

CD6 Health Safety & Nutrition In Early Childhood Education

FALL 2012

Course: 53950

Unit load: 3

Class Meets: Wednesday 6:00-8:50 p.m.

Room: CCI 205

Office Hours:

Instructor: Patricia Angel

Phone: 559-638-3641 Message

E-Mail: patty.angel@reedleycollege.edu

Office:

Course Description: Introduction to the laws, regulations, standards, policies and procedures and early childhood curriculum related to child health, safety and nutrition. Prevention, detection, and management of communicable disease; medical issues associated with disabilities and chronic illness; physical health; mental health and safety for both children and adults; collaboration with families and health professionals will be discussed. Integration of the concepts discussed into planning and program development for children ages 0 to 5 will be emphasized.

Student Learning Outcomes: Upon “successful” completion of this course, students will be able to:

- A. **Assess** strategies to maximize the mental and physical health of children and adults in group care and early intervention settings in accordance with culturally, linguistically and developmentally appropriate practice.
- B. **Identify** health, safety, and environmental risks in early care and education settings.
- C. **Analyze** the nutritional needs of children at various ages and evaluate the relationship between healthy development and nutrition.
- D. **Demonstrate** knowledge of health and safety standards for infants and young children in group care and early intervention settings.
- E. **Identify** characteristics of high quality early care and education settings as related to health, safety and nutrition for children ages 0-5

Required Text:

- Sorte, J., Daeschel, I., & Amador, C. (2011). *Nutrition, Health, and Safety for Young Children: Promoting Wellness*. Boston: Pearson.

You are responsible for all of the information in the textbooks, regardless of what we cover in class meetings.

Supplies:

- Five (5) Scantrons- 882-E forms.

Course Details:

1. There are 18 weeks in this semester.
2. There are two parts to every course you take: 1) class meetings/discussions and 2) out of class study time. This course is worth 3 units, which means that we will spend 8 hours together each week in class meetings/discussions and YOU should spend 6 hours a week studying the course materials outside of the classroom (study time).
3. There are 18 chapters in the textbook.
4. **Final Grades** are determined by total points earned divided by total points possible, giving a percentage grade.

CD6 Health Safety & Nutrition In Early Childhood Education

FALL 2012

<u>Percentage</u>	<u>Points Range</u>	<u>Grade</u>	<u>Percentage</u>	<u>Points Range</u>	<u>Grade</u>
100-90%	398-359	A	69-60%	278-239	D
89-80 %	358-319	B	59-0%	238-0	F
79-70 %	318-279	C			

Course Requirements:

Activities: There will be **4 activities** to complete during the semester. You will complete some of these activities in groups and complete others on your own. These activities will be worth a total of **60 points** toward your final grade.

Exams: There are 5 exams, one for every three/four chapters we will be studying. Each exam is made up of multiple-choice questions related to the text chapters and essay questions. **First exam worth 80 points, all other exams worth 60 points. No make-up Exams will be given.**

Participation Points: In-Class participation activities. 18 pts. Must be in class.

Having Problems?

If at any time you find you are having trouble succeeding in this course, whether because of a change in your life circumstances or because of something you don't understand about the materials, please see the instructor. There are a number of services available to assist Reedley College students in succeeding in their coursework.

Tentative Course Schedule:

Week	Date	Topics	Readings & Assignments
1	08/15/12	Introduction Overview of Course The Interconnection of Nutrition, Health and Safety	Chapter 1
2	08/22/12	Teaching Wellness Concepts – The Foundations of Optimal Nutrition	Chapters 2 & 3
3	08/29/12	The Science of Nutrition - Review	Chapter 4
4	09/05/12	Test # 1 Chapters 1,2,3,4 Feeding Infants	Chapter 5
5	09/12/12	Feeding Toddlers, Preschoolers, & School Age Children – Menu Planning	Chapters 6 & 7 Assignment # 1 Due
6	09/19/12	Food Safety	Chapter 8
7	09/26/12	Creating a Climate of Health and Wellness	Chapter 9
8	10/03/12	Test #2 Chapter 7, 8, 9 Health Screening and Assessment	Chapter 10
9	10/10/12	Managing Infectious Disease	Chapter 11 Assignment #2 Due

CD6 Health Safety & Nutrition In Early Childhood Education

FALL 2012

10	10/17/12	Teaching Children with Special Health Care Needs	Chapter 12
11	10/24/12	Test #3 Chapters 10, 11, 12	
12	10/31/12	Children's Mental Health	Chapter 13 Assignment # 3 Due
13	11/07/12	Ensuring Physical and Emotional Safety	Chapter 14
14	11/14/12	Creating Safe Environments	Chapter 15
15	11/21/12	Test #4 Chapters 13,14,15 Promoting Safe Practices through Effective Classroom Management	Chapter 16
16	11/28/12	Responding to Emergencies	Chapter 17 Assignment #4 Due
17	12/05/12	Child Abuse & Neglect – Review	Chapter 18
18	12/12/12	Final Exam Chapters 16, 17, 18	

The Instructor reserves the right to modify the schedule and dates of lecture material, readings, and assignments. Students will be given reasonable notice of all changes.

The discussion topics listed on this syllabus are an estimate; daily topics will depend on individual class performances and understanding of the materials. However, the due dates will remain as listed.

Important Information:

- 1. Attendance:** This class is based on learning through sharing and experiences. Regular attendance is EXPECTED. Students will be dropped after missing 3 days of class meetings. If you want to drop the class, please complete an official drop through the Reedley College Admissions and Records office. DO NOT rely on being dropped for missing days or you may end up with an "F" grade. If you stop coming to class after the official drop date, you will get an "F" grade.
- 2. No Late Work:** All assignments must be turned in on the due date.
- 3. Missed Tests/Exams/Quizzes/Activities:** Tests, exams, quizzes, and activities must be taken on the day scheduled. You will not be allowed to make up a missed test/exam/quiz/activity. **Do not take this lightly. No excuses will be accepted.**
- 4. Retaining Returned Assignments:** Students disagreeing with the assigned final grade will be required to supply evidence to the contrary. Therefore, it is suggested that students retain all returned/graded assignments and tests until after final grades have been posted.
- 5. Cheating/Plagiarism:** Cheating and/or plagiarism will not be tolerated. A student will receive no credit for the assignment if in the opinion of the instructor the individual has cheated.
- 6. Dropping the Course:** It is YOUR responsibility for dropping the course if you choose. You must drop using the proper procedures through Reedley College Admissions and Records office. If you choose to stop attending class, make sure that you do an official drop, otherwise you might end up with an "F" grade for the course.

CD6 Health Safety & Nutrition In Early Childhood Education

FALL 2012

7. Canceled Class Notification: From time to time a class meeting may need to be canceled. Notification of canceled class will appear in several forms: 1—Official cancel notification from Office of Instruction posted on the door, 2—Notification posted on Blackboard site for the class, 3—Notification emailed to students using email addresses from Web Adviser.

8. Accommodations for Students with Disabilities: If you have a verified need for an academic accommodation or materials in alternate media (Braille, large print, electronic text, etc.) per the Americans with Disabilities Act (ADA) or Section 504 of the Rehabilitation Act, please contact me as soon as possible.

Important Dates:

1. **August 13, 2012:** Semester begins
2. **August 31, 2012:** Last day to register for a full-term class
3. **October 12, 2012:** Last day to drop a full-term class to avoid a letter grade
4. **December 12, 2012: Final Exam**

Changing Syllabus Statement: This course syllabus is equivalent to a contract between the instructor and the student. However, the information in this syllabus is subject to change at any time during the term. All changes will be stated in class and students are responsible for noting such changes. In the event that you are absent on the day changes are made, it is your responsibility to find out the changes and adhere to them.

The student's decision to attend the class denotes acceptance of:

1. This syllabus as a contract outlining the student's responsibilities to complete all required assignments by the due dates
2. The policy that late assignments will not be accepted
3. The changing syllabus statement
4. The expectations of this course as outlined in this syllabus
5. That final grades are determined on the basis of accumulated points from required assignments.
6. The policy that students are responsible for supplying evidence of any discrepancy in grades as determined by returned/graded assignments.
7. **Final grades** will be submitted to A&R at NOON on the final day of the semester and any discrepancies **MUST BE ADDRESSED** before NOON. Students disagreeing with the above statements should withdraw from this course section and enroll in a section of this course taught by another instructor.