Bone, Joint, and Muscle Injuries	Ch. 11 & 12	
9	Oct 15	Unit 3: Muscle-Skeletal Injuries Ch. 13: Extremity Injuries Unit 3: Skill Drills/Review	Ch. 13	First Aid Kit
10	Oct 22	Unit 3: Exam Unit 4: Sudden Emergencies Ch. 14: Sudden Illness		Unit 3 Exam
11	Oct 29	Unit 4: Sudden Emergencies Ch. 15: Poisoning Unit 4 Sudden Emergencies Ch. 16: Bites and Stings		
12	Nov 5	Unit 4: Sudden Emergencies Ch. 18: Heat-Related Emergencies Unit 4: Sudden Emergencies Ch.19: Rescuing and Moving Victims Unit 4: Review		
13	Nov 12	Unit 4: Exam Unit 5: Life Threatening Emergencies Ch. 4 CPR		Unit 4 Exam
14	Nov 19	Unit 5: Life Threatening Emergencies Ch. 5: AED		
15	Nov 26	Thanksgiving Holiday	No Class	
16	Dec 3	Unit 5: Life Threatening Emergencies Ch. 6: Shock Unit 5: Skills		
17	Dec 10	Medical Emergency Presentation		
18	Dec 17	Final Exam		Unit 5 Exam

First Aid Preparation Kit for the workplace or home and a list of its contents

45 points (Due October 15, 2015)

Based on all of the information you learn from class:

- Create a first aid kit with the appropriate supplies listed on the Red Cross Anatomy of a First Aid Kit guidelines. (<http://www.redcross.org/prepare/location/home-family/get-kit/anatomy>)
- List all of the contents of the kit and the purpose of the supplies. List an item and state what it is used for (1. Gloves – Protection from bodily fluids). You will keep the first aid kit after it is graded. Do not make it complicated nor expensive, be creative and have fun!

Medical Emergency Presentation

45 points. (Due December 10, 2015)

1. With a partner, choose a medical emergency from a list of topics (bee sting, asthma attack, seizure, sprain, puncture, etc.) from Units 1-4.
2. Each group will then create a scenario that caused the emergency situation and explain in order and detail how you would provide the appropriate medical care. The scenario and steps need to be typed. For example, do not simply write “Step 1. Put on gloves.” Explain why you need to put on gloves. Do not write a paragraph for each step but why the appropriate steps are taken.
3. Present and demonstrate the scenario in front of the class using some sort of visual aid or media presentation (Video, PowerPoint, Pictures, etc)

