



CREDIT COURSE OUTLINE

I. COVER PAGE

(1) PE 4	(2) BADMINTON	(3) 1
Number	Title	Units

<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="3">(4) Lecture / Lab Hours:</td> </tr> <tr> <td colspan="3">Total Course Hours</td> </tr> <tr> <td style="width: 20%;">Total Lec hours:</td> <td style="width: 10%;"></td> <td style="width: 10%; text-align: center;">0</td> </tr> <tr> <td>Total Lab hours:</td> <td></td> <td style="text-align: center;">2.00</td> </tr> <tr> <td>Total Contact hours:</td> <td></td> <td style="text-align: center;">36.00</td> </tr> <tr> <td colspan="3">Lec will generate <u>0</u> hour(s) outside work.</td> </tr> <tr> <td colspan="3">Lab will generate <u>0</u> hour(s) outside work.</td> </tr> <tr> <td>(5) Grading Basis:</td> <td>Grading Scale Only</td> <td></td> </tr> <tr> <td></td> <td>Pass/No Pass option</td> <td style="text-align: center;">X</td> </tr> <tr> <td></td> <td>Pass/No Pass only</td> <td></td> </tr> <tr> <td>(6) Advisories:</td> <td colspan="2">Eligibility for English 125 and Eligibility for English 126</td> </tr> <tr> <td>(7) Pre-requisites(requires C grade or better):</td> <td colspan="2"></td> </tr> <tr> <td>Corequisites:</td> <td colspan="2"></td> </tr> </table>	(4) Lecture / Lab Hours:			Total Course Hours			Total Lec hours:		0	Total Lab hours:		2.00	Total Contact hours:		36.00	Lec will generate <u>0</u> hour(s) outside work.			Lab will generate <u>0</u> hour(s) outside work.			(5) Grading Basis:	Grading Scale Only			Pass/No Pass option	X		Pass/No Pass only		(6) Advisories:	Eligibility for English 125 and Eligibility for English 126		(7) Pre-requisites(requires C grade or better):			Corequisites:			<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="3">(8) Classification:</td> </tr> <tr> <td style="width: 20%;"></td> <td style="width: 20%;"></td> <td style="width: 20%;"></td> </tr> <tr> <td></td> <td>Degree applicable:</td> <td style="text-align: center;">X</td> </tr> <tr> <td></td> <td>Non-degree applicable:</td> <td></td> </tr> <tr> <td></td> <td>Basic skills:</td> <td></td> </tr> <tr> <td>(9)RC</td> <td>Fulfills AS/AA degree requirement: (area)</td> <td></td> </tr> <tr> <td></td> <td>Physical Education</td> <td></td> </tr> <tr> <td></td> <td>General education category:</td> <td></td> </tr> <tr> <td></td> <td>Major:</td> <td>PHYSICAL EDUCATION</td> </tr> <tr> <td></td> <td>Certificate of:</td> <td></td> </tr> <tr> <td></td> <td>Certificate in:</td> <td>COACHING</td> </tr> <tr> <td>(10)CSU</td> <td>Baccalaureate:</td> <td style="text-align: center;">X</td> </tr> <tr> <td>(11)Repeatable: (A course may be repeated three times)</td> <td></td> <td style="text-align: center;">3</td> </tr> </table>	(8) Classification:							Degree applicable:	X		Non-degree applicable:			Basic skills:		(9)RC	Fulfills AS/AA degree requirement: (area)			Physical Education			General education category:			Major:	PHYSICAL EDUCATION		Certificate of:			Certificate in:	COACHING	(10)CSU	Baccalaureate:	X	(11)Repeatable: (A course may be repeated three times)		3
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(12) Catalog Description: A course in badminton fundamentals, techniques, and strategies, including both singles and doubles play.

II. COURSE OUTCOMES:

(Specify the learning skills the student demonstrates through completing the course and link critical thinking skills to specific course content and objectives.)

Upon completion of this course, students will be able to:

- I. Perform the fundamentals skills of the game, in particular the overhead clear, smash, and drop shots.
- II. Use and apply the rules of badminton.
- III. Practice both singles and doubles play.
- IV. Utilize proper scoring in badminton.
- V. Evaluate strengths and weaknesses of other participants.

III. COURSE OBJECTIVES:

(Specify major objectives in terms of the observable knowledge and/or skills to be attained.)

In the process of completing this course, students will:

- I. Integrate badminton into a habitual, life-long physical activity
- II. Apply the basic rules of both singles and doubles play.
- III. Employ the basic terminology and abide by the rules of badminton.
- IV. Differentiate between effective and ineffective techniques and shots.
- V. Select effective strategies when participating in badminton.

IV. COURSE OUTLINE:

Lab Content:

- A. Skills Development
 1. Grip, stance, and body position
 2. Elements of swing
 3. Overhead clear shots
 - a. Getting depth
 - b. Hitting with power
 4. Overhead drop shots

- a. Disguising drops shots
- b. Keeping birdie low
- 5. Overhead smash and drive
 - a. Body remains behind shot
 - b. Hitting downward
- 6. Short Service
 - a. Rules of service
 - b. Elevation of service
- 7. Long Service
 - a. Getting depth
 - b. Accuracy and location
- 8. Net Shots
- 9. Backhand
- 10. Competitive Play
 - a. Feedback; observation and instruction

V. APPROPRIATE READINGS

Reading assignments may include but are not limited to the following:

- I. Sample Text Title:
 - 1. Recommended - Grice, Tony *Badminton: Steps to Success*, Human Kinetics, 2007,
- II. Other Readings
 - 1. Recommended - *Instructor prepared handouts.*

- Global or international materials or concepts are appropriately included in this course
- Multicultural materials and concepts are appropriately included in this course

If either line is checked, write a paragraph indicating specifically how global/international and/or multicultural materials and concepts relate to content outline and/or readings.

Topics discussed in the course include the interest and popularity of the sport of badminton on an international level. In particular, the play of National Teams (China for example) is discussed.

VI. METHODS TO MEASURE STUDENT ACHIEVEMENT AND DETERMINE GRADES:

Students in this course will be graded in at least one of the following four categories. Please check those appropriate. A degree applicable course must have a minimum of one response in category A, B, or C.

A. Writing			
Check either 1 or 2 below			
	1. <i>Substantial writing assignments are required. Check the appropriate boxes below and provide a written description in the space provided.</i>		
X	2. <i>Substantial writing assignments are NOT required. If this box is checked leave this section blank. For degree applicable courses you must complete category B and/or C.</i>		
	a) essay exam(s)		d) written homework
	b) term or other paper(s)		e) reading reports
	c) laboratory report(s)		f) other (specify)

Required assignments may include but are not limited to the following:

B. Problem Solving			
Computational or non-computational problem-solving demonstrations, including:			
	a) exam(s)		d) laboratory reports
	b) quizzes		e) field work
	c) homework problems		f) other (specify):

Required assignments may include but are not limited to the following:

C. Skill demonstrations, including:			
X	a) class performance(s)	X	c) performance exams(s)
	b) field work		d) other (specify)

<p>(eligibility for English 126) (as outcomes for English 262)</p> <p>_____ Using phonetic, structural, contextual, and dictionary skills to attack and understand words.</p> <p><u> X </u> Applying word analysis skills to reading in context.</p> <p><u> X </u> Using adequate basic functional vocabulary skills.</p> <p><u> X </u> Using textbook study skills and outlining skills.</p> <p>_____ Using a full range of literal comprehension skills and basic analytical skills such as predicting, inferring, concluding, and evaluating.</p>	<ol style="list-style-type: none"> 1. Students must be able to read and comprehend instructor handouts and reading materials. 2. Students must be able to understand basic terminology commonly used in the sport of badminton. 3. Students must be able to learn from reading assignments, and subsequently apply that knowledge to the overall learning of the sport of badminton.
<p>(eligibility for English 125) (as outcomes for English 252)</p> <p><u> X </u> Writing complete English sentences and avoiding errors most of the time.</p> <p><u> X </u> Using the conventions of English writing: capitalization, punctuation, spelling, etc.</p> <p><u> X </u> Using verbs correctly in present, past, future, and present perfect tenses, and using the correct forms of common irregular verbs.</p> <p>_____ Expanding and developing basic sentence structure with appropriate modification.</p> <p>_____ Combining sentences using coordination, subordination, and phrases.</p> <p>_____ Expressing the writer's ideas in short personal papers utilizing the writing process in their development.</p>	<ol style="list-style-type: none"> 1. Students must be able to complete writing assignments and exams. 2. Students must be able to compare and contrast information as it relates to the sport of badminton. 3. Students must be able to organize short answers regarding badminton, and express them clearly on written assignments and exams.
<p><u>Check the appropriate spaces.</u></p> <p>_____ Eligibility for Math 101 is advisory for the target course.</p> <p><u> X </u> Eligibility for English 126 is advisory for the target course.</p> <p><u> X </u> Eligibility for English 125 is advisory for the target course.</p> <p><i><u>If the reviewers determine that an advisory or advisories in Basic Skills are all that are necessary for success in the target course, stop here, provide the required signatures, and forward this form to the department chair, the appropriate associate dean, and the curriculum committee.</u></i></p>	

CONTENT REVIEW

REQUISITES

No requisites