



PHYSICAL EDUCATION COACHING 2015-2016

Name: _____

SSN/ID: _____

Date: _____

Complete the following program of study:

Certificate in Coaching (R.4210.CN) Major requirements (14-17 units minimum)	C-ID	units	completed	in progress	planned
HLTH 1 – Contemporary Health Issues		3			
HLTH 2 – First Aid and Safety	KINE 101	3			
KINE 20 – Athletic Training		4			
KINE 22 – Introduction to Physical Education	*KINE 100	3			
Select 1-4 units: DANCE 9 – Dance Conditioning (1), DANCE 10 – Modern Dance (1), DANCE 14 – Beginning Jazz Dance (1), PE 2 – Aerobics (1), PE 4 – Badminton (1), PE 5 – Basketball (1), PE 5B – Intermediate Basketball (1), PE 6 – Fitness and Health (1), PE 7 – Golf (1), PE 10 – Racquetball (1), PE 12 – Beginning Swim for Fitness (1), PE 12B – Intermediate Swim for Fitness (1), PE 12C – Advanced Swim for Fitness (1), PE 13 – Tennis (1), PE 14 – Volleyball (1), PE 15 – Weight Training (1), PE 15B – Advanced Weight Training (1), PE 16 – Fitness Walking (1), PE 18 – Floor Exercises (1), PE 19 – Weight Training and Aerobics (1), PE 19B – Advanced Weight Training and Aerobics (1), PE 30A – Theory of Baseball (1), PE 30B – Competitive Baseball (3), PE 30C – Off-Season Conditioning for Baseball (1), PE 30D – Baseball Training (3), PE 31A – Theory of Basketball (1), PE 31B – Competitive Basketball (3), PE 31C – Off-Season Conditioning for Basketball (1), PE 33A – Theory of Football (1), PE 33B – Competitive Football (3), PE 33C – Off-Season Conditioning for Football (1), PE 34A – Theory of Golf (1), PE 34B – Competitive Golf (3), PE 34C – Off-Season Conditioning for Golf (1), **PE 35B – Pep and Cheer (3), PE 36B – Competitive Soccer (3), PE 36C – Off-Season Conditioning for Soccer (1), PE 37A – Theory of Softball (1), PE 37B – Competitive Softball (3), PE 37C Off-Season Conditioning for Softball (1), PE 38A – Theory of Tennis (1), PE 38B – Competitive Tennis (3), PE 38C – Off-Season Conditioning for Tennis (1), ***PE 39A – Theory of Track and Field (1), ***PE 39B – Competitive Track and Field (3), ***PE 39C – Off-Season Conditioning for Track and Field, PE 40A – Theory of Volleyball (1), PE 40B – Competitive Volleyball (3), PE 40C – Off-Season Conditioning for Volleyball (1), PE43B – Competitive Swimming and Diving (3), PE 45 – Performance Training and Conditioning Techniques for Intercollegiate Athletics (1-2), PE 49A – Beginning Circuit Training (1), PE 71 – Soccer (1)		1-4			

Notes: BIOL 20 – Human Anatomy and FN 35, FN 40 – Nutrition are recommended but not required for the certificate.

* Pending review and approval by C-ID, ** This course is offered subject to demand, *** These courses are currently not offered.

Faculty Advisors: Mrs. Shannon Jefferies (Reedley), Mr. Richard Jennings, Mr. Kim Locklin (Reedley), Ms. Kristen Mattox (Madera), Mr. Steve Pearse, Mr. Dan Kilbert, Mrs. Kathy O'Connor (Reedley), Mr. Scott Stark (Reedley), Mr. Randy Whited (Reedley), and Reedley College, Madera Center, and Oakhurst Center Counselors.